

BICYCLÉÉR

Publication of the Five Borough Bicycle Club • August 2013 • www.5bbc.org





CYCLING INTO DIFFERENT WORLDS

At the fabled Unisphere at Flushing Meadows Corona Park, Queens, 5BBC Leaders Claire Mordas and Bob Castro brought them to the Queens County Farm Museum to see Native American festivities at the July 28, 2013 Thunderbird Pow Wow.

Photo by Bob Castro.



Bicycletter August 2013

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Mel & Holly in Charge

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About the Five Borough Bicycle Club

The Five Borough Bicycle Club is a 501(c)(4) non-profit corporation organized in the State of New York exclusively for charitable, educational, and recreational purposes. We encourage people to enjoy the sport of non-competitive cycling, through our bike rides, weekend trips and general meetings. Bicycle club programs include bicycle trips, education, and special events. General Meetings are open to the public and usually held monthly. Please check the Bicycletter, the website www.5bbc.org, as well as our facebook and twitter pages for exact dates and locations. You can also contact the Five Borough Bicycle Club Programs Coordinator at programs@5bbc.org.

Executive Board Meetings, which are open to club members who have contacted the club President or Vice President prior to the meeting, are usually held on the first Monday of each month.

Five Borough Bicycle Club membership is \$25, or \$30 for two (2) members of the same household, is valid through December 31, 2013*

*Membership initiated after October 1, 2013 is valid through December 31, 2014.

Submissions to the Bicycletter are heartily encouraged, on CDs, flash drives or even 3.5" diskettes, accompanied by hard copy; or email newsletter@5bbc.org. Please limit articles to 300 words. Classified ads are free to members.

Views expressed in the Bicycletter do not necessarily reflect those of the 5BBC.

Deadlines for submissions to the Bicycletter are usually the first day of the month prior to the issue. Submissions may be edited for clarity and/or space. The deadline for submissions for the July 2013 issue is: Friday 23 August 2013

Bicycletter
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A New York City DOT street bike rack, somewhere in Manhattan.
Photo by Alfredo Garcia.

When I'm 64

Happy Birthday, Dennis!

Saturday, July 6, 2013



The resplendent Dennis Griffin, SBBC leader, who has led a good number of Quick Spin rides. Speed has not been lost on him, irregardless of age. This ride is no different. At the Kew Gardens, Queens start.



Brief compression. For reasons not known, despite a 90 degree heat wave, Howard Hall (right) is shivering cold.



Dennis & his cycling well-wishers. at the lunch stop, Huntington Bay. Instead of 'hitting the beach,' they either stand or sit on top of it.



Of course, being a fleeting, Quick Spin group, they get back to Queens with no problems.

To All My Club Members



5BBC President Liz Baum

Each month I try to find some small item to talk about, usually boring to most, but yet trying to keep my promise to Alfredo who has for the past years devoted himself, in good times and bad, hard copies, print copies to the digital age of news.

Well this month I would like to truly thank our Devoted Newsletter Man, who tirelessly found, begged and requested endless articles to help place in print to produce our material and that is Alfredo.

So although its summer and many are away, Alfredo has kept us going. His joy through many club years have kept him on the Board seeking articles, from all of us.

So this month when you read this I hope that you all send Alfredo articles of your journeys through the summer. Maybe some went to the Erie Canal, or France or Iowa, or John, who is doing a weeks worth of hill climbing in five days, and 20,000, feet. So if you are triathlete, new member, hill climber, please send an article, let's be kind to Alfredo, and give him stuff to print.

So please let us acknowledge that Alfredo has produced over 50 newsletters for us, so let us thank him.

So as you ride, with your helmet on your head, a tube in your pocket stay safe and have fun.

-- may grace follow you daily

2013 Montauk Century Cycling Jersey!



For a very limited time, you can order the 2013 limited edition collectors Montauk Century jersey! This awesome jersey is available on a custom fill basis at a cost of \$105.00. If interested in purchasing a jersey, please email the Club for information on the ordering process at treasurer@5bbc.org. Designed by Shawn Carney (<http://driftandburn.wordpress.com/>)

DANNY LIEBERMAN 2007 MOULTON RAFFLE



Drawing to be held Labor Day, September 2, 2013

This is a 2007 Moulton New Series Speed--original cost \$13,000

Raffle tickets available at the 5BBC table at Bike Exp New York! - 1 for \$10 or 3 for \$25 - Call Ed Pino at 646-734-7114 for more information!

Specs available here:

<http://www.moultonbicycles.co.uk/models/MoultonSPEED.html>

Visit The 5BBC At Summer Streets!

Held on the first three Saturdays in August.
At Summer Streets, Park Ave. is closed to
traffic from 7AM to 1PM, between 72nd St.
and Chamber St.

August 3, 10, 17, 2013



Come by our table at our 5BBC bannered table
between 24th & 25th St., Park Ave. South, southeast
side, near Gregory's Coffee Shop. Don't mind the
scaffolding--we're setting up a free bike repair area.
Visit us for a bike check/repair, inflate your tires,
ask cycling related questions and about the 5BBC.
See you there!

*Photos by Alfredo Garcia, Sharon Behnke
and Shawn Carney*

For information on Summer Streets in general, visit
<http://nyc.gov/summerstreets>

5BBC Rides Meeting Places

Bike Repair Table at Summer Streets

5BBC bannered table, southeast, 24th St. & Park Ave. South, near Gregory's Coffee Shop, scaffolding area. Subways: N R to 23rd St., 6 to 28th or 23rd St.

Bridgemarket

Bridgemarket Plaza, Manhattan. On the Northeast corner of East 60th St and First Ave, faces across the avenue the entrance to the Queensboro bridge in Manhattan. Subways: 4 5 6 to 59th Street, N R to Lexington Avenue

City Hall

South of Chambers & Centre Streets, directly across from Brooklyn Bridge entrance, Manhattan, Horace Greeley statue. Subways: 2 3 to Park Place, R W to City Hall, 4 5 6 to Brooklyn Bridge/City Hall, J M to Chambers St.

Cunningham Park

Union Turnpike at 196th Place, Queens. From 179th Street, last stop on F subway; Ride left on Midland Parkway, left on 188th Street, right on Union Turnpike to parking lot at 196th Place. Parking is available.

Grand Central Terminal

Enter @ East 42nd St. & Park Ave., Manhattan. Inside head to information kiosk in center. Subways: 4 5 6 7 S to Grand Central.

Penn Station

8th Ave. & 31st St., northeast corner, Manhattan. Subways: 1 2 3 A C E to 34th St

Prospect Park (Grand Army Plaza)

Flatbush Ave. @ Eastern Parkway, Bklyn. Near benches at entrance to park. Subways: 2 3 to Grand Army Plaza, F Q to 7th Ave., R to Union St.

South Ferry

Bike waiting area, outside lower level of Whitehall terminal of Staten Island Ferry, Manhattan. Subways: 1 to South Ferry, R to Whitehall St., 4 5 to Bowling Green. 2 3 A C E nearby

Van Cortlandt Park

Broadway at West 242nd St., Bronx. Last stop on 1 Subway

West Harlem Piers Park

At the Hudson River Greenway, 130th St., Manhattan. Subway: 1 to 125th St. Ride west to greenway, then north for a short stretch.

For a comprehensive list of ride locations, visit:
www.5bbc.org/meetingplaces.shtml

Brooklyn Borough Hall
Cadman Plaza at Montague St., Brooklyn. Subways: A C F to Jay Street/Borough Hall, 2 3 4 5 to Borough Hall, R to Court Street

5BBC-Day Trips August 2013

Sun. July 28, 2013: Young Native American performing at the Thunderbird Pow Wow at Queens County Farm. Photo by Bob Castro.



5BBC leader Andrea Casertano, rain or shine, on the From Summer Streets to Staten Island ride, Sat. Aug. 3, 2013. Photo by Bob Castro.

NOTE: There may be rides not listed in the Bicycletter. Please check the club web at www.5bbc.org/rides and/or bulletin board; As a member, check club weekly emails.

