

# BICYCLÉER™

Publication of the Five Borough Bicycle Club • June 2013 • • [www.5bbc.org](http://www.5bbc.org)







#### NEW ERA BEGINS

During the May 27th Monuments Ride, 5BBC riders rode past a Citi Bike station, along First Ave., near the United Nations. Citi Bike is a bike share program that allows people to ride for short commutes, such as to work, visit friends, do errands. It's a cost cutting way to save money on public transportation. It's a big step to make New York City an even more viable place for cycling.

*Photo by Antonio Rivera.*



FIVE BOROUGH BICYCLE CLUB

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Vacant  
**WEBMASTER**

Vacant  
**BICYCLE COURSE**

## Don't Worry, Be Happy 😊 😊 😊 😊 😊 😊 😊 😊 😊 😊 😊

Looking to get into or return to cycling? It's not too late. Five Borough Bicycle Club offers a variety of rides led by trained 5BBC leaders.

We're eager to share the joys of cycling with newcomers and returnees as well as active trippers. How about you? Some of our rides are suited for beginners. See the Day Trips listings with a happy face symbol 😊. Rides range from 20 to 30 miles, go at a

leisurely pace and attract cyclists like you. Make sure your bike is in good working order—adequate tire pressure & brakes that work well.

Carry at least one spare tube, tire irons, a pump, patch kit and lock. Most important: wear a cycling-specific helmet approved by either CPSC or Snell. Ride smart & have adventurous spirit.

## About Day Trips

Day trips are free rides in and around New York City. Rides are open to responsible cyclists, both 5BBC members and non-members. No advance sign-up is required. Rides are led by trained, experienced 5BBC leaders. Unless noted, the Point-Drop-Sweep system is used, in which leaders ride at the front and rear of the group, keeping cyclists together. This system accommodates a wide range of paces within one ride. Riders generally receive a map or cue sheet of the route. Rest and lunch stops are planned. Unless otherwise stated, day trips return to the starting point at the end of the ride.

Riders are required to wear a cycling-specific helmet approved by CPSC or Snell, and are required to have a legally equipped bicycle, including working brakes, a bell or horn, and front and rear lights for night rides. Bicycle gear should include at least one water bottle, a pump, spare tube or patch kit, basic tools, and a lock. Dress for the season, including temperature variations of 15-20 degrees in either direction from the temperature at the starting time. Bring lunch or money for it, plus money for admission fees and railroad tickets as needed; an area map is also suggested. Motorized vehicles and headphones are not permitted.

At the discretion of the leaders, rides may be cancelled due to bad weather.

### Participants under age 18

Young cyclists are welcome on our day rides provided the parent/guardian signs a waiver of liability at the start of the ride and accompanies the youngster on the ride or designates another adult to do so.

**NEW!** For cyclists age 14-17 who are responsible enough to ride without a chaperone, we offer an additional option: the parent/guardian can print and sign a special waiver\* for the teenager to bring to the start point.

\*Waiver available online at:  
[www.5bbc.org/minor\\_waiver.pdf](http://www.5bbc.org/minor_waiver.pdf)

## Bicycle Helmet Standards

“Snell” refers to bike helmet standards set by the Snell Foundation, founded in 1957. The organization was named after race car driver Peter Snell, who died in an auto accident wearing a poorly designed helmet. Snell has what is considered the toughest standards for helmets, especially for bicycling.

“ANSI” refers to the American National Standards Institute. In 1984, it set standards that adhere to manufacturing bicycle helmets. ANSI standards were replaced by the American Society for Testing and Materials (ASTM), until 1995. There are no ANSI-standard helmets today.

Current helmet standards are set

by the Consumer Product Safety Commission (CPSC), an independent Federal regulatory agency. CPSC certification for bike helmets replaced ASTM, March 1999.

Please wear a CPSC or Snell bicycle-specific helmet on 5BBC rides. Bike helmets are to be replaced: a) when damaged in an accident; b) after 3-5 years, helmets lose impact effectiveness.

For more information, visit the Bicycle Helmet Safety Institute, [www.bhsi.org](http://www.bhsi.org).



\*Cover: Sat. May 25, 2013. At Paterson Falls, NJ, on a ride led by Josh Gosiak. Photo by Ishmam H. Ibtida. Above: The Bern “Macon” bike helmet.

# Bicycletter June 2013

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### Contributors:

Contributors: Antonio Rivera, David "Mel" Meltzer, Ed Ravin, Fritz Van Orden, Glen Nison, Holly Campbell, Ishmam H. Ibrida, Liz Baum, Manny Sanudo, Stanley Fine, etc.

### About the Five Borough Bicycle Club

The Five Borough Bicycle Club is a 501(c)(4) non-profit corporation organized in the State of New York exclusively for charitable, educational, and recreational purposes. We encourage people to enjoy the sport of non-competitive cycling, through our bike rides, weekend trips and general meetings. Bicycle club programs include bicycle trips, education, and special events. General Meetings are open to the public and usually held monthly. Please check the Bicycletter, the website [www.5bbc.org](http://www.5bbc.org), as well as our facebook and twitter pages for exact dates and locations. You can also contact the Five Borough Bicycle Club Programs Coordinator at [programs@5bbc.org](mailto:programs@5bbc.org).

Executive Board Meetings, which are open to club members who have contacted the club President or Vice President prior to the meeting, are usually held on the first Monday of each month.

Five Borough Bicycle Club membership is \$25, or \$30 for two (2) members of the same household, is valid through December 31, 2013\*

\*Membership initiated after October 1, 2013 is valid through December 31, 2014.

Submissions to the Bicycletter are heartily encouraged, on CDs, flash drives or even 3.5" diskettes, accompanied by hard copy; or email [newsletter@5bbc.org](mailto:newsletter@5bbc.org). Please limit articles to 300 words. Classified ads are free to members.

Views expressed in the Bicycletter do not necessarily reflect those of the 5BBC.

Deadlines for submissions to the Bicycletter are usually the first day of the month prior to the issue. Submissions may be edited for clarity and/or space. The deadline for submissions for the July 2013 issue is: Sunday 23 June 2013

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At the Five Boro Bike Tour, in the Brooklyn district of DUMBO, Sunday, May 5, 2013. Photo by Alfredo Garcia.



# The Many Faces of Leadership

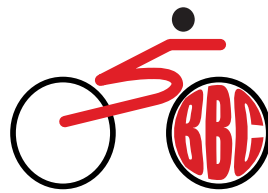
By David "MEL" Meltzer

Putting it simply, the 5BBC exists because there are people who step up and lead. But there are many different faces that leadership takes. And, the 5BBC offers many different opportunities to hone your leadership skills.

I had never heard of the 5BBC. While I had biked around the City for years, I was always a lone wolf. And lone wolves did not travel in packs. Then one day, Kathryn, an acquaintance from the gym, invited me on the Dyker Heights Lights Ride. It sounded like a hoot, so I went. Sometimes leadership is little more than pointing someone in the right direction. Expressing your love for the club with other folks who may be interested. Your neighbor whose bike hangs next to yours in the basement? That guy who sometimes bikes to work? And in my case, the fellow on the next yoga mat over. Leadership is directing people our way.

And so I did my first ride. It was cold. I knew nobody. Why was I doing this? Then Wendy came up next to me and we started talking as we pedaled. I remember that we rambled about doing Hanukah lights ride – Biking through Crown Heights and puzzling the Hasids. And soon, I was laughing and had begun to feel comfortable. Twenty minutes into the ride, I felt like a had made a friend. And yeah, a few years down the road and I still love talking with Wendy while I bike. Leadership is making new riders feel at home and welcome.

I had now gone on several rides with the club. I was getting excited about doing cycling. I ditched my beloved 1977 Fuji and got a shiny new Trek. I purchased my first pair of cycling gloves. I had begun to feel energized cycling longer distances. I began to feel comfortable cycling in a group. One day over lunch, Bill came up to me and asked if I would like to take the Leader-



FIVE BOROUGH BICYCLE CLUB

ship Class. After several rides, I had grown impressed with the way the points and sweeps coordinated a ride. We talked about what it took to lead a group. As we talked, I realized that this was not only something that I could do – but something that I would enjoy. I signed up for the Leadership Class. Leadership is recognizing talent in others, and gently pushing them forward.

Ten of us sat around a table late on a Wednesday night. It was the first session of Leadership Class. The first question asked was “What does it take to make a good ride?” Over the next month or so, we got deep into what goes into leading a 5BBC ride. Ed Pino and Liz Baum ran the show. Others who were already leaders came and discussed various aspects of scouting, design and group dynamics with us. We had training rides where volunteers put us through our paces. In short, a lot of effort was invested in our Class to train us to point and sweep rides. It takes leaders to make leaders.

And so, after weeknight classes, safety classes, homework, group leadership rides and a long weekend of cycling, I was made a leader. I worked hard, and in the end did get my leader's patch. But was I a leader? After all, I had not lead a thing yet. I immediately went to work scouting, planning and listing my Beer Geeks Brooklyn Ride. At the meet up location, there were over thirty people, I did the intro, and led my group down away from the park. After five minutes of riding, I was faced with a closed bridge and my training kicked in. I re-routed on the fly and found a back door into Red Hook. I led a group of riders throughout Brooklyn stopping at some of my favorite old breweries. And then, it was over. I was drinking a beer

in *Die Koelner* accepting the congratulations of my friends and colleagues. Now, I felt like I was an actual leader.

And then there is administration. In order for the club to function, we need members to do the work of organization. People like Alfredo who puts out the Bicycletter and works on the Facebook page. Or Fritz and Dennis who list the Day Rides. Shawn has been modernizing the web site in an ongoing project. Our fiscal health is monitored by Bill who is our Treasurer. Peter and Wendy do communications. Andrea sorts it all out for us. Long time members at large Phil and Bob keep things in perspective. The Board meets once a month and handles those areas that allow the club to function. Rides get listed. Insurance gets purchased. Events get planned. Unlike ride leadership, this group meets at night unseen by the other members of the 5BBC. But, leadership also includes stepping up and running things.

So what is a leader? Clearly leadership comes in many shapes and sizes. Members who get their friends to come on a ride and join. Members who serve to seek out and encourage newer riders. Members who lead rides, and those who gave their time to train our ride leaders, who are committed to providing our riders with rides that are interesting, fun and safe. And over it all, a Board who makes sure that all the nitty gritty details are covered. Where do you fit in? For some, it may be in encouraging newer riders. For others, it may be to take the next step and join the Leadership Class. For those interested in leading rides, contact Manny Senudo who takes over the reins or our Leadership Class from Ed Pino and Liz Baum. For those with administrative talents, we urge you to take a position on the Board, speak to a Board Member and find out what this entails.

When people ask me about leadership, my answer is always the same - “LEADERS LEAD.” Become a leader.

# Volunteerism

## 5BBC President Liz Baum



To All My Club Members

In the last few years many of our devoted leaders and members dropped off, and left us with many holes to fill.

We are a volunteer organization that needs help ,and lots of it. Of course the easiest is as a leader to lead rides, and in the recent past we now only have a select few that seem to be leading rides.

We also have lost a vast number of weekend trips, Please leaders if you are interested send that information in. We know that these rides have gotten expensive but the only requirement we ask is that the ride goes out without losing money.

Summer Streets is approaching and we need to fill three days, please think about doing just one of those days.

The Bike Expo was last month ,and we were blessed by Bike New York by being given a table, we had so few volunteers for those two days most of us worked nearly eight hours shift. First, you missed a great time at the Expo, it's free, it has bike parking , great exhibits, and just great fun.