Saturday, August 3, 2013

FLAT TRAILS AND STEEP CLIMBS - TARRYTOWN TO COLD SPRING
8:30 AM, Grand Central Terminal (for 9:00 AM Train to Tarrytown), or 9:35 AM at Tarrytown Station, 55 miles, 12-14 mph pace

From the Tarrytown Metro North station, we'll ride (or push) one steep mile, then ride a relatively flat 28 miles on the scenic North Westchester County and Putnam rail trails, with a deli stop in Yorktown Heights. At Carmel we will take Highway 301 and the scenic but serious climb over the Taconics (13 mile climb, 5 mile descent) to Cold Spring and take Metro North back to Tarrytown or Manhattan. Bring \$21.25 for train fare, \$ for lunch and your MTA Bike Permit. Leaders: Fritz Van Orden and Howard Hall

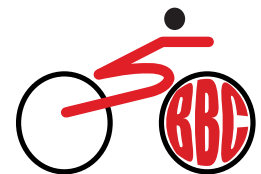
BICYCLE BEACH BUMS OF STATEN ISLAND

10:00 AM, 5BBC Bicycle repair table at Summer Streets, Park Avenue South at 24th Street, Manhattan, 20 miles, 10 mph

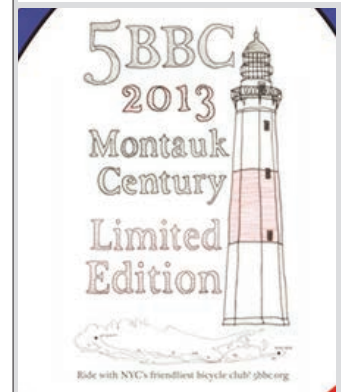
Looking for something to do after riding Summer Streets? Let's go to the beach! Staten Island's beaches are a short bike ride from the ferry terminal. Bring swimsuit, sunscreen, and beach towel for this "Happy Face," easy-paced ride. Changing areas are available. Leaders: Jim Zisfein and Andrea Casertano

TA NYC CENTURY TRAINING RIDE SERIES - QUEENS LOOP

11:45 AM, 5BBC bicycle repair table at Summer Streets, Park Avenue South at 24th Street, 30-35 miles, moderate pace



FIVE BOROUGH BICYCLE CLUB



Limited edition 2013 Montauk Century cycling jersey. See page 8.



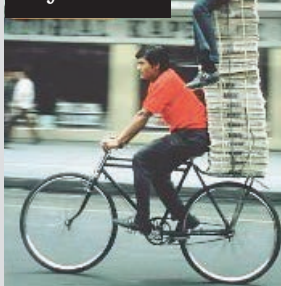
IMPORTANT CYCLING NOTE #1

There may be more rides not listed in the Bicycletter. Please check the club web at www.5bbc.org/rides and/or bulletin board; As a member, check club weekly emails.

IMPORTANT CYCLING NOTE #2

As the weather gets warmer, it's very important to: Dress in layers, that can be removed when needed. Apply Sun screen and Lip Balm to protect your exposed skin and lips; Wear Sunglasses to protect your eyes. Drink lots of Water to stay hydrated. Thank you.

Want to help with the Bicycletter?



From bookcover: The Best of Newspaper Design 27

You can contribute articles & photos for the Bicycletter--let us know. Email newsletter@5bbc.org
The club's new sans print communiqué is still viable in the Age of the 21st Century Internet.

The
5BBC
Bicycletter
is
MONTHLY

We kick off our training ride series for the TA NYC Century ride with a ride leaving from Summer Streets and heading out to do a loop of Queens. After riding the loop there will be multiple potential end points to get you back to the 59th Street, Williamsburg or Manhattan Bridges, or to Grand Army Plaza in Brooklyn. Leaders: Bill Mastro and George Pardo

Sunday, August 4, 2013

GET OUTA TOWN RIDE: THE D&R CANAL PATH - EXTENDED VERSION

7:45 AM, NJ Transit main ticket office at Penn Station, 8th Ave & 33rd St, Manhattan, C14, 60+ miles

We'll be taking NJ Transit to Trenton NJ, where we'll ride the Canal Path to Frenchtown, NJ, enjoying fantastic vistas, each other's company and one of the Best Italian Restaurants I've had the experience to enjoy. We return to Trenton for the trip home. The Standard round trip fare is \$31.00, and the Senior fare is \$14.00. Leaders: Ed DeFreitas, Rodney Millard, and Jesse Brown

Saturday, August 10, 2013

BATHE IN BAYVILLE 9:00 AM, Cunningham Park, Union Turnpike & 196 Pl, Queens, 50 miles, moderate pace

Join us on this traditional 5BBC ride to the beach in Bayville. If the weather is nice bring your swimsuit. Optional loop to Centre Island is available. In addition, bring lunch or money to buy lunch. Rain at start cancels. Leaders: Manny Sanudo and TBA

GRAFFITI RIDE 10:00 AM, Grand Army Plaza, Brooklyn, appx 45 miles, moderate pace

See the city from a new perspective! A tour of graffiti spots in Manhattan, Brooklyn and Queens showcasing various graffiti artists and styles. Bring lock, plus \$ for lunch. Leaders: Shawn Carney and Fritz Van Orden.

Sunday, August 11, 2013

GET OUTA TOWN RIDE: THE D&R CANAL PATH - EXTENDED VERSION 7:45 AM, NJ Transit main ticket office at Penn Station, 8th Ave & 33rd St, Manhattan, C-14, 60+ miles

We'll be taking NJ Transit to Trenton NJ, where we'll ride the Canal Path to Frenchtown, NJ,

enjoying fantastic vistas, each other's company and one of the Best Italian Restaurants I've had the experience to enjoy. We return to Trenton for the trip home. The Standard round trip fare is \$31.00, and the Senior fare is \$14.00. Leaders: Ed DeFreitas, Rodney Millard, and Jesse Brown

BROOKLYN PERIMETER and TA NYC TRAINING RIDE

9:00 AM, Brooklyn Borough Hall by fountains in front of the Courthouse, 50-55 miles, moderate but steady urban pace

The Brooklyn Perimeter (with a moment in Queens) is back as part of both the TA NYC Training ride series and the Perimeter series. This is a revised ride that takes you through the full diversity of the borough from beautiful waterfront to industrial, to a stop in "the Hole" where one side of the street is Brooklyn and the other side Queens. Mostly flat, with one real climb. Please bring water, sun screen, and \$\$ for lunch. Leaders: Bill Mastro and Wentworth Price

Saturday, August 17, 2013

ONE WAVE ... OR ANOTHER RIDE 8:00 AM, West Harlem Piers Park (Hudson River Greenway at 130th Street), approximately 40 miles, hills

View the waves of the Hudson and pick up some goodies at Fairway at the start before tackling a few formidable climbs on our way to Wave Hill in the Bronx. After taking advantage of Target-sponsored free admission, we continue to the waves of Long Island Sound and lunch at City Island. We get to compare the waves of the East and Harlem rivers, returning over Randall's and Ward's Islands to finish at Harlem's outdoor beergarden. Bring: money for food and drinks. I'll provide bike watch at Wave Hill; all other stops have outdoor seating areas. Leaders: Holly Campbell (212) 568-2824 & TBA

TA NYC CENTURY TRAINING RIDE TO NORTHVALE

9:00 AM, 5BBC bicycle repair table at Summer Streets, Park Avenue South at 24th Street, 45 miles, 14 mph

Get your training in gear on the hills of Bergen County. Enjoy the views from Henry Hudson Drive "River Road" with the cliffs to your left and the river to your right. Then feel the burn as we ascend the 1-mile, 7% grade "Alpine d'Huez". Fill your tummy at the Northvale

Diner; you'll need those calories for our next climb up ChurchHILL Rd. Ride ends at the NY end of the GWB. Leaders: Jim Zisfein & TBA.