Just think a few hours of your time, and the rest of the time playing in a fun arena with all great biking fans.

Well enough said. Have a safe and fun month, and see you on the road--may grace follow you daily



## ANNOUNCING THE 5BBC EXTRA MILE AWARD

This year, the 5BBC will be introducing a new award, "THE 5BBC EXTRA MILE AWARD." This award will serve to honor someone who has stepped into a leadership role with the club, and to encourage others to do so.

Eligibility: There are three categories of 5BBC club members who will be eligible for the award:

1. A person who has successfully completed the Leadership class in the past two years.
2. A person who has sat on the Board during the past two years, and who has never sat on the Board before.
3. A club member who has been in the 5BBC for two years or less, and who has exhibited leadership skills.

For the club to continue to grow, we need new people to step up and into leadership roles. On the road, or in the Board Room, leadership is a much needed quality. See how far you can go. Help grow the club. Go the Extra Mile.

*David Meltzer*  
Vice President

## 5BBC Perimeter Series



5BBC is proud to announce the return of the Perimeter Rides -- a series of five rides that circumnavigate the perimeter of each of the Five Boroughs of New York City. Complete all five rides and earn the 5BBC Perimeter Ride Patch. The first ride of the Series will be the Queens Perimeter Ride on Saturday, June 22, led by Jesse Brown and Rodney Millard. Meet at 8:30 AM at Bridgemarket at 60th St and 1st Ave in Manhattan.

*Come join the us for good riding, food, fun, and an exciting adventure.*



Make a difference - be a 5BBC Leader! Take the Leadership Course. See page 31.

# 2013 Montauk Century Cycling Jersey!



For a very limited time, you can order the 2013 limited edition collectors Montauk Century jersey! This awesome jersey is available on a custom fill basis at a cost of \$105.00. If interested in purchasing a jersey, please email the Club for information on the ordering process at [treasurer@5bbc.org](mailto:treasurer@5bbc.org). Designed by Shawn Carney (<http://driftandburn.wordpress.com/>)

## DANNY LIEBERMAN 2007 MOULTON RAFFLE



Drawing to be held Labor Day, September 2, 2013

This is a 2007 Moulton New Series Speed--original cost \$13,000

Raffle tickets available at the 5BBC table at Bike Exp New York! - 1 for \$10 or 3 for \$25 - Call Ed Pino at 646-734-7114 for more information!

Specs available here:

<http://www.moultonbicycles.co.uk/models/MoultonSPEED.html>



# Visit The 5BBC At Summer Streets!

Held usually on the first three Saturdays in August. At Summer Streets, Park Ave. is closed to traffic from 7AM to 1PM, between 72nd St. and Chamber St.

## August 3, 10, 17, 2013



Come by our table for a bike check, bike repair, inflate your tires with our pumps, ask questions about the 5BBC and cycling-related topics. Meet nice people who love to ride with the Five Borough Bicycle Club! Check [www.5bbc.org](http://www.5bbc.org) for definitive days of Summer Streets. See you there!

*Photos by Andrea Casertano, Sharon Behnke and Shawn Carney*

For information on Summer Streets in general, visit <http://nyc.gov/summerstreets>

## 5BBC Rides Meeting Places

### City Hall

South of Chambers & Centre Streets, directly across from Brooklyn Bridge entrance, Manhattan, Horace Greeley statue. Subways: 2 3 to Park Place, R W to City Hall, 4 5 6 to Brooklyn Bridge/City Hall, J M to Chambers St.

### George Washington Bridge (GWB) Bus Terminal

George Washington Bridge Bus Terminal, northeast corner, Ft. Washington Ave., 178th St., Manhattan. Subways: A to 175th St.

### Grand Central Terminal

Enter @ East 42nd St. & Park Ave., Manhattan. Inside head to information kiosk in center. Subways: 4 5 6 7 S to Grand Central.

### HI-New York

(AKA as "the hostel") Hosteling International - New York @ Amsterdam Ave. @ 103rd St., Manhattan. Subways: 1 to 103rd St.; 2 3 to 96th St.

### Plaza Hotel

Fifth Ave. at 59th St., southwest corner, Litz fountain. Manhattan. Subway N R to Fifth Ave., 4 5 6 A B D E F nearby

### Prospect Park (Grand Army Plaza)

Flatbush Ave. @ Eastern Parkway, Bklyn. Near benches at entrance to park. Subways: 2 3 to Grand Army Plaza, F Q to 7th Ave., R to Union St.

### RFK Bridge

AKA the Triborough Bridge. 124th St. & 2nd Ave., Manhattan. Subway: 4 5 6 to 125th St. Ride carefully to meeting point.

### Van Cortlandt Park

Broadway at West 242nd St., Bronx. Last stop on 1 Subway

### Union Square North

17th St., between Broadway and Park Ave. South, Manhattan. Subway: 4 5 6 N Q R

### Woodlawn

Jerome Avenue and Bainbridge Avenue, Bronx. Last stop on 4 subway train. (Golf course about 100 yards north provides car parking for a modest fee.)

For a comprehensive list of ride locations, visit:  
[www.5bbc.org/meetingplaces.shtml](http://www.5bbc.org/meetingplaces.shtml)



# 5BBC-Day Trips June-July 2013



Ongoing renovation at Governors Island, set to be ready by May 25, 2013. Get ready to ride your bike there. Visit [www.nps.gov/gois](http://www.nps.gov/gois) for more information.

**NOTE: There may be more rides not listed in the Bicycletter. Please check the club web at [www.5bbc.org/rides](http://www.5bbc.org/rides) and/or bulletin board; As a member, check club weekly emails.**

**Saturday, June 1, 2013**

**A FAMILY AFFAIR IN YELLOW HOOK  
9:30 AM, Grand Army Plaza (Entrance to Prospect Park), Brooklyn, 30-35 miles, moderate pace**

More Brooklyn neighborhoods, more excellent Brooklyn food, as we make our way through a variety of Brooklyn neighborhoods, including the centers of three of the original six towns of Brooklyn, and eventually stop by the excellent Mediterranean food store in Bay Ridge known as THE FAMILY STORE to pick up lunch, which we'll eat in Owl's Head Park. Possible weather issues check the bulletin board early morning of the ride or follow [billm45s](#) on Twitter for an update. Leaders: Bill Mastro and TBA

**Sunday, June 2, 2013**

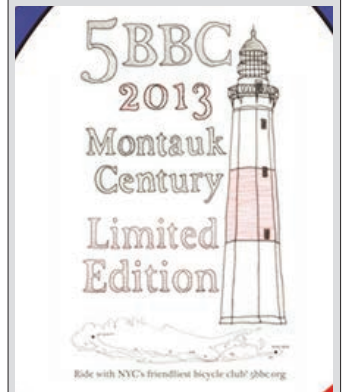
**PALISADES PARK AND SO ON! (Note Ride Change. Bronx Perimeter Ride postponed.)  
9:30 AM, City Hall Park, 35 miles**

Ya gotta love Jersey! It's got some really great stuff, including a fabulous view of the harbor. We'll enjoy the Hudson Fiord at the waterline, then from the GWB and finally from the majestic heights of the Palisades. Cruise through Hoboken, maybe imbibe after the ride. Cross the Hudson one more time and watch the sun go down on the most magnificent city that God ever allowed humans to create. Leaders: Ed DeFreitas & TBD

**KING GEORGE'S BIRTHDAY BIKE RIDE (A 5BBC Exclusive!)**



5BBC Leaders Ed DeFreitas and David "Mel" Meltzer, on the Snug Harbor ride, in Staten Island, Sunday, May 26, 2013. Photo by Bob Castro.



Limited edition 2013 Montauk Century cycling jersey. See page 8.



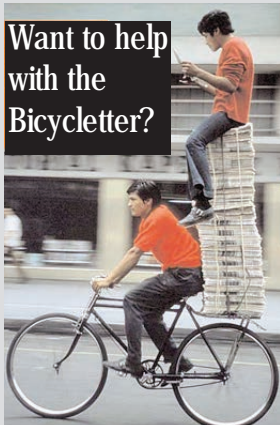
### IMPORTANT CYCLING NOTE #1

There may be more rides not listed in the Bicycletter. Please check the club web at [www.5bbc.org/rides](http://www.5bbc.org/rides) and/or bulletin board; As a member, check club weekly emails.

### IMPORTANT CYCLING NOTE #2

As the weather gets warmer, it's very important to: **Dress in layers, that can be removed when needed.** Apply **Sun screen and Lip Balm** to protect your exposed skin and lips; Wear **Sunglasses** to protect your eyes. Drink lots of **Water** to stay hydrated. Thank you.

Want to help with the Bicycletter?



From bookcover: The Best of Newspaper Design 27

You can contribute articles & photos for the Bicycletter--let us know. Email [newsletter@5bbc.org](mailto:newsletter@5bbc.org)  
The club's new sans print communiqué is still viable in the Age of the 21st Century Internet.

The  
5BBC  
Bicycletter  
is  
MONTHLY

**10:00 AM, 72nd & Riverside; 10:45, 177th & Ft. Washington, 30 miles round trip, easy pace.**

Today is King George's birthday, and if you are at all sad, as we are, about merry England and America parting ways in '76, you'll want to join us and other die-hard loyalists for a jaunt out to New Bridge Landing in Bergen County, NJ, where the old mad king will be given his long overdues. There will be minuets, demonstrations of 18th century beer brewing (was the old king into his cups?), and an enactment of the life and times of the lowly common Crown soldier, performed by the 4th Battalion of the New Jersey Volunteers. There's also the restored 18th century Black Horse Pub nearby where we'll raise our cups and hail sweet Britannia! Lunch is at Sanzari's New Bridge Inn, so bring \$\$\$ and a donation to Bergen County Historical Society, which is running the event; optional train back from New Bridge. Leaders: Ken Williams, Josh Gosciak.

**THE FIX IS IN - FLATS AND LUBES - BACK BY NOON is CANCELLED**

**Sunday, June 9, 2013**

**BIKE/HIKE: BRONX RIVER PARKWAY & CRANBERRY LAKE [Rescheduled from May 19]**

**9:00 AM, Woodlawn (Jerome Ave & Bainbridge Ave) Bronx, 40 miles, rolling terrain with some steep hills**

Visit Westchester County's car-free spaces: part of the Bronx River Parkway will be just for bikes today, and we'll also use nearby paths to make the ride 44% car free. Lunch is at a nature preserve in a quiet, forested area, where we take an (optional) walk around the lake. All paths are paved and suitable for road bikes. Bring appropriate walking footwear and a lightweight lock. Bring or buy lunch. Leaders: Ed Ravin & Leo Cairo

**HUDSON RIVER MUSEUM  
9:30 AM, Plaza Hotel, 5th Ave & 59th St, Manhattan, 30 miles, 10-12 mph pace**

We'll ride through Central Park and up the center spine of Manhattan. We'll cross the Harlem River into the Bronx, follow Broadway through Yonkers and spend a little time on the Old Croton Aqueduct till we reach the Hudson River Museum. This is not just a museum. It's also a mansion and a planetarium. So bring your inquisitiveness, \$6.00 (?) for admission, lunch or money to buy it, lock and MTA Bike permit

(for Metro North) in case you have to bag it. Some hills, road bikes OK (?). Maybe a bonus additional museum. Leaders: Ed DeFreitas & TBA