Sunday, August 18, 2013

GET OUTA TOWN RIDE: PHILADELPHIA, PA

7:45 AM, NJ Transit main ticket office at Penn Station, 8th Ave & 33rd St, Manhattan, C-14, 40+ miles

We'll be taking N.J. Transit and SEPTA trains to Philadelphia where we'll ride The Greenway, the streets of the city, and visit some historical sites. Lunch at a great restaurant and the company of good folks; what could be better? Standard fare is \$31.00+ and Senior fare is \$14.00+ round trip Leaders: Ed DeFreitas, Rodney Millard, and Jesse Brown

TA NYC CENTURY TRAINING RIDE - SUSSUDIO...ROCKAWAYS
8:00 AM START, leaves 8:23 AM SHARP - Arrive 15 minutes before start time. City Hall, near Greeley Statue & Brooklyn Bridge, Manhattan, 25-30 miles @ 12mph pace on flat roads

One-way rapid deployment ride to the Rockaways. Goal is a refreshing 12:55 PM ferry back to Manhattan. Trip includes one brief rest stop. Be prepared to ride steady, maybe in possible hot weather, maintain that 12mph riding pace on flat roads and be confident in some busy, bumpy and hilly roads plus 2-3 bridges. Slap on the sunscreen and sunglasses! Ride, which will be over before you know it, ends at Ft. Tilden Park. Bring your own food or buy at finish area. Carry bungee cord and \$25 fare for ferry. Leaders: Alfredo Garcia and Holly Campbell.

Saturday, August 24, 2013

TA CENTURY TRAINING RIDE - OYSTER BAY

8:15 AM, Bridgemarket, 1st Avenue & 60 St, Manhattan, 70 miles, 15+ mph pace

We'll make a point of riding along some of the Queens section of the TA Century ride before and after a visit to Oyster Bay and Sagamore Hill in Nassau County. Moderate hills with both country and urban roads. Bring 2 water bottles, sunscreen, \$ for lunch and a MTA Bike Permit as a precaution. Leaders: Dennis Griffin & Wuid Alexandre

☺ [Happy-face ride] **LIFE'S A BEACH - BELLE HARBOR BEACH BUM RIDE**
10:00 AM, Grand Army Plaza, Brooklyn, 28 miles, relaxed pace.

We ride to Belle Harbor for some fun in the sun, heading across the Gil Hodges Bridge to the mighty Atlantic. May Neptune be with us. There is a brief portage prior to Plumb Beach [thanks Sandy]. You can change and get snacks at Riis Park. After the beach - Roll n Roaster ! Bring swimsuit, sunscreen, lock, beach towel & a friend. Hawaiian shirt optional. Leaders: David "MEL" Meltzer and Shawn Carney

Sunday, August 25, 2013

GET OUTA TOWN RIDE: POUGHKEEPSIE RAILROAD BRIDGE, FDR HOME (ELEANOR'S PLACE)

7:30 AM, Grand Central Terminal for 7:47 train or 7:58 at 125th St (check the RR) to Poughkeepsie (arriving 9:34), 25 miles, moderate pace

First, ride over Poughkeepsie Railroad Bridge and take in the view 200 ft. above the Hudson. Then, on to the FDR home. The main area is the Roosevelt Family home, but we will also visit Eleanor's place. We should be able to get up to nine riders in for free. Bring Bike Pass, \$ for food & RR tickets. Leaders: Rodney Millard, Jesse Brown & Ed DeFreitas

TA NYC CENTURY TRAINING RIDE - GARDEN CITY

9:00 AM, Grand Army Plaza entrance to Prospect Park, Brooklyn, 60 miles

Up your training for the NYC Century and join us for a round trip ride through Brooklyn, Queens and Western Nassau to the sedate streets of Garden City. We will likely stop for lunch at Grimaldis in Garden City. Leaders Bill Mastro and Kathryn Baur

☺ [Happy-face ride] **BICYCLE BEACH BUMS TO THE ROCKAWAYS.**

9:00 AM, Prospect Park (Grand Army Plaza), 30 miles

Enjoy a 5BBC classic summer beach ride! We'll be riding to Neponsit Beach in the Rockaways, taking quiet streets and bike lanes. Bring a lock and all your usual beach gear. We'll stop to pick up lunch and then have a picnic on the beach. Rain at start cancels. Leaders: Andrea Casertano & Bob Castro

Bikes On Trains



24-hour access, no permit required, \$2.50 fare each way. Walk bike to station. Enter and exit through service gate. Avoid rush hours. Try to use letter lines (e.g. A, D, E, F) when possible. For weekend email advisories, visit: <http://advisory.mtanyct.info/customerselection.asp>. Read "Bike Safety in the Subways": www.mta.nyc.ny.us/nyct/safety/bike/



Access requires an MTA Bike Permit, as well as fare, good for both trains, available, \$5 fee at:

A) Grand Central Terminal, Metro North window #27 or call 212-532-4900

B) Penn Station, LIRR Information booth or call 718-558-8228

Specific restrictions apply. Note: separate old LIRR and Metro North permits still valid for their respective lines. Web page link for application form:

www.mta.nyc.us/mnr/html/mnrbikpermit.htm



For more information on all MTA trains, visit www.mta.info/bike/

Specific restrictions apply when you take your bicycle on New Jersey Transit. For Bike Program info, please call (973) 762-5100 or visit www.njtransit.com/rg/rg_servlet.srv?hdnPageAction=BikeProgramTo



A permit is no longer required, but there are restrictions. 5BBC trips that use PATH, usually rides on weekends and holidays. For more info, please call (800) 234-PATH or visit www.panynj.gov/CommutingTravel/path/html/rules.html

Bikes On Boats

Note: This is based on current information, subject to conditions. Please check website for updates. Bring a bungee cord to secure bike to boat railing, when needed.



Staten Island Ferry
www.siferry.com

Year-round from Manhattan's South Ferry to Staten Island St. George. Fare & bike access are free. Go with your bike to the lower level of boat. There are separate cyclist waiting areas on both terminals. Bikes are placed in designated areas of boat.



New York Waterway
www.nywaterway.com

Commuter & leisure cruises to Hudson County, NJ from various Manhattan terminals. They also have an East River route between Manhattan, Brooklyn and Queens. Passenger fare varies from \$4 and up. Bike charge range \$1-\$5.



Seastreak
www.seastreak.com

Commuter and leisure cruises from Manhattan to Highland, NJ and other Monmouth County destinations. Offers daily Sandy Hook cruises from May to Sept. plus seasonal cruises to Martha's Vineyard. Fares range from \$26-\$275, depending on destination. Bike charge is \$5-\$30



Liberty State Park (LSP) Ferry
<http://tinyurl.com/7s3o2z8>

Year-round service between Liberty State Park, Warren St., Jersey City and World Financial Center, Manhattan. \$7 one-way; free bike access. Ferry boats are now white. Not to be confused with New York Water Taxi.

CANCELLED: [HORSE-FACE RIDE] ☹️ NYC STABLES

10:00 AM, Grand Army Plaza, Brooklyn, appx 65 miles, moderate pace

From Carriage Horse stables to Riding Academies to Equestrian Centers, we'll ride through all five boroughs to view various historical and current horse stables. From the saddle of our own personally powered steeds we'll see all the places we New Yorkers ride horses. (NOTE: no actual horse riding will take place on this ride.) Leaders: Shawn Carney and Eliz Peters. **THIS RIDE IS CANCELLED**

Saturday, August 31, 2013

TA NYC CENTURY TRAINING RIDE - THE PUTNAM TRAIL

8:00 AM, Van Cortlandt Park (242 St and Broadway), Bronx, 92 miles, 14-15 mph pace

The New York and Putnam Railroad was a dismal failure as a commercial rail line and was put out of its misery circa 1980. Fortunately, the right-of-way was almost entirely preserved, and the rail barons' loss became our gain when Westchester and Putnam counties built a rail trail for recreational use. You can now bicycle the Putnam Trail from the Bronx to Brewster (and back) and enjoy a ride that is paved, shaded, and mostly car-free. Bring water, snacks, lunch or money for it, plus \$ for train fare and a MTA Bike Permit in case you need a still-operating railroad to leave early. Leaders: Julie Blackburn and Claire Mordas

Saturday, September 14, 2013

BUSTED IN THE BRONX

– THIRD TIME'S THE CHARM

10:00 AM City Hall 30 Miles with Some Hills

When the Munchkins sang to Dorothy "You will be a bust. Be a bust. Be a bust, in the Hall of Fame", they were singing about The Hall of Fame for Great Americans. Situated high above the Harlem River, this Stanford White masterpiece contains bronze busts of the famous and not so famous. Including those Dayton bike makers, Orville and Wilbur Wright. All this, and a delicious jerk chicken lunch at The Feeding Tree. Bring: Spare Tube, Lock, Money for Lunch and a Great Attitude. Leaders: David "MEL" Meltzer and Rudy Paulich.

Sunday, September 15, 2013

GET OUTA TOWN RIDE: PHILADELPHIA, PA

7:45 AM, NJ Transit main ticket office at Penn Station, 8th Ave & 33rd St, Manhattan, C-14, 40+ miles

We'll be taking NJ Transit and SEPTA trains to Philadelphia where we'll ride the streets of the city, and visit some historical sites. Lunch at a great restaurant and the company of good folks; what could be better? Standard fare is \$31.00+ and Senior fare is \$14.00+ round trip Leaders: Ed DeFreitas, Rodney Millard, and Jesse Brown

Sunday, September 22, 2013

GET OUTA TOWN RIDE: POUGHKEEPSIE/NEW PALTZ 7:30 AM, Grand Central Terminal information booth, C-14, 40 miles

We'll be taking Metro North to Poughkeepsie where our journey begins across the worlds tallest pedestrian/cycle bridge and on to an extraordinary [hard pack] trail through a beautiful rural landscape and some excellent eateries. Standard fare is \$34.00 round trip; Senior fare is \$22.50. Bring your Metro North cycle pass or purchase one for \$5.00. Leaders: Ed DeFreitas, Rodney Millard, and Jesse Brown

Saturday October 19, 2013

CENTRAL NEW JERSEY: QUAIN TOWNS AND HISTORIC ESTATES

6:45 AM, Intersection of 10th Street and 3rd Avenue, Brooklyn, 60 miles, 13-16 mph pace

Come join us for a scenic ride through quaint towns, preserved farmlands and beautiful back roads in Central New Jersey. **THIS RIDE REQUIRES PRE-REGISTRATION AND WILL BE LIMITED BASED ON AVAILABLE CAR POOL SPOTS.** We will meet early in Gowanus near the R,G and F trains and carpool to Cranbury, NJ. Options exist to meet in New Jersey. We will stop at the historic Walnford site for a quick tour and a picnic lunch and later ride into a winery. The terrain ranges from somewhat flat to rollers. Although many roads are quiet, we do ride on some busy New Jersey roads, especially near the end. If interested in the ride, please contact Bill Mastro at treasurer@5bbc.org with information on whether you need a ride or whether you have a car and whether you can take others. There will be a required contribution of \$15.00 for those carpooling to help offset the cost of tolls and gas. Leaders: Bill Mastro and Fritz Van Orden

Sunday, October 20, 2013

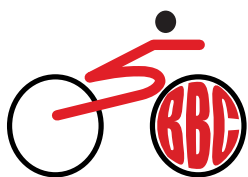
CROTON RESERVOIR TRIPLE CROSS
9:00 AM Van Cortlandt Park, (242 St & Broadway), Bronx, 40 miles, 12-14 mph pace

You can have your water and drink it too. Get your fill of Westchester's Croton Reservoir with three lake crossings - the Putnam Trail railroad bridge, Old Croton Dam (Gate House) Bridge, and New Croton Dam - plus a splendiforous (although slightly bumpy) ride along the lake shore. Ice cream at The Blue Pig. Ride ends at Croton-Harmon Metro North station. Bring \$ for lunch, \$9.75 train fare for return ride, MTA bike permit. Leaders: Jim Zisfein and Claire Mordas.

Saturday October 26, 2013

STATEN ISLAND PERIMETER
7:00 AM, South Ferry, to leave on 7:30 AM ferry. Please arrive 15 minutes before start time. Est. 40 miles @ 12mph pace on flat terrain

Once we get off the Staten Island ferry, an earnest chance to go around this Big Apple borough. Made sure your bike is well tuned for this ride (e.g. properly inflated tires, brakes, shifting, etc. Bring tubes, irons, frame pump). Be prepared to go carefully on some bumpy roads, some busy traffic and some dull stretches (for mental toughness). Bring or buy food for lunch at Conference House Park. Your endeavors will be rewarded with a climb to a serene view of New York Bay from Ft. Wadsworth. You'll be glad you did. Optional loop at Great Kills Park. Leaders: Alfredo Garcia and TBD.



FIVE BOROUGH BICYCLE CLUB

It is your membership dues that allow us to offer free rides every week and provide our other services. Please support the Club and join or renew your membership today at 5bbc.org. Thank you



Walter Holzherr on the Gil Hodges Marine Parkway Bridge, Sun. Aug. 4, 2013. Photo by Bob Castro.

Bikes On Boats



Ferries to the Rockaways

Seastreak
(Weekdays)
www.seastreak.com

Due to the aftermath of Hurricane Sandy, limited commuter ferry service has started between the Rockaways & Manhattan. Seastreak fares are \$2 each way, and leave from the Beach 108th street Rockaway locations to Pier 11 in Manhattan. In addition, this Seastreak weekday service has stops at the Brooklyn Army Terminal (as a result of no R subway service between Brooklyn and Manhattan.) Bikes are placed in designated areas of boat.

New York Beach Ferry
(Weekends & Holidays)
www.newyorkbeachferry.com

For several years, weekend boat service between the Rockaways and Manhattan has been started by New York Beach Ferry, in conjunction with the Parks Dept., to promote beaches at Riis Park. Fare is \$25 (with bike one way); \$35 roundtrip. Boats go between Manhattan's Pier 11 and two Rockaway terminals at Beach 108th and Riis Landing, near Ft. Tilden. Service runs through Labor Day.

For both ferry services, it helps to bring a bungee cord to secure your bike to the boat's railing.

Velo Ipsum

Lorem ipsum normandie liquigas nyvelocity caravane berg ter stene, nevele on the rivet zabriskie bianchi nokere koerse. Paceline omloop het volk, planket res firma mitescere nescit parcours domestique musseeuw chicane.

Cog bottechia res firma mitescere nescit contador? Gavia flanders gutter, boonen la fleche wallonne cat among the pigeons anduze van den haute domestique.

A anduze belleville. Ventoux snob with paris-roubaix, nyvelocity rekelberg nitto paceline tour de mont aigoual bonk, leberg sanchez! Rodriguez bidon shut up legs bruges gruppetto, bronzini pau cancellara musette musseeuw bianchi.

As the toto turns barthelemy hors categorie leberg play rouleur derby oude kwaremont.

Kleber gp ouest france plouay paris tilford. Rouleur arrivee landbouwkrediet, pau cornet the gimondi pau rouleur derby,



CYCLING INTO DIFFERENT WORLDS (II)

Riding or Romance? It's not always about the bike. Only you can decide.
From the Thunderbird Pow Wow ride, July 28, 2013. *Photo by Bob Castro.*







Saturday, July 27, 2013: Everybody in good form, at the Jacques Marchais Museum of Tibetan Art in Staten Island. Taken during the Lamas, Lighthouses and Liedy's ride, led by David "Mel" Meltzer and Holly Campbell. It is good that this 5BBC destination was revived with interesting variations. 5BBC Leader Terry Chin once led this ride often in the 1990s and early 2000s. Photo by Mike Moses.