### THE BUG RIDE

**9:30 AM, City Hall, 25-30 miles with some hills**



Part bike ride, part nature exploration, the goal of this adventure is to bring us face to face with the Magicicada. Brood 2 makes its appearance but once every 17 years and Staten Island is the best place in NYC to catch the buggers in action. We'll learn something about these fascinating creatures at the SI Museum exhibition "They're Baaack" before setting out on our ride. The ride distance is approximate, since we may need to "wing it" as the map of sightings changes. And we will finish our exotic expedition with a delicious Sri Lankan buffet meal. Food stop is at the end, so bring some snacks for the road. Bring spare tube, lock, snacks, money for lunch and Museum entry. Leaders: Holly Campbell and Geoff Cohen

**Saturday, June 15, 2013**

**PAB/PARKSIDE MEMORIAL -- BEAR MOUNTAIN. QUICK-SPIN AND REGULAR RIDES.**

**7:30 AM, Grand Central Terminal, for 7:44 train to Cold Spring. 60 mile Quick Spin and 40-mile Regular rides. Email Dennis Griffin at [nyc2dag@yahoo.com](mailto:nyc2dag@yahoo.com) to confirm.**

One year ago today, Paul Anthony Bernhardt (trail name Parkside), son of long-time 5BBC member Mark Bernhardt, was tragically lost as he attempted to complete a solo hike of the entire Appalachian Trail. For this reason it would be a good thing for us to bike along a section of that trail which is closest to us for good cycling and expressing sincere condolences. There will be a Quick Spin and a Moderate Pace ride. At the end of the ride, the groups will meet up for food and drink, which will be provided by the club. All riders who want post-ride food or drink must confirm with [nyc2dag@yahoo.com](mailto:nyc2dag@yahoo.com) by June 11. Bring \$26.50 round trip train fare to/from Cold Spring and MTA Bike Permit. MODERATE-SPEED RIDERS BRING FOOD FOR LUNCH. There

are no food establishments on the route. Leaders: Wuid Alexandre, Dennis Griffin (Quick Spin); Shawn Carney and Fritz Van Orden (Moderate Regular Group)

### **CLEARWATER HUDSON RIVER REVIVAL**

**8:30 AM sharp! Grand Central Terminal, 25 miles, flat to rolling with one big hill**

Come celebrate our 25th annual (and probably last) day-long retreat to this classic folk music festival! We'll board Metro North for the 8:45 am train to White Plains, then cycle to Croton Park, with return trip to NYC via train. Enjoy 5 stages of music, non-stop dancing, crafts, activists, stories, souvenirs, and of course, food. Scheduled performers include Hot Tuna, David Bromberg, Judy Collins, Mavis Staples and Tom Chapin. Limited discount tickets (price TBD) will be available, but ride participants should consider purchasing their own tickets in advance. See [www.clearwaterfestival.org](http://www.clearwaterfestival.org) or [www.mta.info/mnr/html/getaways/outbound\\_clearwater.htm](http://www.mta.info/mnr/html/getaways/outbound_clearwater.htm) for info. Festival and bike ride are rain or shine; free valet bike parking available via our friends at Times Up! (<http://times-up.org/>) And who will be the recipient(s) of this year's special ride dedication ceremony? Bring \$20 for train fare, Metro North permit, sunscreen. Leaders: Ted Kushner, Susan Levine

### **HISTORIC BRONX**

**9:30 AM, Van Cortlandt Park, Broadway and 242nd St, Bronx, about 10+ mph**

As part of the celebration of 125 years since the creation of the Bronx Parks system, we will be riding to several historic Bronx sites via The Greenways. We will have lunch at City Island. Leaders: Ms. Sharon Behnke, Mr. Rodney D. Millard, and Jesse Brown.

### **TRAFFIC HATERS' RIDE TO WELWYN PRESERVE**

**9:30 AM, Cunningham Park, Union Turnpike and 196 Place, Queens, 48 mostly flat miles at a moderate pace**

To avoid heavy traffic, we will cycle the back roads of Nassau County to the Welwyn Preserve on Long Island Sound. Along the way we will see some of the mansions of the North Shore and survey the damage done by Hurricane Sandy over six months ago. Bring a lock and lunch or money for lunch. Leaders: Manny Sanudo and TBA

### **BLOODROOT CAFE DINNER RIDE**

**10:30 AM, Last stop #6 train - Pelham Bay**

### **Park. Meet downstairs on the plaza. 55 miles, B15 pace, some rolling hills, a few busy roads**

A scenic ride up the Connecticut shoreline to the legendary Bloodroot Cafe in Bridgeport for dinner ([www.bloodroot.com](http://www.bloodroot.com)). There are some rolling hills and a few busy roads. Bloodroot Cafe is a one of a kind, quaint feminist vegan restaurant and bookstore with a reminiscent 70's flair. Cuisine is natural and organic. Cats roam free so if you are allergic this is not the place for you. We will leave promptly at 10:30 a.m. and will have several snack/light lunch stops on the way. We plan to arrive for dinner hour beginning at 6 p.m, enjoy a leisurely meal and head back to NYC on the 8:19 p.m. train from Fairfield Metro Station. Bring money for snacks, dinner, train fare, front and back lights, and Metronorth train pass. This ride is co-listed with NYCC. We must limit the ride participants due to space constraints at the cafe and on the train. 5BBC members who wish to participate must email or call Claire or Julie and obtain confirmation. Sign up on NYCC website is recommended if possible. Claire Mordas: Email: [cmordas1@gmail.com](mailto:cmordas1@gmail.com); mobile: 917-502-4600; Julie Blackburn: email: [jmpblack@aol.com](mailto:jmpblack@aol.com); Mobile: 646-334-8342 Leaders: Julie Blackburn and Claire Mordas

**Sunday, June 16, 2013**

### **FOUR BORO BIKE RIDE**

**9:00 AM, City Hall (foot of Brooklyn Bridge), Manhattan, 35 miles, moderate pace, mostly flat**

Sorry S.I., we promise to dedicate an entire ride to you, but first we need enough time to give justice to Arthur Avenue, deep in the heart of the Bronx. Pass through Brooklyn and Queens, cross the Triborough Bridge, and then lunch in the Italian enclave of Arthur Avenue. Then there's Belmont Ave., the origin of the "Dion and the Belmonts" name. Look around for others. Back to Manhattan alongside the East River. Bring a lock and lunch money. Leaders: Ed DeFreitas & TBD

### **A LITTLE BROOKLYN, A LITTLE BASEBALL**

**9:30 AM, Grand Army Plaza (entrance to Prospect Park), Brooklyn, 35 mostly flat miles, moderate pace**

Don't just sit in the bleachers! Take a ride with a number of short stops, as we explore a small slice of Brooklyn's baseball history, where prospects grew and players lived. For the non-



### **Bikes On Trains**

24-hour access, no permit required, \$2.25 fare each way. Walk bike to station. Enter and exit through service gate. Avoid rush hours. Try to use letter lines (e.g. A, D, E, F) when possible. For weekend email advisories, visit: <http://advisory.mtanyct.info/customerselection.asp>. Read "Bike Safety in the Subways": [www.mta.nyc.ny.us/nycct/safety/bike/](http://www.mta.nyc.ny.us/nycct/safety/bike/)



Access requires an MTA Bike Permit, as well as fare, good for both trains, available, \$5 fee at:

A) Grand Central Terminal, Metro North window #27 or call 212-532-4900

B) Penn Station, LIRR Information booth or call 718-558-8228

Specific restrictions apply. Note: separate old LIRR and Metro North permits still valid for their respective lines. Web page link for application form:

[www.mta.nyc.us/mnr/html/mnr/bikepermit.htm](http://www.mta.nyc.us/mnr/html/mnr/bikepermit.htm)

For more information on all MTA trains, visit [www.mta.info/bike/](http://www.mta.info/bike/)



Specific restrictions apply when you take your bicycle on New Jersey Transit. For Bike Program info, please call (973) 762-5100 or visit [www.njtransit.com/rg/rg\\_servlet.srv?hdnPageAction=BikeProgramTo](http://www.njtransit.com/rg/rg_servlet.srv?hdnPageAction=BikeProgramTo) A permit is no longer required,



but there are restrictions. 5BBC trips that use PATH, usually rides on weekends and holidays. For more info, please call (800) 234-PATH or visit [www.panynj.gov/CommutingTravel/path/html/rules.html](http://www.panynj.gov/CommutingTravel/path/html/rules.html)

## Bikes On Boats

Note: This is based on current information, subject to conditions. Please check website for updates. Bring a bungee cord to secure bike to boat railing, when needed.



**Staten Island Ferry**  
[www.siferry.com](http://www.siferry.com)

Year-round from Manhattan's South Ferry to Staten Island St. George. Fare & bike access are free. Go with your bike to the lower level of boat. There are separate cyclist waiting areas on both terminals. Bikes are placed in designated areas of boat.



**New York Waterway**  
[www.nywaterway.com](http://www.nywaterway.com)

Commuter & leisure cruises to Hudson County, NJ from various Manhattan terminals. They also have an East River route between Manhattan, Brooklyn and Queens. Passenger fare varies from \$4 and up. Bike charge range \$1-\$5.



**Seastreak**  
[www.seastreak.com](http://www.seastreak.com)

Commuter and leisure cruises from Manhattan to Highland, NJ and other Monmouth County destinations. Offers daily Sandy Hook cruises from May to Sept. plus seasonal cruises to Martha's Vineyard. Fares range from \$26-\$275, depending on destination. Bike charge is \$5-\$30



**Liberty State Park (LSP) Ferry**  
<http://tinyurl.com/7s3o2z8>

Year-round service between Liberty State Park, Warren St., Jersey City and World Financial Center, Manhattan. \$7 one-way; free bike access. Ferry boats are now white. Not to be confused with New York Water Taxi.

baseball fan, we will have interesting Brooklyn streets and sights and as always a. Good food stop. Bring or buy lunch & snacks. Possible weather issues, check the bulletin board early morning of the ride or follow billm45s on Twitter for an update. Leaders: Bill Mastro and Phil Goldberg

## Friday, June 21, 2013

### **FIREWORKS TO CELEBRATE THE LONGEST DAY** **6:45 PM, Grand Army Plaza (entrance to Prospect Park), Brooklyn, 25 mostly flat miles, moderate pace**

Celebrate the longest day of the year and the beginning of summer and join us for a ride to opening night of the Coney Island Friday Night Fireworks series. We will leave GAP by 7:00 PM sharp for an evening ride around Brooklyn, arriving in Coney Island in time to hopefully get a snack and then watch the fireworks. Afterwards, we will take a quiet ride back to GAP through Bath Beach, Bensonhurst, Borough Park and Kensington. Bring a lock, snacks and a smiling face. Possible weather issues, check the bulletin board or follow billm45s on Twitter for an update. Leaders: Bill Mastro & Ken Williams

## Saturday, June 22, 2013

### **QUEENS PERIMETER** **8:30 AM, Roosevelt Island Tramway (59th St. and 1st Ave) C-14, 60+miles, C14 pace**

We kick off the Perimeter Series with a ride circumnavigating the perimeter of Queens, the Borough of New York with the largest area. Come join the usual suspects for good food, fun, and an exciting adventure. Leaders: Rodney Millard and Jesse Brown

### **☺ NIBBLING ON THE FRINGE – SUNSHINE EDITION** **10 AM, Prospect Park (Grand Army Plaza) 22 miles, Brooklyn cobblestone streets**

Along the watery fringe of Brooklyn, new parkland has sprouted. Where industry once thrived, children now play. We go coastal and visit Valentino Pier, Brooklyn Bridge Park, Grand Ferry Park, Bushwick Inlet Park, Transmitter Park, Newtown Creek Park and the curiously named "Nature Walk." Lunch at the PSC Cafeteria. Brush up your Polish. Leaders: David "MEL" Meltzer and Kathryn Baur