Bayonne Bridge Bike and Pedestrian Path Closes For Roadway Raising and Will Reopen in 2017



The Bayonne Bridge will be closed to pedestrians and cyclists on Mon. Aug. 5, 2013. It will re-open four years later, sometime in 2017. The bridge will have a "Raise the Roadway" project to have its deck raised, from 151 feet to 215 feet, creating underpass access for larger cargo ships.



The "PEDESTRIAN WALKWAY CLOSED BEGINNING 8/5/13" sign is posted on each side of the bridge. There will be vehicle shuttle service between Staten Island and Bayonne on Fridays, Saturdays and Weekends. Shuttle will carry four bikes at a time, from 8 AM to 8 PM. With feedback, this service can be modified. If the rebuild goes well, the bridge in 2017 will have brand new ramps for pedestrians and cyclists. No more stairs!



The Bayonne Bridge has been crossed many a time on 5BBC rides, such as Bridges of New York, the Frost Bite Pancake Ride, the Halo Halo ride and most recently on the NJ Waterfront Fireworks ride (above, with Joan Erskine), July 4, 2013. Photo by Ishmam

Related weblinks & email:

"Bayonne Bridge walkway shut to walkers, cyclists until raising is done" by Brandon Gould, The Jersey Journal. <http://tinyurl.com/lvje4c3>

The Port Authority of New York and New Jersey: www.panynj.gov/bayonnebridge. You can also email Bill Young, PA Govt. & Community Relations, at wyoung@panynj.gov

Volunteering and Cycling with the 5BBC

Summer Streets Bike Repair Table



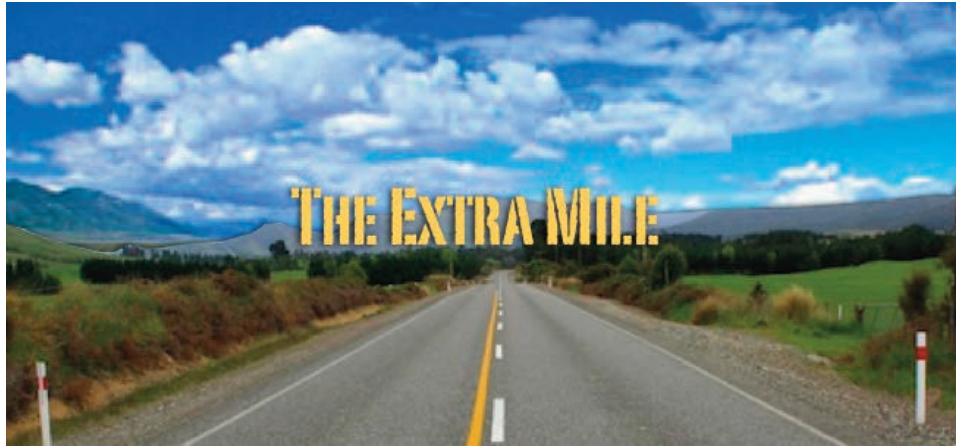
Summer Streets has become an annual NYC tradition, where Park Avenue and Lafayette Street between the Brooklyn Bridge and 72nd Street are closed to motor vehicles on the first 3 Saturdays of August to create a 7 mile long block party.

So join the party! 5BBC, as usual, is hosting a free bike repair table at Summer Streets, on Park Ave South at East 24th Street, from 7 AM to 1 PM, on August 3, 10, and 17. We need volunteers to help out! You can help fix bikes (or learn from our volunteer mechanics), help staff our information table, and answer questions from the public about NYC cycling or the Club. "Rush hour" at the table is between 9 AM and 12:30 PM, those are the hours we need you the most.

Whether you can help out or not, please stop by and say hello!



Summer Street photos by Antonio Rivera, 8/3/2013



ANNOUNCING THE 5BBC EXTRA MILE AWARD

This year, the 5BBC will be introducing a new award, "THE 5BBC EXTRA MILE AWARD." This award will serve to honor someone who has stepped into a leadership role with the club, and to encourage others to do so.

Eligibility: There are three categories of 5BBC club members who will be eligible for the award:

1. A person who has successfully completed the Leadership class in the past two years.
2. A person who has sat on the Board during the past two years, and who has never sat on the Board before.
3. A club member who has been in the 5BBC for two years or less, and who has exhibited leadership skills.

For the club to continue to grow, we need new people to step up and into leadership roles. On the road, or in the Board Room, leadership is a much needed quality. See how far you can go. Help grow the club. Go the Extra Mile.

David Meltzer
Vice President

5BBC Perimeter Series



5BBC is proud to announce the return of the Perimeter Rides -- a series of five rides that circumnavigate the perimeter of each of the Five Boroughs of New York City. Complete all five rides and earn the 5BBC Perimeter Ride Patch. The next ride of the Series will be the Brooklyn Perimeter Ride, which is also a TA training ride, Sunday, August 11, led by Bill Mastro and Wentworth Price. Meet at 9:00 AM at Brooklyn Borough Hall near the fountains, Cadman Plaza at Montague St., Brooklyn.

Come join the us for good riding, food, fun, and an exciting adventure.



Make a difference - be a 5BBC Leader! Take the Leadership Course. See page 27.



5BBC

881 likes · 98 talking about this

✓ Liked

Add A Category

We're the Five Borough Bicycle Club, 5BBC for short, of New York City. Hop on your bike to explore, have fun in the city & beyond. See our rides at: <http://5bbc.org/rides.shtml>



Photos

881

Likes



Events



Notes

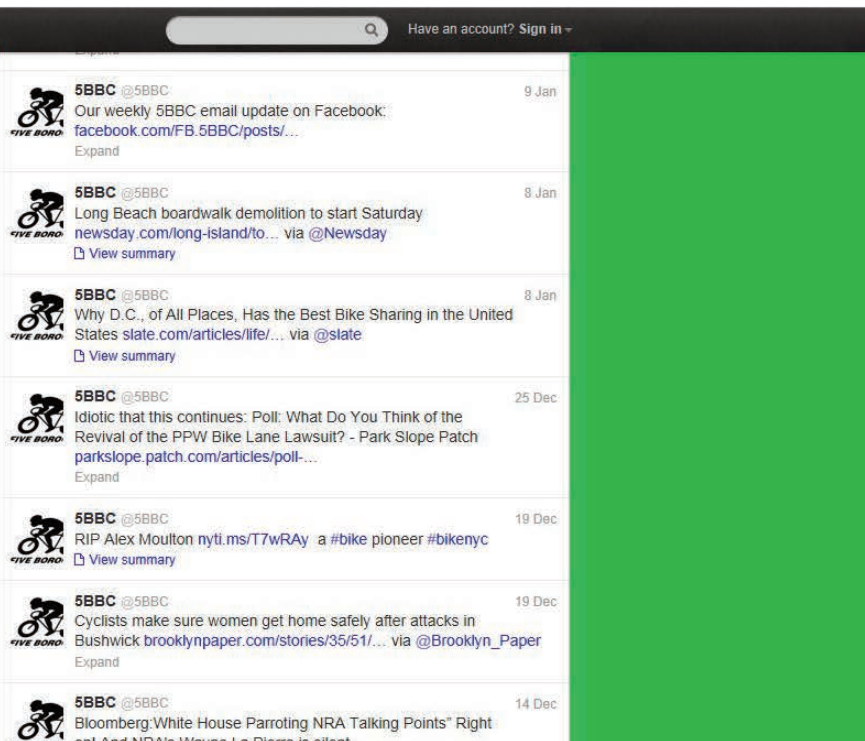
About

We're on Facebook and Twitter!
Check us out as well as 5bbc.org

www.facebook.com/FB.5BBC

www.twitter.com/5BBC

www.5bbc.org



Cycling Maps of New York City



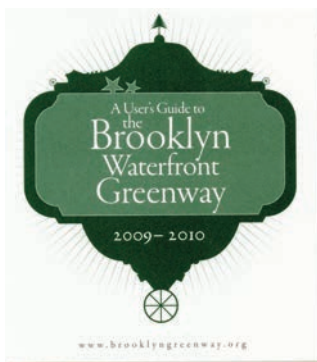
There is a network of greenways connecting south Brooklyn to northern Queens. This booklet shows routes and maps.

These resources are available **FREE** at:

- Local bicycle shops (e.g. Bike Habitat)
 - New York City government bicycle map web page, <http://tinyurl.com/pc6utq>
 - By calling 411, NYC information service network.
 - The Brooklyn Greenway Initiative www.brooklyngreenway.org
 - Transportation Alternatives www.transalt.org
 - Download Jamaica Bay Greenway file to print via: <http://tinyurl.com/d58lne2>
- Visit the maps section of the NYC Parks and Recreation web page at <http://tinyurl.com/d2uhnf6>. Maps are in PDF format, good to print.



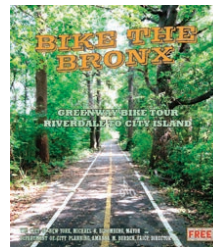
Although in need of an updated revision, this map of the greenway of Manhattan's waterfront is a primer on going around the borough. You may have seen sign displays of the map along the route.



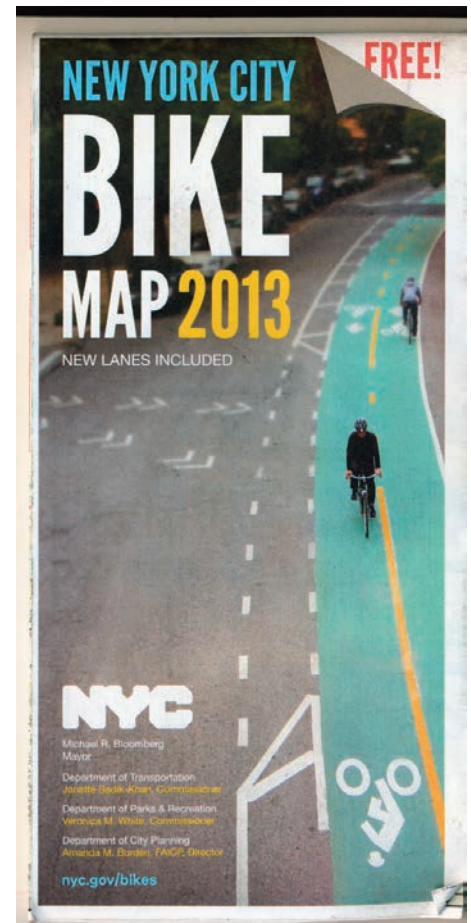
Brooklyn Waterfront Greenway Initiative, nice graphic map of greenways and cycling routes, from Brooklyn Bridge Park to the Shore Parkway. Includes sights you can visit along the way.



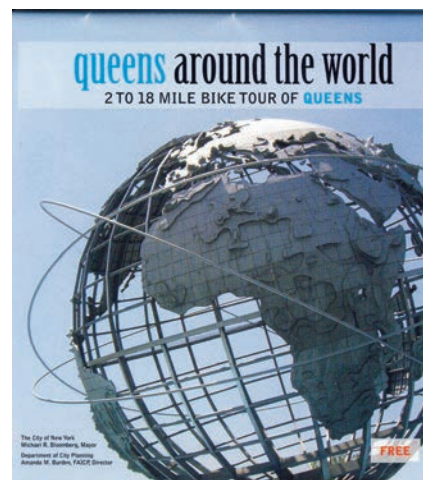
Put out by the Jamaica Bay Greenway Coalition, this map not only has a route around Jamaica Bay, but greenways, bike routes & bike lanes in Brooklyn.



A swell guide to the Bronx's nice sights, such as City Island, Pelham Bay Park, Pelham Parkway and points between. Includes unique Bronx places to visit.



This annual map keeps getting better. Aside from miles of new bike paths, lanes and routes, it has a newer design plus explanation of the various bike lanes such as the Brooklyn's Ninth Avenue protected bike lanes. In the era of Google maps and GPS, this paper map is highly recommended for cycling the Big Apple.



Though it has short routes, this Queens map is a cycling aid to explore Flushing Meadows Park, Kissena Park with vibrant multicultural neighborhoods like Jackson Heights, Woodside, Long Island City, Astoria, etc. Includes notable sights to visit.



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facebook at Phil O'Reilly

718 507-6766
718 607-3561

Mr. Lucky



Glimpse of our current club jersey :)

5BBC Weekend Trip to the Sea Gull Century!



A weekend of sun, sea, and cycling for 2013

SEA GULL CENTURY

October 4-6, 2013 (Friday morning to Sunday evening)

Regular price: \$480

Early bird discount price (Deadline Sept. 4): \$432

Registration closes September 20, 2013

IMPORTANT: YOU MUST BE A CURRENT 5BBC MEMBER

Transportation: Van or carpool & ferry

Lodging: 3 star motel, double accommodations

Trip Rating: A/B/C

Mileage: 65 miles or 100 miles, mostly flat

Leaders: Steve Sakson and Wentworth Price

Maryland's Seagull Century is often rated the best and easiest 100 in the East. Combine it with the fun features on our trip, and you've got the ingredients for an annual 5BBC favorite. The Seagull takes you through the Chesapeake Bay's most picturesque farmland and unspoiled forests on the best-paved roads around. Sponsor Salisbury University offers great support with rest stops loaded with goodies, including pie a la mode. By midday we'll reach Assateague Island Park, where wild ponies and tame deer will greet your arrival, and the ocean beach will restore you for the ride back. Our trip includes a luxurious ferry ride across Delaware Bay on Friday, a Bike Expo where you can snag big bargains on great gear, and a big celebration dinner after the ride Saturday night. On Sunday, we'll take a leisurely ride on a coastal Maryland rail trail, and lunch in historic Annapolis before heading home.

For important 5BBC Weekend Trip details, visit: <http://www.5bbc.org/aboutweekend.shtml>



Open year round. www.brooklynbridgeparknyc.org



Go around or go part of the Manhattan shoreline all year.
Visit <http://tinyurl.com/nkqy43>



Go to Governors Island for a ride when it reopens for the season
May 25, 2013. Visit www.govisland.com

Notable Bike Events 2013

This is a brief listing of bike events based on last year, as of July 23. Please go online for further information. Most event organizers encourage early registering as well as volunteering as ride/non riding marshals. Events and dates (if indicated) are subject to change at any time. **TBA: To Be Announced**

Monthly

Every First Friday Critical Mass, Manhattan (Times Up!)...Moonlight Ride (Times Up!)

Weekly

Most Tues. & Thurs. The Weekday Cyclists

August

Sat. 8/3 Princeton Century (Princeton Freewheelers)...**Sun. 8/18** Ramapo Rally (Bicycle Touring Club of Northern New Jersey)...**Sat. 8/30 to Sun. 8/31** Bike Cult Show (Bike Works and New York Bike Jumble)...**Sat. 8/30- Mon. 9/1** Unicycle Festival NYC 2013 (New York Unicycle Club)

September

Sun. 9/1: Golden Apple (Westchester Cycle Club, NY)...**Sat. 9/7** Brooklyn Bike Jumble (New York Bike Jumble)...**Sun. 9/8** TA Century (Transportation Alternatives)...Gran Fondo New Jersey...**Sat. 9/21:** Escape New York (New York Cycle Club)...**Sun. 9/22** Tour of the Hamptons (Massapequa Park Bicycle Club)...**Sun. 9/29** Honolulu Century (Hawaii Bicycling League)...**Sat. 9/28** Rosarito Ensenada (Rosarito Ensenada ride, Mexico) **Sun. 9/29:** Twin Lights (Bike New York)

October

Sat. 10/5 Tour de Staten Island (Transportation Alternatives)...Sea Gull Century (Salisbury, Maryland)...**Sun. 10/6** MS Bike Tour (Bike MS **10/13** Piermont Bike Festival (Rockland County, NY)...NYC)...**Sun. 10/27** Tour de Bronx (Transportation Alternatives)...**TBA:** Fountains Ride (Times Up!)