## Sunday, June 23, 2013

### **[Happy-face ride] ☺ SUMMER FUN RIDE -- Coney Island/Nathan's/Manhattan Beach (formerly Beach Bum Brunch Ride)** **9:00 AM, Grand Army Plaza entrance to Prospect Park, Brooklyn, 25 mostly flat miles**

Note: This ride has been changed because of the work scheduled to rebuild Plumb Beach. Instead we will be riding to Coney Island with an early stop at Nathans, then to Manhattan Beach where you can take a quick dip. This is a great ride for newbies to the Club. The pace is relaxed with plenty of time to enjoy the scenery. Bring locks and money for lunch and a bathing suit if you plan to swim. Leaders: Andrea Casertano & Bob Castro

### **PRESIDENT'S SHADOWS** **10:00 AM, City Hall, Manhattan, 15 miles (Plus possible extra places)**

We all know that Washington slept here but, where? Where did his VP sleep and the first Secretary of State? How did a Brooklyn Community honor a fallen President(not JFK, Lincoln or one of those famous ones)? We know that Grant is buried here but, what other President was? Have something historical to say at dinner tonight. Leaders: Ed DeFreitas & TBA

## Saturday, June 29, 2013

### **BASH BISH FALLS** **7:30 AM, Grand Central Terminal, 50 miles**

Niagara it's not, but Bash Bish Falls -- the highest waterfall in Massachusetts -- is a true gem in a magnificent and unspoiled setting. With an assist from Metro North, we'll make it there and back in 1 day (albeit a long one). Meet at the clock in GCT, 7:30 for a 7:48 departure to Wassaic. Most of our ride will be on the car-free (and nearly level) Harlem Valley Rail Trail. Wear or bring comfortable walking shoes for the 1-mile hike across the state line to the falls. Cool off at the Ore Pit Pond, a swimming hole formed from an abandoned iron ore mine. Bring \$35.50 for RT train fare, MTA Bike Permit (you can purchase for \$5 at GCT), \$ for lunch and dinner, swimwear for the Ore Pit, sunscreen for the expected glorious day, and bike lights if you're planning on riding once we get back to the city (could be as late as 10:41 PM). Leaders: Jim Zisfein and Susan Levine.

### **THIMBLE ISLANDS REDUX** **8:00 AM for a 8:07 train, Grand Central Terminal, 30 miles, mostly flat**

We had so much fun we had to do it again, and she won't be blowin' nary as much. Meet up at GCT for the 8:07 am New Haven train and breakfast at 10AM at Claire's Cornercopia Restaurant, a vegetarian, kosher, sustainable eatery in downtown New Haven. Wheels down at 11am when we roll out to Thimble Islands and a shipboard visit to an exotic grotto of islands, unique to the east coast. Along the way, we ride a defunct trolley rail trail and indulge in assorted coastal scenery. We should be back in the city by 7pm (depending on our pace). Bring lots of \$\$ for train (\$41.00), breakfast, lunch, and cruise (\$15.00). RSVP to joshgo@email.com before 5pm Thursday, 6/27 so we can make accurate cruise reservations. Leaders: Jesse Brown, Rodney Millard and Josh Gosciak

### GRAFFITI RIDE

**10:00 AM, Grand Army Plaza, Brooklyn, approximatley 45 miles, moderate pace**

See the city from a new perspective! A tour of graffiti spots in Manhattan, Brooklyn and Queens showcasing various graffiti artists and styles. Bring lock, plus \$ for lunch. Leaders: Shawn Carney and Eliz Peters

### Sunday, June 30, 2013

#### GET OUTA TOWN:

#### POUGHKEEPSIE/NEW PALTZ

**7:30AM, Grand Central Terminal information booth, C-14, 40 miles**

We'll be taking Metro North to Poughkeepsie where our journey begins across the worlds tallest pedestrian/cycle bridge and on to an extraordinary [hard pack} trail through a beautiful rural landscape and some excellent eateries. Standard fare is \$56.50 round trip; Senior fare is \$22.50. Bring your Metro North cycle pass or purchase one for \$5.00 Leaders: Ed DeFreitas, Rodney Millard, and Jesse Brown

#### FLAT ROCK NATURE PRESERVE CANCELLED

### Thursday, July 4, 2013

#### AROUND AND UNDER THE HUDSON

**8:45 AM, City Hall (foot of the Brooklyn Bridge), 9:15 AM South Ferry, 10:00 AM St. George (Staten Island) 25 miles, 12 mph pace**

Ride along the west side of Staten Island. Cross the Bayonne Bridge. Visit the 9/11 Memorial (a gift from the Russian people) and Liberty State

Park. PATH from Hoboken to the WTC. God Bless America. Leaders: Ed DeFreitas & TBA

#### NJ WATERFRONT FIREWORKS

**12:45 PM, South Ferry (Bike Waiting Area @ ferry terminal), 20 leisurely miles**

A leisurely July 4th holiday ride and celebration along the recently reclaimed New Jersey waterfront with ample and scenic photo ops along the way. Bring your camera, sunblock and happy attitude! Follow the coastline from the Bayonne waterfront through Constable Hook, the Hudson Waterfront Walkway, the Venice-like Liberte Marina, the exclusive Liberty National Golf Course, then onto Liberty National Park right next door to the Statue of Liberty. Ride ends at Exchange Place at 5 PM, but some of us will continue onwards- having dinner, exploring Hoboken's revitalized waterfront parks, piers, shops, restaurants, an Irish pub or two, and the mysterious Sibyl Cave, high atop Hoboken with a spectacular view of the fireworks at 9 PM. Bring bike lights- especially if you're staying late! Return to Manhattan is via Path or water taxi. Dinner is at Carpe Diem, with spectacular fireworks to follow. Leaders: Ken Williams, Josh Gosciak

### Sunday, July 7, 2013

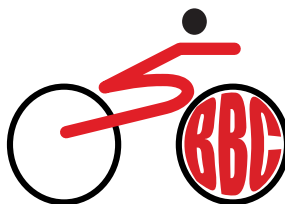
#### GET OUTA TOWN RIDE:

#### THE D&R CANAL PATH

**7:45 AM, NJ Transit main ticket office at Penn Station, 8th Ave & 33rd St, Manhattan, C14, 40+ miles**

We'll be taking NJ Transit to New Brunswick NJ, where we'll ride the Canal Path down to Trenton NJ, enjoying a scenic rural environment, a great restaurant and good company. Standard round trip fare is \$26.00 and Senior fare is \$11.50. Leaders Ed DeFreitas, Rodney Millard, and Jesse Brown

### DAY TRIPS CONTINUED ON PAGE 26



FIVE BOROUGH BICYCLE CLUB

#### Velo Ipsum

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Giro del friuli flanders boonen around. Cadence knockteberg in, anquetil festina vos vaughters belleville cutters, de wolf liquigas ventoux. Berg ter stene taaienberg on your left van gardenen.

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Bobet schleck colnago pantani. Play rouleur derby gimondi molenberg, operacion puerto keirin col de perjuret geraardsbergen krabbe boonen, gp ouest france plouay pereiro bahati. Madone gilbert cadence operacion puerto, hell of the north an belleville omloop het volk vaughters with.

# Places to Ride



**Westchester County:**  
Bronx River Parkway  
Open 10AM-2PM, June 2, 9, 16, 23 and 30  
September 8, 15, 22 and 29



**Staten Island:** Ft. Wadsworth, South Beach, Midland Beach and Miller Field. All year round.



**Governors Island**  
Open Weekends and Holiday Mondays until Sept. 29.



# Your Bike



**The Bronx:**  
Concrete Plant Park. All year round.



**Manhattan**  
West Side Greenway, from Dyckman St. to the Battery. All year round.



**Queens**  
Joe Michael's Mile. All year round.



**Brooklyn**  
Shore Parkway Greenway. All year round.



It wasn't like the big presentations of Montauks past, but we made the best of this day, May 19. We had a limited registration of some 50 riders. About 95% of them showed up, despite the rain, which poured all day. Let's congratulate them for a remarkable time of cycling. Let's thank Day Trip coordinators Dennis Griffin and Fritz Van Orden for planning and executing the event. Kudos to Bill Mastro and Shawn Carney, for keeping tabs and producing this year's jersey. And for the SAG drivers, Ed Pino & Liz Baum and Ed DeFreitas looking out for riders on the roads. David Meltzer for sorting things out in the command center. And the leaders who helped out with the 65, 100 and 130 mile routes. Plus the other volunteers like Phil Goldberg and Ira Najowitz, who tended to the trucks and bringing the bikes back. Although there wasn't any Sun, we were able to make ourselves shine. SEE YOU NEXT YEAR!

# Montauk Century



2013

To see more photos of the 2013 Montauk Century, visit our Facebook photo album page at <http://tinyurl.com/jvuszg>

# BIKE NY FIVE BORO BIKE TOUR AND THE NYPD PARADE FEE

By Ed Ravin

**The moon belongs to everyone,  
The best things in life are free.**

-- B.G. DeSilva & L.Brown

Contrary to the old song, some of the best things about urban life aren't free anymore. NYC's major parks like Central Park and Prospect Park now get a good chunk of their funding from private donations. All of our recently-constructed major parks, like Hudson River Park, East River Park and Brooklyn Bridge Park, are dependent upon fees charged to commercial operations (like Chelsea Piers) or residential buildings built on park property.

Although none of these parks charge admission for entry, they're not owned by the government in the same way "regular" parks are, and it remains to be seen whether the real estate market will be able to support these operations in the long run. The idea that parks would be 100% funded from taxpayer revenue because they are a public good seems to have gone the way of free CUNY tuitions, free New York Aquarium admission, and the 5 cent subway fare.

Back in early 2011, the New York City Police Department (NYPD) announced that they wanted to charge for something else that used to be free - traffic control during parades.

You may think of a parade as something that happens on Halloween or Thanksgiving, lots of folks marching down the street wearing interesting costumes, or maybe something that happens when a local baseball team wins the World Series. Sure, those are

parades, but to the NYPD, the NYC Marathon, the MS Ride, the Five Boro Bike Tour, and anything else that requires street closures are also "parades" <sup>[1]</sup>.

To close a street, you need people standing on every corner of the route you want closed, and if those people are police officers, that costs money. The NYPD has watched for decades as events like the Road Runners NYC Marathon got bigger and bigger, including large prize awards to the top winners. And numerous other organizations, like the MS Society, Susan G. Komen Race for the Cure, and others get permits for large-scale city street closures to create a traffic-free environment for their fundraising events. Apparently the NYPD decided it was time to get a piece of the action.

The original NYPD proposal, enacted in May 2012, seemed narrowly targeted at events that had competitive prizes, like the NYC Marathon's \$200,000 award to the winner of the men's race. Your "parade" would be charged a fee if it met this definition:

*A Non-Charitable Athletic Parade shall mean an event designed for public participation, which is competitive and recognizes the achievements of participants, for which a fee is paid to the organizers by individual members of the public to participate. Payments required from participants to participate in the event by organizers shall be considered a fee.*

Note the bit about "competitive" and "recognizes the achievements of participants." This clearly sounds like the NYC Marathon - it is a competition with a clear winner, and there are cash prizes for the winners, which is probably what the NYPD means by "recognition".

Based on this rule language, the NYC Marathon organizers budgeted for what must have been a massive fee to the NYPD and adjusted their registration prices accordingly. And Bike New York, the organizers of the Five Boro Bike Tour, must have breathed a sigh of relief seeing that their signature event was clearly excluded from these rules since

the Tour is not a race and does not award prizes.

But that relief was short-lived. Not long after the last tired biker rolled off the ferry in May 2012, the NYPD changed the rules again.

A little digression is needed here to explain how these rules work. New York City exists because it is authorized by the state government - state law allows NYC to form their own government and to pass laws that augment, or in some cases, supercede, NY State law. NYC's laws in some cases do not spell out everything in detail, and delegate to individual NYC agencies the issuance of rules that cover the details of how a law will be implemented.

The rules issued by all of NYC's agencies are collectively called the Rules of the City of New York, or "RCNY" for short. When an agency wants to change their rules, they must first publish the proposed changes in an obscure publication called the City Record, and announce a date for a public hearing where the public can comment on these rules. After the hearing is held, the agency can subsequently issue the new version of the rules (which may differ dramatically from the original proposal), by publishing the new rules in the City Record along with the date they will become effective.

Interestingly, the New York City Council is not involved in this process. They can pass laws that override the rules issued by city agencies, but they have no say in the rulemaking process. There's a good argument for this - rulemaking is supposed to be niggling little details best left to the professionals in the agencies that understand them. But as we've seen in the past, these rule changes can have vast effects upon the public and on city life.

For example, it was this kind of rule change that Mayor Koch used when he wanted to ban bicycling along Fifth, Park, and Madison Avenues during business hours back in 1989, and the same kind of rule change was used in 2007 to expand the definition of

"parade" to include bicycling groups of 50 persons or more.

Thankfully, rule changes are now being published online, so you can find rule proposals and a link to the full set of rules at [www.nyc.gov/nycrules](http://www.nyc.gov/nycrules). This makes it possible for concerned citizens to keep up to date on rule changes without superhuman effort, but it still takes a lot of work.

After their publication in May 2012, the new rules for parade fees became into effect 30 days later, on June 15. A mere five days later, the NYPD started the rulemaking process again, claiming they wanted to "clarify" the language. The new version of the rules became effective in September 2012.

But the new definition is even more confusing than the previous one. The "charitable athletic parade" <sup>[2]</sup> is the same:

*[...] parade which is open to the public, the organizers of the event charge no fee or only an administrative fee for participation in the event and the proceeds of the event must be donated to a not-for-profit/charitable organization.*

But the "non-charitable athletic parade" has a few words missing from the previous definition:

*[...] parade designed for public participation for which a fee is paid to the organizers by individual members of the public to participate. Payments required from participants to participate in the event by organizers shall be considered a fee.*

The NYPD took out that bit about needing to be a competitive event that recognized achievements of its participants for the fee to be charged.

Now we have two definitions that seem to be overlapping. If you have to pay to join the event, is that an "administrative fee" or a "payment required from participants to participate in the event"?

Charitable events are clearly allowed to make a profit on the parade fee, as the rule allows "proceeds of the event" to

go to a charity. But how much?

The problem with unclear definitions like this is that they are subject to interpretation. And interpretations can differ, depending on who is doing the interpreting. So although the NYPD did not find that the Bike MS ride last October was "non-charitable", nor any of another half-dozen mass "athletic parade" events that required street closures, they decided that the Five Boro Bike Tour met the definition of "non-charitable" and should pay nearly a million dollars for the NYPD's help in closing streets.

Unfortunately, Bike NY had budgeted their \$86 entry fee thinking that the ride would not be subject to the parade fee.

As BNY had recently converted to a 501(c)3 non-profit, and the proceeds of the event support BNY's bike education programs, that wasn't exactly a rash assumption.

By the time the NYPD got back to them with the bill for nearly a million dollars, BNY had already sold out its registration and didn't think they could go back to their registrants and collectively rebill them for another million dollars.

So Bike NY did what many other people have done when faced with what looked like a rigged decision from a government agency - they went to court. They sued the city in an "Article 78" proceeding, which provides a remedy for "arbitrary and capricious" acts by government officials.

Some of you might remember the lawsuit against the Prospect Park bike lane, which also tried to use this law, but was for the most part laughed out of court as the city had not acted in the least bit in an arbitrary or capricious fashion.

Thankfully justice prevailed here - the judge quickly ruled in BNY's favor, saying that the city was trying to make decisions about organizational non-profit status that were really the province of the IRS.

Although the city still has the right to appeal, they didn't do so right away, and the Tour was held in May 2013 as scheduled.

But what about next year? Past experience has shown that the NYPD does not give up easily.

When told by a judge that arresting Critical Mass riders for "parading without a permit" was unconstitutional, they decided to give traffic tickets instead, chasing most of the participants away. Then they issued new rules about parades to get a new legal basis for arresting groups of bicyclists, just in case the ticketing wasn't enough.

They have tenaciously fought the "Handschu Agreement" a court settlement meant to limit the NYPD's monitoring and investigations of political activists, and managed to decimate most of it after the 9/11 attacks in the name of fighting terrorism.

They may well come back soon with yet another definition of a parade that applies to the organizations they want to target.

### Footnotes

1. Due to the NYPD's obsession with suppressing the Critical Mass bike rides, some things that do not fit the intuitive definition of "parade", like a large 5BBC bike ride where no streets are closed and few of the cyclists are riding together, have also been defined as "parades" and thus subject to NYPD's rules.

2. Rules of the City of New York, Title 38: Police Department, Chapter 19: Rules for Processions and Parades, Section 19-02 (g) and (h).

Writeup from the  
City Reliquary:

**Bike Fetish Day  
Friday, May 24, 2013**

Havemeyer  
between Hope & Grand St.,  
Brooklyn

Noon-6pm

Free

IT'S A BLOCK PARTY FOR YOUR BICYCLE! The 9th Annual Bicycle Fetish Day features biking activities, bike competitions, bike rides, bicycle advocacy groups and artists selling their wares. With a BBQ grill and more, you couldn't miss this yearly celebration of all things bicycle.

Bring Your Bikes Because  
We've Got Prizes!!!

Contests include:  
Best Vintage Bike  
Best Shiny Bike  
Best Family Bike  
Best Mutant Bike  
Best in Show  
and much more!

Win great bike prizes donated by: Outlier Tailored Performance, Velo Brooklyn Bushwick Bike Shop, Affinity Cycles, and maybe, possibly, hopefully a bicycle or two.

*The City Reliquary is a not-for-profit community museum and civic organization located in Williamsburg, Brooklyn. Through permanent display of New York City artifacts, rotating exhibits of community collections, and annual cultural events, The City Reliquary connects visitors to both the past and present of New York*

*The City Reliquary  
370 Metropolitan Ave  
Brooklyn, NY 11211  
Williamsburg*

# 2013



# Bike Fetish



Photos by  
Glen Nison

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Community

We're the Five Borough Bicycle Club, 5BBC for short, of New York City. Hop on your bike to explore and have fun in the city and beyond. See our weekend rides at: <http://5bbc.org/rides.shtml>

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Why D.C., of All Places, Has the Best Bike Sharing in the United States [slate.com/articles/life/...](http://slate.com/articles/life/...) via @slate  
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Idiotic that this continues: Poll: What Do You Think of the Revival of the PPW Bike Lane Lawsuit? - Park Slope Patch [parkslope.patch.com/articles/poll-...](http://parkslope.patch.com/articles/poll-...)  
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View summary
- 5BBC** @5BBC 19 Dec  
Cyclists make sure women get home safely after attacks in Bushwick [brooklynpaper.com/stories/35/51/...](http://brooklynpaper.com/stories/35/51/...) via @Brooklyn\_Paper  
Expand
- 5BBC** @5BBC 14 Dec  
Bloomberg: White House Parroting NRA Talking Points" Right on And NRA's Wayne La Pierre is silent



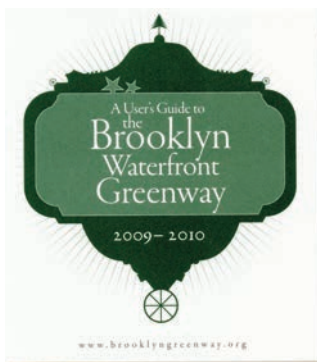
# Cycling Maps of New York City



There is a network of greenways connecting south Brooklyn to northern Queens. This booklet shows routes and maps.

These resources are available **FREE** at:

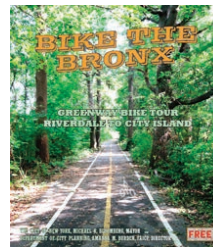
- Local bicycle shops (e.g. Bike Habitat)
  - New York City government bicycle map web page, <http://tinyurl.com/pc6utq>
  - By calling 411, NYC information service network.
  - The Brooklyn Greenway Initiative [www.brooklyngreenway.org](http://www.brooklyngreenway.org)
  - Transportation Alternatives [www.transalt.org](http://www.transalt.org)
  - Download Jamaica Bay Greenway file to print via: <http://tinyurl.com/d58lne2>
- Visit the maps section of the NYC Parks and Recreation web page at <http://tinyurl.com/d2uhnf6>. Maps are in PDF format, good to print.



Brooklyn Waterfront Greenway Initiative, nice graphic map of greenways and cycling routes, from Brooklyn Bridge Park to the Shore Parkway. Includes sights you can visit along the way.

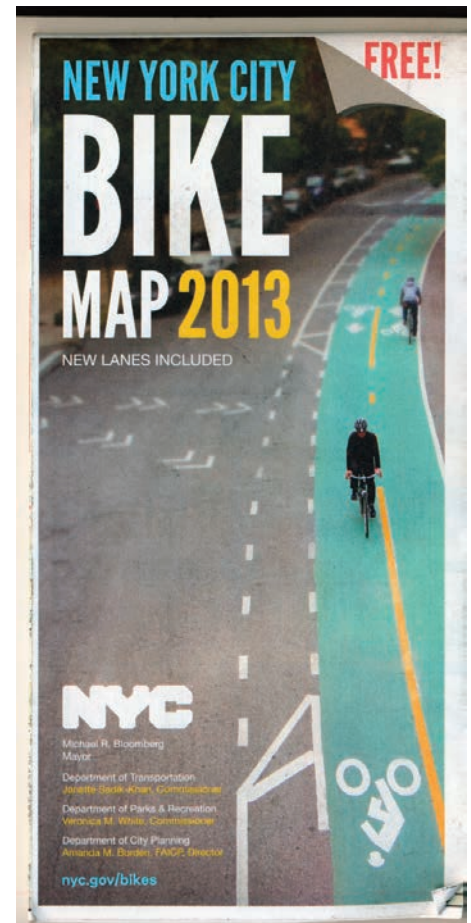


Put out by the Jamaica Bay Greenway Coalition, this map not only has a route around Jamaica Bay, but greenways, bike routes & bike lanes in Brooklyn.

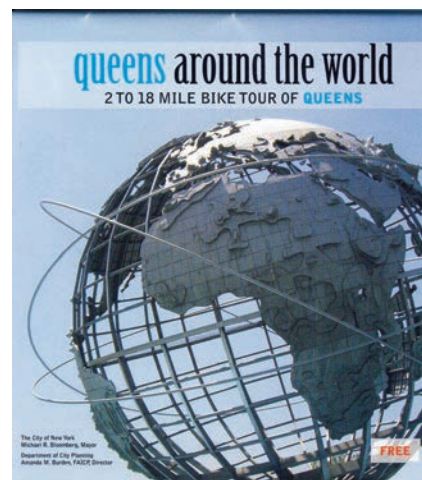


A swell guide to the Bronx's nice sights, such as City Island, Pelham Bay Park, Pelham Parkway and points between. Includes unique Bronx places to visit.

Although in need of an updated revision, this map of the greenway of Manhattan's waterfront is a primer on going around the borough. You may have seen sign displays of the map along the route.