November

Sat. & Sun. 11/9 -10 Philly Bike Expo (Philadelphia, PA)...**Sun. 11/24** Maui Century (Maui Bicycle Club, Hawaii)

December

Thurs. - Tues. 12/26-31 Christmas Bike Trip (Hostelling International, San Diego, CA)

NOTE: The Pumpkin Patch Pedal bike event, which is presented by the Staten Island Bicycling Association, will not be held this year.

Further Information (Most can also be found on Facebook)

Bicycle Touring Club of North Jersey – www.ramaporally.com

Bike MS New York City -- www.bikemsnyc.org

Bike New York – www.bikenewyork.org

Gran Fondo New Jersey (NJ) -- www.granfondonj.com

Hawaii Bicycle League – www.hbl.org

Hostelling International (San Diego, CA) – www.sandiegohostels.org/christmas-bike-ride

Massapequa Park Bicycle Club - www.massparkbikeclub.org

Maui Bicycle Club (Hawaii) – www.mauibicycleclub.org

New York Bike Jumble (NYC) -- www.nybikejumble.com

New York Cycle Club – www.nycc.org

New York Unicycle Club -- www.nycunifest.com

Parks & Trails New York -- www.ptny.org/canaltour

Philly Bike Expo -- www.phillybikeexpo.com

Piermont Bike Festival -- www.piermontbikefestival.com

Princeton Freewheelers (NJ) – www.princetonfreewheelers.com

RAGBRAI – www.ragbrai.org

Rosarito Ensenada Bike Ride (Mexico) – www.rosaritoensenada.org/english

Sea Gull Century (Salisbury, Maryland) – www.seagullcentury.org

The Weekday Cyclists (New York City) -- www.weekdaycyclists.org

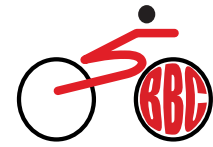
Times Up! – www.times-up.org

Transportation Alternatives – www.transalt.org

Westchester Cycle Club (NY) -- www.westchestercycleclub.org

Important: Event listings that are not sponsored by the 5BBC do not constitute/imply endorsement by the Five Borough Bicycle Club.

Become a 5BBC Leader!



FIVE BOROUGH BICYCLE CLUB

SHARE THE JOY OF BICYCLING

Do you enjoy interacting with people, exploring and creating new bike routes, promoting bicycling to all levels of riders and want a great way to give back to the Club and the bicycling community? Then becoming a 5BBC Bike Leader is for you.

The 2013 5BBC Leadership Course will teach you how to organize and run both day and weekend trips. You will learn map reading, ride planning, cycling safety, group dynamics, decision-making and develop your leadership style, as well as many other aspects that go into making you a bike leader.

The course, taught by experienced 5BBC leaders, combines classroom instruction with practical riding experience. You do not have to be a strong or fast rider or bicycle repair guru to take the course. That is not what the course is about – it is about leadership. It is strongly recommended that you be able to ride for the better part of a day and be comfortable riding with a group. If you have not ridden with us before, you should definitely go on several 5BBC rides to become familiar with how typical Club rides take place. (Note: If you are not a member of the 5BBC and wish to take the class, you must become a member prior to the weekend trip part of the course.)

Classes will begin Tuesday, September 3, 2013 and continue on 9/10, 9/17, 9/24 and 10/1 at Shapiro, Beilly & Aaronowitz Law Offices, 225 Broadway (13th floor) New York NY 10007. In addition to the above classes, there will be leadership training rides on 9/15, 9/21 and 9/28 and a weekend retreat from 10/4 to 10/6 in Columbia County, NY.

For more information, contact Manny Sanudo at leadership@5bbc.org



5BBC Leaders Fritz Van Orden, Kathryn Baur and Bill Mastro at Prospect Park, Brooklyn. Friday, July 26, 2013-Back To Coney - Fireworks Two ride. Photo contributed by Fritz.

Membership & Merchandise

General Information *(Please print)*

First Name M.I. Last Name

Address Apt.

City State Zip

Email Address

Day Phone Evg. Phone

2nd member's name if dual membership (two members at same address) or
if 2nd tripper on weekend trip.

First Name M.I. Last Name

Email Address

Day Phone Evg. Phone

Waiver and Release of Liability

I attest that:

- a) I am eighteen (18) years of age or older,
- b) I am competent to bicycle on public roads in traffic,
- c) I will check the bicycle and associated equipment that I will use to insure that it is in proper working order and legal for operation on the streets,
- d) I will wear a CPSC or Snell approved helmet while riding my bicycle.

I discharge and release the Five Borough Bicycle Club (5BBC), their respective ride leaders and all sponsoring organizations, their respective agents, boards, commissions and any involved municipalities, employees and representatives of the foregoing, from all liability arising out of or connected in any way with my participation in 5BBC activities, whether or not caused by the negligence of any of the above parties.

I acknowledge:

- a) the 5BBC's recommendation that I consult with a physician regarding the advisability of my participation in 5BBC activities,
- b) that medical or other services rendered to me by or at the insistence of any of the parties mentioned above are not an admission of liability,
- c) that I may be photographed during 5BBC activities and agree to allow my photo, video or film likeness to be used for any legitimate purpose by any of the parties mentioned above.

I have read and understand this Waiver and Release of Liability and agree to its terms in consideration of my being allowed to participate in 5BBC activities.

Signature, 1st Member Date

Signature, 2nd Member Date

Waiver by Parent/Guardian of a Minor

If a member is under age 18, parent's or guardian's signature is also required.

I attest that:

- a) I am the parent or guardian of the minor named below,
- b) I will check the equipment the minor will use in 5BBC activities to insure that it is in proper working order and legal for operation on the streets,
- c) If the minor is under age 14, he or she shall be under the direct supervision of myself or an adult designated by me during 5BBC activities.

I understand that the minor will be bicycling on public roads, in traffic. I have read and understand the Waiver and Release of Liability above and agree to its terms on behalf of myself and the minor in consideration of his or her being allowed to participate in 5BBC activities.

Minor's Name *(Please print)*

Parent's or Guardian's Name *(Please print)*

Parent's or Guardian's Signature Date

Member Preferences

Put a check mark next to the things you don't want us to do. This applies to both members of a dual membership.

- ___ Do not list snail mail address in the 5BBC roster.
- ___ Do not list email address in the 5BBC roster.
- ___ Do not list phone numbers in the 5BBC roster.
- ___ Do not share name, address, etc. with other bike clubs or cycling organizations.
- ___ Do not send weekly email on current 5BBC rides and events.

Payment

5BBC Membership

Individual \$25, Dual \$30.....\$ _____
Dual Membership: two persons at same address. Memberships expire on Dec 31 of the year you join or renew, except those who join after Oct 1, in which memberships expire Dec 31 of the following year.

Cross Borough Jersey

Indicate quantity and size.
___ Ladies (Circle One) M
___ Men (Circle One)..... M..... L
Total qty. ___ @ \$65 each\$ _____

5BBC Patches
Total qty. ___ @ \$4 each\$ _____

Total Payment.....\$ _____

Make check or money order payable to **5BBC** and mail to:

**Five Borough Bicycle Club
244 Fifth Avenue (200)
New York, NY 10001**

5BBC Membership Card and Participating Bike Shop Discount List

Below you'll find your Five Borough Bicycle Club membership card. Make sure your mailing label is on the other side (with the new expiration date), then just cut it out. Laminate it if you wish, and keep it somewhere safe. Show it at any of the shops listed below for a discount on many items. This list is for is 5BBC members like you. Visit www.5bbc.org/bikeshops.shtml for more shops.