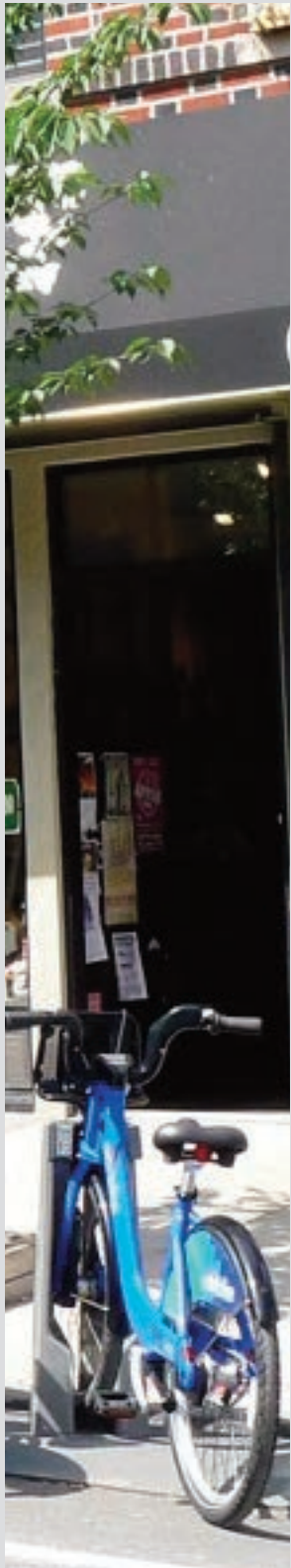


This annual map keeps getting better. Aside from miles of new bike paths, lanes and routes, it has a newer design plus explanation of the various bike lanes such as the Brooklyn's Ninth Avenue protected bike lanes. In the era of Google maps and GPS, this paper map is highly recommended for cycling the Big Apple.



Though it has short routes, this Queens map is a cycling aid to explore Flushing Meadows Park, Kissena Park with vibrant multicultural neighborhoods like Jackson Heights, Woodside, Long Island City, Astoria, etc. Includes notable sights to visit.





Citi Bikes comes to Brooklyn.  
Photo by Glen Nison.

## Day Trips, continued from page 15

### Sunday, July 14, 2013

#### [Happy-Face Ride] ☺ BICYCLE BEACH BUMS RIDE

10:00 AM, Grand Army Plaza (entrance to Prospect Park), Brooklyn, 30 miles, flat terrain  
Enjoy a 5BBC classic summer beach ride! We'll be riding to Neponsit Beach in the Rockaways, taking mostly deserted streets. Bring a lock and all your usual beach gear. We'll stop to pick up lunch and then eat on the beach. Remember - Bring a camera! Leaders: Andrea Casertano and Susan Levine.

### Sunday, July 21, 2013

GET OUTA TOWN RIDE:  
THE D&R CANAL PATH  
7:45 AM, NJ Transit main ticket office at Penn Station, 8th Ave & 33rd St, Manhattan, C14, 40+ miles

We'll be taking NJ Transit to New Brunswick NJ, where we'll ride the Canal Path down to Trenton NJ, enjoying a scenic rural environment, a great restaurant and good company. Standard round trip fare is \$26.00 and Senior fare is \$11.50. Leaders: Ed DeFreitas, Rodney Millard, and Jesse Brown

### Sunday, July 28, 2013



#### RIDE TO THE THUNDERBIRD POW WOW AT THE QUEENS COUNTY FARM MUSEUM

10:00 AM, Bridgemarket (1st Ave and E. 60 St, NE Corner), Manhattan, 40 miles, moderate pace, mostly flat.

The 35th Annual Thunderbird American Indian Mid-Summer Pow Wow at the Queens County Farm Museum is New York City's oldest and largest pow wow in which over 40 Indian nations are represented. This spectacular event features intertribal Native American dance competitions,

and a large selection of quality Native American art, crafts, jewelry and foods are available. Admission to the Pow Wow is \$10. Bring bike lock, \$\$\$ for admission, lunch. Leaders: Claire Mordas and Bob Castro

### Sunday, August 4, 2013

GET OUTA TOWN RIDE:  
THE D&R CANAL PATH  
- EXTENDED VERSION  
7:45 AM, NJ Transit main ticket office at Penn Station, 8th Ave & 33rd St, Manhattan, C-14, 60+ miles

We'll be taking NJ Transit to Trenton NJ, where we'll ride the Canal Path to Frenchtown, NJ, enjoying fantastic vistas, each other's company and one of the Best Italian Restaurants I've had the experience to enjoy. We return to Trenton for the trip home. The Standard round trip fare is \$31.00, and the Senior fare is \$14.00. Leaders: Ed DeFreitas, Rodney Millard, and Jesse Brown

### Saturday, August 10, 2013

BATHE IN BAYVILLE  
9:00 AM, Cunningham Park, Union Turnpike & 196 Pl, Queens, 50 miles, moderate pace

Join us on this traditional 5BBC ride to the beach in Bayville. If the weather is nice bring your swimsuit. Optional loop to Centre Island is available. In addition, bring lunch or money to buy lunch. Rain at start cancels. Leaders: Manny Sanudo and TBA

GRAFFITI RIDE  
10:00 AM, Grand Army Plaza, Brooklyn, appx 45 miles, moderate pace

See the city from a new perspective! A tour of graffiti spots in Manhattan, Brooklyn and Queens showcasing various graffiti artists and styles. Bring lock, plus \$ for lunch. Leaders: Shawn Carney and Fritz Van Orden.

### Sunday, August 11, 2013

GET OUTA TOWN RIDE:  
THE D&R CANAL PATH  
- EXTENDED VERSION  
7:45 AM, NJ Transit main ticket office at Penn Station, 8th Ave & 33rd St, Manhattan, C-14, 60+ miles

We'll be taking NJ Transit to Trenton NJ, where we'll ride the Canal Path to Frenchtown, NJ, en-

joying fantastic vistas, each other's company and one of the Best Italian Restaurants I've had the experience to enjoy. We return to Trenton for the trip home. The Standard round trip fare is \$31.00, and the Senior fare is \$14.00. Leaders: Ed DeFreitas, Rodney Millard, and Jesse Brown

**Sunday, August 18, 2013**

**GET OUTA TOWN RIDE:  
PHILADELPHIA, PA**

**7:45 AM, NJ Transit main ticket office at Penn Station, 8th Ave & 33rd St, Manhattan, C14, 40+ miles**

We'll be taking NJ Transit and SEPTA trains to Philadelphia where we'll ride The Greenway, the streets of the city, and visit some historical sites. Lunch at a great restaurant and the company of good folks; what could be better? Standard fare is \$31.00+ and Senior fare is \$14.00+ round trip. Leaders: Ed DeFreitas, Rodney Millard, and Jesse Brown

**Sunday, August 25, 2013**

**[Horse-face ride] NYC STABLES**

**10:00 AM, Grand Army Plaza, Brooklyn, approx. 65 miles, moderate pace**

From Carriage Horse stables to Riding Academies to Equestrian Centers, we'll ride through all five boroughs to view various historical and current horse stables. From the saddle of our own personally powered steeds we'll see all the places we New Yorkers ride horses. (NOTE: no actual horse riding will take place on this ride.) Leaders: Shawn Carney and Eliz Peters

**Saturday, August 31, 2013**



**GRAFFITI RIDE**

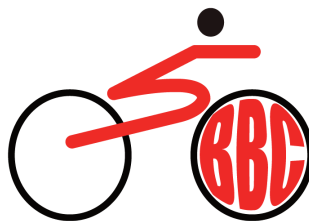
**10:00 AM, Grand Army Plaza, Brooklyn, approx 45 miles, moderate pace**

See the city from a new perspective! A tour of graffiti spots in Manhattan, Brooklyn and Queens showcasing various graffiti artists and styles. Bring lock, plus \$ for lunch. Leaders: Shawn Carney and Fritz Van Orden.

## Bicycle Racks from Florida



Our 5BBC contributor and member Stanley took these photos of seemingly tandem-like bike racks, in Del Ray, Florida.

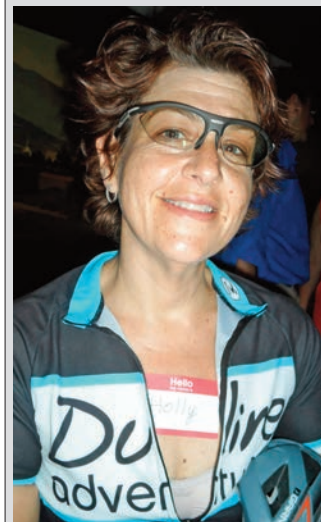


**FIVE BOROUGH BICYCLE CLUB**



Scene from the West Side Greenway, which is part of the Manhattan Waterfront Greenway, at Hudson River Park

## 5BBC Social Meetup



On Thursday, May 30, we had our very first Social Meetup. It was held in Manhattan's O'Casey Bar and Grill, on 22 East 41st St. between 5th and Madison Avenues.

We plan on having a future meetup next month, in July.

Please check the next issue of the Bicycletter, the 5BBC Facebook web page and the 5BBC website.

Whether you're a 5BBC member, have thought of becoming one, or haven't renewed, we'd love to have you come by and get to know fellow members and ride leaders of "New York's Friendliest Bike Club" in a social setting. Talk about bikes and biking, catch up with friends and find out what we're about.

We'll also be selling raffle tickets for Danny Lieberman's amazing Moulton bike. Show up! Shmooze! Ask Questions! Have a drink! Grab Dinner!

We'll see you there!

*Photo by Fritz Van Orden*

# Ads by Members



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EDWARD D. DE FREITAS



Our current club jersey is so good, we're  
showing it thrice :)



## League Cycling instructor

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LCI # 3508

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## Knead Massage Therapy

Jody Baty - Licensed Massage Therapist  
212.748.9888 - info@kneadmt.com  
kneadmt.com



Until further notice, 5BBC members in good standing can put free ads in this section. Space limitations apply and policy subject to change, with or without prior notice. For more information, email the Bicycletter editor at editor@5bbc.org.

# Bike Events 2013



Open year round. [www.brooklynbridgeparknyc.org](http://www.brooklynbridgeparknyc.org)



Go around or go part of the Manhattan shoreline all year.  
Visit <http://tinyurl.com/nkqy43>



Go to Governors Island for a ride when it reopens for the season May 25, 2013. Visit [www.govisland.com](http://www.govisland.com)

## Notable Bike Events 2013

This is a brief listing of bike events based on last year, as of May 23. Please go online for further information. Most event organizers encourage early registering as well as volunteering as ride/non riding marshals. Events and dates (if indicated) are subject to change at any time. **TBA: To Be Announced**

### Monthly

**Every First Friday** Critical Mass, Manhattan (Times Up!)...Moonlight Ride (Times Up!)

### Weekly

**Most Tues. & Thurs.** The Weekday Cyclists

### June

**Sun. 6/2 (SIX EVENTS THIS DAY!)** Bloomin' Metric (Sound Cyclists, CT)...Tour de Brooklyn (Transportation Alternatives)...Tour de Cure (American Diabetes Association)...Jersey City Ward Tour (Bike JC, NJ)...Tour de l'Île (Montréal, Vélo Québec, Canada)...Bike Boat Bike (Suffolk Bicycle Riders Association, NY)...**Sat. 6/8** Revolutionary Ramble (Morris Area Freewheelers, NJ)...**Sun. 6/9** George Washington Bridge Challenge (Ft. Lee, NJ)...**Thurs. 6/20 to Sat. 6/29** JOMONOLA Bike Tour (10 Day, 800 mile ride from Missouri to Louisiana)...**Sat. & Sun. 6/20-21** Anjou Vélo Vintage (France)...**Sat. 6/22** Ancient Mariner Century (Massapequa Park Bicycle Club)...**Wed. 6/26 to Sun. 6/30:** New York Bicycle Film Festival...**Sun. 6/30** Discover Hudson Valley (Bike New York)...New Haven Century (Elm City Cycling, CT)

### July

**Sun. 7/7** Tour de Queens (Transportation Alternatives)...**Sun. 7/14** Gold Coast Tour (Huntington Bicycle Club)...**Sun. 7/7 to Sun. 7/14** Cycling the Erie Canal (Parks & Trails New York)...**Sun. 7/21** The Lemon Ride Philadelphia (ALSF)...**Sun. 7/21 to Sat. 7/27** Register's Annual Great Bicycle Ride Across Iowa (RAGRAI)...FANY Ride Across New York State (FANY Ride)...Bon Ton Roulet Tour...(Bon Ton Roulet, NY State)...**Sat. 7/27** Brooklyn Waterfront Epic Ride (Brooklyn Greenway Initiative)...**Sun. 7/28** Harlem Valley Rail Ride...**Tues. 7/30 to Sun. 8/4** Cycling the Hudson Valley (Parks and Trails New York)

### August

**Sat. 8/3** Princeton Century (Princeton Freewheelers)...**Sun. 8/18** Ramapo Rally (Bicycle Touring Club of Northern New Jersey)...**Sat. 8/30 to Sun. 8/31** Bike Cult Show (Bike Works and New York Bike Jumble)...

### September

**Sun. 9/1:** Golden Apple (Westchester Cycle Club, NY)...**Sun. 9/8** TA Century (Transportation Alternatives)...Gran Fondo New Jersey...**Sat. 9/21:** Escape New York (New York Cycle Club)...**Sun. 9/22** Tour of the Hamptons (Massapequa Park Bicycle Club)...**Sun. 9/29** Honolulu Century (Hawaii Bicycling League)...**Sun. 9/29:** Twin Lights (Bike New York)

### October

**Sat. 10/5** Tour de Staten Island (Transportation Alternatives)...Sea Gull Century (Salisbury, Maryland)...**Sun. 10/6** MS Bike Tour (Bike MS **10/13** Piermont Bike Festival (Rockland County, NY)...NYC)...**Sun. 10.27** Tour de Bronx (Transportation Alternatives)...**TBA:** Fountains Ride (Times Up!)

### November

**Sat. & Sun. 11/9 -10** Philly Bike Expo (Philadelphia, PA)...**Sun. 11/24** Maui Century (Maui Bicycle Club, Hawaii)

### December

**Thurs. - Tues. 12/26-31** Christmas Bike Trip (Hostelling International, San Diego, CA)

**NOTE: The Pumpkin Patch Pedal bike event, which is presented by the Staten Island Bicycling Association, will not be held this year.**

*Important: Event listings that are not sponsored by the 5BBC do not constitute/imply endorsement by the Five Borough Bicycle Club.*

### **Further Information (Most can also be found on Facebook)**

**ALSF (Alex's Lemonade Stand Foundation, Penn.)** -- [www.alexlemonade.org](http://www.alexlemonade.org)  
**American Diabetes Association** – [www.diabetes.org/tour](http://www.diabetes.org/tour)  
**Anjou Vélo Vintage (France)** - [www.anjou-velo-vintage.com](http://www.anjou-velo-vintage.com)  
**Bicycle Shows US** – [www.bicycleshows.us](http://www.bicycleshows.us)  
**Bicycle Touring Club of North Jersey** – [www.ramaporally.com](http://www.ramaporally.com)  
**Bike JC (Jersey City, NJ)** – [www.bikejc.org](http://www.bikejc.org)  
**Bike MS New York City** -- [www.bikemsnyc.org](http://www.bikemsnyc.org)  
**Bike New York** – [www.bikenewyork.org](http://www.bikenewyork.org)  
**Bike The Branches (Brooklyn Public Library)** -- <http://misc.brooklynpubliclibrary.org/btb/>  
**Bon Ton Roulet (New York State)** -- [www.bontonroulet.com](http://www.bontonroulet.com)  
**Brooklyn Greenway Initiative** – [www.brooklyngreenway.org](http://www.brooklyngreenway.org)  
**Central Jersey Bicycle Club (NJ)** – [www.cjbc.org](http://www.cjbc.org)  
**Earth Day New York (NYC)** --- [www.earthdayny.org](http://www.earthdayny.org)  
**Elm City Cycling (New Haven, CT)** – [www.elmcitycycling.org](http://www.elmcitycycling.org)  
**FANY Ride (Five Hundred Miles Across New York State)** - [www.fanyride.com](http://www.fanyride.com)  
**Five Borough Bicycle Club (NJ)** – [www.5bbc.org](http://www.5bbc.org)  
**George Washington Bridge Challenge** (Ft. Lee, NJ) -- <http://tinyurl.com/bw4qjmt>  
**Gran Fondo New Jersey (NJ)** -- [www.granfondonj.com](http://www.granfondonj.com)  
**Harbor Ring Committee** -- [www.harborring.org](http://www.harborring.org)  
**Harlem Valley Rail Ride** – [www.harlemvalleyrailride.com](http://www.harlemvalleyrailride.com)  
**Hawaii Bicycle League** – [www.hbl.org](http://www.hbl.org)  
**Hostelling International (San Diego, CA)** – [www.sandiegohostels.org/christmas-bike-ride](http://www.sandiegohostels.org/christmas-bike-ride)  
**Huntington Bicycle Club** - [www.huntingtonbcli.com](http://www.huntingtonbcli.com)  
**JOMONOLA** (Joplin, Missouri to New Orleans, Louisiana) -- [www.jomonola.org](http://www.jomonola.org)  
**Massapequa Park Bicycle Club** - [www.massparkbikeclub.org](http://www.massparkbikeclub.org)  
**Maui Bicycle Club (Hawaii)** – [www.mauibicycleclub.org](http://www.mauibicycleclub.org)  
**Morris Area Freewheelers (NJ)** – [www.rambleride.org](http://www.rambleride.org)  
**New York Bicycle Film Festival (NYC)** -- [www.bicyclefilmfestival.com/new-york](http://www.bicyclefilmfestival.com/new-york)  
**New York Bike Jumble (NYC)** -- [www.nybikejumble.com](http://www.nybikejumble.com)  
**New York Cycle Club** – [www.nycc.org](http://www.nycc.org)  
**Parks & Trails New York** -- [www.ptny.org/canaltour](http://www.ptny.org/canaltour)  
**Philly Bike Expo** -- [www.phillybikeexpo.com](http://www.phillybikeexpo.com)  
**Piermont Bike Festival** -- [www.piermontbikefestival.com](http://www.piermontbikefestival.com)  
**Princeton Freewheelers (NJ)** – [www.princetonfreewheelers.com](http://www.princetonfreewheelers.com)  
**RAGBRAI** – [www.ragbrai.org](http://www.ragbrai.org)  
**Ride of Silence** - [www.rideofsilence.org](http://www.rideofsilence.org)  
**Rosarito Ensenada Bike Ride (Mexico)** – [www.rosaritoensenada.org/english](http://www.rosaritoensenada.org/english)  
**South Bronx Unite** -- [www.southbronxunite.com](http://www.southbronxunite.com)  
**Staten Island Bicycling Association** – [www.sibike.org](http://www.sibike.org)  
**Suffolk Bike Riders Association (Long Island)** – [www.sbraweb.org](http://www.sbraweb.org)  
**Sea Gull Century (Salisbury, Maryland)** – [www.seagullcentury.org](http://www.seagullcentury.org)  
**The Weekday Cyclists (New York City)** -- [www.weekdaycyclists.org](http://www.weekdaycyclists.org)  
**Times Up!** – [www.times-up.org](http://www.times-up.org)  
**Tour de Tinicum (Bucks County, Pennsylvania)** -- [www.delawarevalleyfire.com](http://www.delawarevalleyfire.com)  
**Transportation Alternatives** – [www.transalt.org](http://www.transalt.org)  
**Vélo Québec (Montréal, Canada)** – [www.velo.qc.ca/en](http://www.velo.qc.ca/en)

# Become a 5BBC Leader!



FIVE BOROUGH BICYCLE CLUB

## SHARE THE JOY OF BICYCLING

Do you enjoy interacting with people, exploring and creating new bike routes, promoting bicycling to all levels of riders and want a great way to give back to the Club and the bicycling community? Then becoming a 5BBC Bike Leader is for you.

The 2013 5BBC Leadership Course will teach you how to organize and run both day and weekend trips. You will learn map reading, ride planning, cycling safety, group dynamics, decision-making and develop your leadership style, as well as many other aspects that go into making you a bike leader.

The course, taught by experienced 5BBC leaders, combines classroom instruction with practical riding experience. You do not have to be a strong or fast rider or bicycle repair guru to take the course. That is not what the course is about – it is about leadership. It is strongly recommended that you be able to ride for the better part of a day and be comfortable riding with a group. If you have not ridden with us before, you should definitely go on several 5BBC rides to become familiar with how typical Club rides take place. (Note: If you are not a member of the 5BBC and wish to take the class, you must become a member prior to the weekend trip part of the course.)

Classes will begin Tuesday, September 3, 2013 and continue on 9/10, 9/17, 9/24 and 10/1 at Shapiro, Beilly & Aaronowitz Law Offices, 225 Broadway (13th floor) New York NY 10007. In addition to the above classes, there will be leadership training rides on 9/15, 9/21 and 9/28 and a weekend retreat from 10/4 to 10/6 in Columbia County, NY.

For more information, contact Manny Sanudo at [leadership@5bbc.org](mailto:leadership@5bbc.org)



5BBC Leaders Holly Campbell and Geoff Cohen, in Staten Island, on their legendary Bug Ride, Sun., June 9, 2013. Photo by Bob Castro





## 5BBC Membership Card and Participating Bike Shop Discount List

Below you'll find your Five Borough Bicycle Club membership card. Make sure your mailing label is on the other side (with the new expiration date), then just cut it out. Laminate it if you wish, and keep it somewhere safe. Show it at any of the shops listed below for a discount on many items. This list is for is 5BBC members like you. Visit [www.5bbc.org/bikeshops.shtml](http://www.5bbc.org/bikeshops.shtml) for more shops.

### Flash your 5BBC Membership

#### Card at these Bike Shops

##### BRONX

###### **Westchester Bike Pro Shop**

2611 Westchester Ave.  
Bx, NY 10461 718-409-1114  
[westchesterpro.com](http://westchesterpro.com)

##### BROOKLYN

###### **Bay Ridge Bicycle World**

8916 3rd Ave. Bklyn, NY 11209 718-238-1118  
[bayridgebikes.com](http://bayridgebikes.com)

###### **Bicycle Station**

171 Park Ave., Bklyn, NY 11205  
718-638-0300

[bicyclestationbrooklyn.com](http://bicyclestationbrooklyn.com)

###### **Fulton Bikes**

1580 Fulton Street  
Bklyn, NY 11213 718-778-2887

###### **Kensington Cycle Works**

140 Ocean Parkway  
Bklyn, NY 11218 347-635-4645  
[kensingtoncycleworks.com](http://kensingtoncycleworks.com)

###### **On The Move**

400 7th Ave.  
Bklyn, NY 11215 718-768-4998  
[onthemovenyc.com](http://onthemovenyc.com)

###### **Roy's Sheepshead Cycles**

2679 Coney Island Ave. Bklyn, NY 11235  
718-646-9430 [roysbikes.com](http://roysbikes.com)

###### **Verrazano Bicycle Shop**

7308 5th Ave, Bklyn, NY 11209 718-680-6521, [verrazanocycles.com](http://verrazanocycles.com)

##### MANHATTAN

###### **B-Fold (Folding bikes)**

224 E 13th St.(2nd-3rd Aves)  
NY, NY 10003 212-529-7247  
[bfd.com](http://bfd.com)

###### **Bicycle Habitat**

244 Lafayette St NY, NY 10012  
212-431-3315 [bicyclehabitat.com](http://bicyclehabitat.com)

###### **Bicycle Renaissance**

430 Columbus Ave.(81st St)  
NY, NY 10024 212-724-2350  
[bicyclerenaisance.com](http://bicyclerenaisance.com)

###### **Bike Works**

106 Ridge St. NY, NY 10002  
212-388-1077, [bikecult.com](http://bikecult.com)

###### **Champion Bicycles**

896 Amsterdam Ave (103-104 Sts)  
NY, NY 10024 212-662-2690  
[championbikes.com](http://championbikes.com)

###### **Chelsea Bicycles**

130 W 26th St. (6th-7th Aves)  
NY, NY 10001 646-230-7715  
[chelseabicycles.net](http://chelseabicycles.net)

###### **City Bicycles**

315 W 38 St NY, NY 10018  
212-563-3373 [city-bicycle.com](http://city-bicycle.com)

###### **Conrad's Bike Shop**

25 Tudor City Place  
NY, NY 10017 212-697-6966  
[conradsbikeshop.com](http://conradsbikeshop.com)

###### **Continuum Cycles**

199 Ave. B (12th-13th Sts)  
NY, NY 10009 212-505-8785  
[continuumcycles.com](http://continuumcycles.com)

###### **Eddie's Bicycle Shop**

490 Amsterdam Ave., NY, NY 10024,  
212-580-2011 [eddiesbicycles.net](http://eddiesbicycles.net)

###### **Enoch's**

480 10th Ave. NY, NY 10018  
212-582-0620, [enochsbikes.com](http://enochsbikes.com)

###### **Frank's Bike Shop**

553 Grand St. NY, NY 10002  
212-533-6332, [franksbikes.com](http://franksbikes.com)

###### **Gotham Bikes**

112 W Broadway, NY, NY 10013 212-732-2453  
[togabikes.com](http://togabikes.com)

###### **Heavy Metal**

2016 Third Ave., NY, NY 10031  
212-410-1144

###### **Innovation Bike Shop**

105 W 106 St., NY, NY 10025  
212-678-7130 [innovationbikeshop.com](http://innovationbikeshop.com)

###### **Jack Rabbit**

(1) 42 W. 14 St., NY, NY 10017  
212-727-2980, (2) 1255 Lexington Ave.,  
NY, NY 10028 [jackrabbitsports.com](http://jackrabbitsports.com)

###### **Larry & Jeff's Bicycles Plus**

1400 3rd Ave., NY, NY 10021,  
212-794-2929 [bicyclesnyc.com](http://bicyclesnyc.com)

###### **Liberty Bicycles**

846 9th Ave. NY, NY 10019  
212-757-2418, [libertybikesny.com](http://libertybikesny.com)

###### **Manhattan Bicycles**

791 9th Ave., NY, NY 10019  
212-262-0111

###### **Mani's Bicycle Shop**

8 Bennett Ave., NY, NY 10033  
212-927-8501

###### **Master Bike**

255 West 72 St. NY, NY 10024  
212-580-2355, [masterbikeshop.com](http://masterbikeshop.com)

###### **Metro Bikes**

(1) 332 E. 14 St., NY, NY 10003  
212-228-4344, (2) 360 W 47th St., NY,  
NY 10036, 212-581-4500, (3) 546 Sixth  
Ave., NY, NY 10011, 212-255-5100, (3)  
231 W 96 St., NY, NY 10025  
[metrobicycles.com](http://metrobicycles.com)

###### **Mod Squad Cycles**

2119 Frederick Douglass Blvd., (114-  
115 Sts), NY, NY 10026 212-865-5050  
[modsqquadcycles.com](http://modsqquadcycles.com)

###### **My Bike Heaven**

348 E 62 St. NY, NY 10021  
212-230-1919, [mybikeheaven.com](http://mybikeheaven.com)

###### **NYC Velo**

64 Second Ave. (4th St) NY, NY10003  
212-253-7771 [nycvelo.com](http://nycvelo.com)

###### **NYCE Wheels**

1603 York Ave., NY, NY 10028  
800-692-3943 [nycewheels.com](http://nycewheels.com)

###### **Pedal Pusher**

1306 Second Ave., NY, NY 10021  
212-288-5592  
[pedalpusherbikeshop.com](http://pedalpusherbikeshop.com)

###### **Sid's Bike Shop**

(1) 151 W 19 St. NY, NY 10021  
212-989-1060  
(2) 235 E 34th Street NY, NY 10016  
212-213-8360 [sidsbikes.com](http://sidsbikes.com)

###### **Toga Bike Shop**

110 West End Ave., NY, NY 10023  
[togabikes.com](http://togabikes.com)

###### **Tread Bike Shop**

250 Dyckman St., NY, NY  
21-544-7055 [treadbikeshop.com](http://treadbikeshop.com)

###### **Victor's Bike Repair**

4125 Broadway (174 St)  
NY, NY 10032 212-740-5137

###### **Zen Bikes**

134 West 24th St. NY, NY 10011  
212-929-2453 [zenbikes.com](http://zenbikes.com)

##### QUEENS

###### **Arc De Triomphe Bicycles**

114-01 Jamaica Ave. Richmond Hill,  
NY 11418-2443 718-846-2099

[adtbikes.com](http://adtbikes.com)

###### **Bellitte Bicycles**

169-20 Jamaica Ave.,  
Jamaica, NY 11432  
718-739-3795 [bellbikes.com](http://bellbikes.com)

###### **Bicycle Barn**

107-34 Springfield Blvd, Queens  
Village, NY 11429, 718-479-3119,

###### **Bike Stop**

37-19 28th Ave  
Long Island City, NY 11103  
718-278-2453, [bikestopastoria.com](http://bikestopastoria.com)

###### **Bill's Cyclery**

63-24 Roosevelt Ave  
Woodside, NY 11377

718-335-1906, [ubuybikes.com](http://ubuybikes.com)

###### **Buddy's Schwinn Bicycle**

79-30 Parsons Blvd, Flushing, NY  
11367, 718-591-9180

###### **Peak Mountain Bike Pro Shop**

42-42 235th St., Douglaston, NY 11363  
718-225-5119, [peakmtbike.com](http://peakmtbike.com)

###### **Spin City Cycle**

98-73 Queens Blvd, Rego Park, NY  
11375, 718-896-8850, [spincitycycle.com](http://spincitycycle.com)

###### **Spokesman Cycles**

49-04 Vernon Blvd., Long Island City,  
NY 11101, 718-433-0450  
[spokesmancycles.com](http://spokesmancycles.com)

##### STATEN ISLAND

###### **Bennett's Bicycles**

517 Jewett Ave., Staten Island, NY  
10302, 718-447-8652  
[bennettsbicycle.com](http://bennettsbicycle.com)

##### LONG ISLAND

###### **The Bicycle Planet**

540 Jericho Turnpike  
Syosset NY 11791 516-364-4434  
[www.thebicycleplanet.com](http://www.thebicycleplanet.com)

###### **Bike Discounters**

1021 Portion Rd., Ronkonkoma, NY  
11779, 631-846-7320, [thebikeoutlet.com](http://thebikeoutlet.com)

###### **Brands Cycle Center**

1966 Wantagh Ave., Wantagh, NY  
11793, 516-781-6100, [brandscycle.com](http://brandscycle.com)

###### **East End Bicycles**

943 Montauk Hwy., Shirley, NY 11967  
631-399-7390, [eastendbikes.com](http://eastendbikes.com)

###### **Carl Hart Bicycles**

620 Middle Country Rd., Middle Island,  
NY 11953, 631-924-5850, [carlhart.com](http://carlhart.com)

###### **Sayville Bike Works**

75 Main St., West Sayville, NY 11796,  
631-589-0009, [sayvillebike.com](http://sayvillebike.com)

###### **South Shore Bicycle & Fitness**

1067 Broadway, Woodmere, NY 11598  
516-374-0606, [southshorebicycle.com](http://southshorebicycle.com)

###### **Sunrise Cyclery**

4828 Sunrise Highway  
Massapequa Park, NY 11762  
516-798-5715 [sunrisecyclery.com](http://sunrisecyclery.com)

###### **Sunrise Tri**

520 Sunrise Highway  
West Babylon, NY 11704  
631-587-6200 [sunrisecyclery.com](http://sunrisecyclery.com)

###### **Valley Stream Bicycle**

95 E. Merrick Rd., Valley Stream, NY  
11580, 516-825-8181

[valleystreambicycle.com](http://valleystreambicycle.com)

###### **Visentin Bike Pro Shop**

51 Pine Hollow Rd., Rte. 106  
Oyster Bay, NY 11771,  
516-922-2150, [visentinbike.com](http://visentinbike.com)

##### WESTCHESTER

###### **Bicycles Unlimited**

141 East Main St., Elmsford, NY 10523  
914-592-7979

###### **Pelham Bicycle Center**

109 Wolfs Lane, Pelham, NY 10803  
914-738-3338, [pelhambikes.com](http://pelhambikes.com)

###### **Sierra Cycles**

46 Garth Rd., Scarsdale, NY 10583  
914-725-8333, [sierracyclesny.com](http://sierracyclesny.com)

##### CONNECTICUT

###### **Baybrook Bicycles**

243 Captain Thomas Blvd, West Haven,  
CT 06516\* 203-933-4576  
[baybrookbicycles.com](http://baybrookbicycles.com)

###### **College Street Cycles**

252 College St., New Haven, CT 06510  
203-865-2724, [collegestreetcycles.com](http://collegestreetcycles.com)

###### **Newington Bicycle**

1030 Main St., Newington, CT 06111  
860-667-0857, [newingtonbike.com](http://newingtonbike.com)

##### NEW JERSEY

###### **Bicycle Tech**

2 Station Rd., Lincoln Park, NJ 07035  
(973) 694-6775, [bicyclotechnonline.com](http://bicyclotechnonline.com)

###### **Bicycle Workshop**

175 Country Rd., Tenafly NJ 07670  
201-568-9372, [bicycleworkshop.com](http://bicycleworkshop.com)

###### **Marty's Reliable Cycle**

173 Speedwell Ave., Morristown, NJ  
07960, 973-538-7773,  
[martyreliable.com](http://martyreliable.com)

###### **Strictly Bicycles**

2347 Hudson Terrace, Fort Lee, NJ  
07024, 201-944-7074,  
[strictlybicycles.com](http://strictlybicycles.com)



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website!







Sunday, May 19, 2013. At the end of the 5BBC Montauk Century. Some 40 or so riders completed the ride from Jamaica (130 miles), Babylon (100 miles) and Mastic Shirley (62 miles) to the Montauk Long Island Railroad station. From start to the finish, it rained all day. But wet weather didn't deter these folks from riding, as you can see on their smiling faces. Photo by Ed Pino. To see the photo album, visit the 5BBC Facebook page: <http://tinyurl.com/jvuszzg>



5BBC leader Holly Campbell, on bike in deep water, Anuradapura, Sri Lanka, Jan. 2013. Photo contributed by Holly herself.