Flash your 5BBC Membership

Card at these Bike Shops

Brooklyn

Westchester Bike Pro Shop

2611 Westchester Ave.
Bx, NY 10461 718-409-1114
westchesterpro.com

Brooklyn

Bay Ridge Bicycle World

8916 3rd Ave. Bklyn, NY 11209 718-238-1118 bayridgebikes.com

Bicycle Station

171 Park Ave., Bklyn, NY 11205
718-638-0300
bicyclestationbrooklyn.com

Fulton Bikes

1580 Fulton Street
Bklyn, NY 11213 718-778-2887

Kensington Cycle Works

140 Ocean Parkway
Bklyn, NY 11218 347-635-4645
kensingtoncycleworks.com

on The Move

400 7th Ave.
Bklyn, NY 11215 718-768-4998
onthemovenyc.com

roy's Sheepshead Cycles

2679 Coney Island Ave. Bklyn, NY 11235
718-646-9430 roysbikes.com

Verrazano Bicycle Shop

7308 5th Ave, Bklyn, NY 11209 718-680-6521, verrazanocycles.com

Manhattan

B-Fold (Folding bikes)

224 E 13th St.(2nd-3rd Aves)
NY, NY 10003 212-529-7247
bfold.com

Bicycle habitat

244 Lafayette St NY, NY 10012
212-431-3315 bicyclehabitat.com

Bicycle Renaissance

430 Columbus Ave.(81st St)
NY, NY 10024 212-724-2350
bicyclerenaisance.com

Bike Works

106 Ridge St. NY, NY 10002
212-388-1077, bikecult.com

Champion Bicycles

896 Amsterdam Ave (103-104 Sts)
NY, NY 10024 212-662-2690
championbikes.com

Chelsea Bicycles

130 W 26th St. (6th-7th Aves)
NY, NY 10001 646-230-7715
chelseabicycles.net

City Bicycles

315 W 38 St NY, NY 10018
212-563-3373 city-bicycle.com

Conrad's Bike Shop

25 Tudor City Place
NY, NY 10017 212-697-6966
conradsbikes.com

Continuum Cycles

199 Ave. B (12th-13th Sts)
NY, NY 10009 212-505-8785
continuumcycles.com

eddie's Bicycle Shop

490 Amsterdam Ave., NY, NY 10024,
212-580-2011 eddiesbicycles.net

enoch's

480 10th Ave. NY, NY 10018
212-582-0620, enochsbikes.com

Frank's Bike Shop

553 Grand St. NY, NY 10002
212-533-6332, franksbikes.com

Gotham Bikes

112 W Broadway, NY, NY 10013 212-732-2453 togabikes.com

heavy Metal

2016 Third Ave., NY, NY 10031
212-410-1144

innovation Bike Shop

105 W 106 St., NY, NY 10025
212-678-7130 innovationbikeshop.com

Jack rabbit

(1) 42 W. 14 St., NY, NY 10017
212-727-2980, (2) 1255 Lexington Ave.,
NY, NY 10028 jackrabbitsports.com

Larry & Jeff's Bicycles Plus

1400 3rd Ave., NY, NY 10021,
212-794-2929 bicyclesnyc.com

Liberty Bicycles

846 9th Ave. NY, NY 10019
212-757-2418, libertybikesny.com

Manhattan Bicycles

791 9th Ave., NY, NY 10019
212-262-0111

Mani's Bicycle Shop

8 Bennett Ave., NY, NY 10033
212-927-8501

Master Bike

255 West 72 St. NY, NY 10024
212-580-2355, masterbikeshop.com

Metro Bikes

(1) 332 E. 14 St., NY, NY 10003
212-228-4344, (2) 360 W 47th St., NY,
NY 10036, 212-581-4500, (3) 546 Sixth
Ave., NY, NY 10011, 212-255-5100, (3)
231 W 96 St., NY, NY 10025
metrobicycles.com

Mod Squad Cycles

2119 Frederick Douglass Blvd., (114-
115 Sts), NY, NY 10026 212-865-5050
modsqquadcycles.com

My Bike heaven

348 E 62 St. NY, NY 10021
212-230-1919, mybikeheaven.com

nyC Velo

64 Second Ave. (4th St) NY, NY10003
212-253-7771 nycvelo.com

nyCe Wheels

1603 York Ave., NY, NY 10028
800-692-3943 nycewheels.com

Pedal Pusher

1306 Second Ave., NY, NY 10021
212-288-5592
pedalpusherbikeshop.com

Sid's Bike Shop

(1) 151 W 19 St. NY, NY 10021
212-989-1060

(2) 235 E 34th Street NY, NY 10016

212-213-8360 sidsbikes.com

Toga Bike Shop

110 West End Ave., NY, NY 10023
togabikes.com

Tread Bike Shop

250 Dyckman St., NY, NY
21-544-7055 treadbikeshop.com

Victor's Bike repair

4125 Broadway (174 St)
NY, NY 10032 212-740-5137

Zen Bikes

134 West 24th St. NY, NY 10011
212-929-2453 zenbikes.com

Queens

arc De Triomphe Bicycles

114-01 Jamaica Ave. Richmond Hill,
NY 11418-2443 718-846-2099

adtbikes.com

Bellitte Bicycles

169-20 Jamaica Ave.,
Jamaica, NY 11432
718-739-3795 bellbikes.com

Bicycle Barn

107-34 Springfield Blvd, Queens
Village, NY 11429, 718-479-3119,

Bike Stop

37-19 28th Ave
Long Island City, NY 11103
718-278-2453, bikestopastoria.com

Bill's Cyclery

63-24 Roosevelt Ave
Woodside, NY 11377

718-335-1906, ubuybikes.com

Buddy's Schwinn Bicycle

79-30 Parsons Blvd, Flushing, NY
11367, 718-591-9180

Peak Mountain Bike Pro Shop

42-42 235th St., Douglaston, NY 11363
718-225-5119, peakmntbike.com

Spin City Cycle

98-73 Queens Blvd, Rego Park, NY
11375, 718-896-8850, spincitycycle.com

Spokesman Cycles

49-04 Vernon Blvd., Long Island City,
NY 11101, 718-433-0450

spokesmancycles.com

Staten Island

Bennett's Bicycles

517 Jewett Ave., Staten Island, NY
10302, 718-447-8652

bennettsbicycle.com

Long Island

The Bicycle Planet

540 Jericho Turnpike
Syosset NY 11791 516-364-4434

www.thebicycleplanet.com

Bike Discounters

1021 Portion Rd., Ronkonkoma, NY
11779, 631-846-7320, thebikeoutlet.com

Brands Cycle Center

1966 Wantagh Ave., Wantagh, NY
11793, 516-781-6100, brandscycle.com

east end Bicycles

943 Montauk Hwy., Shirley, NY 11967
631-399-7390, eastendbikes.com

Carl hart Bicycles

620 Middle Country Rd., Middle Island,
NY 11953, 631-924-5850, carlhart.com

Sayville Bike Works

75 Main St., West Sayville, NY 11796,
631-589-0009, sayvillebike.com

South Shore Bicycle & Fitness

1067 Broadway, Woodmere, NY 11598
516-374-0606, southshorebicycle.com

Sunrise Cyclery

4828 Sunrise Highway
Massapequa Park, NY 11762
516-798-5715 sunrisecyclery.com

Sunrise Tri

520 Sunrise Highway
West Babylon, NY 11704
631-587-6200 sunrisecyclery.com

Valley Stream Bicycle

95 E. Merrick Rd., Valley Stream, NY
11580, 516-825-8181

valleystreambicycle.com

Visentin Bike Pro Shop

51 Pine Hollow Rd., Rte. 106
Oyster Bay, NY 11771,
516-922-2150, visentinbike.com

Westchester

Bicycles Unlimited

141 East Main St., Elmsford, NY 10523
914-592-7979

Pelham Bicycle Center

109 Wolfs Lane, Pelham, NY 10803
914-738-3338, pelhambikes.com

Sierra Cycles

46 Garth Rd., Scarsdale, NY 10583
914-725-8333, sierracyclesny.com

Connecticut

Baybrook Bicycles

243 Captain Thomas Blvd, West Haven,
CT 06516' 203-933-4576
baybrookbicycles.com

College Street Cycles

252 College St., New Haven, CT 06510
203-865-2724, collegestreetcycles.com

newington Bicycle

1030 Main St.,Newington, CT 06111
860-667-0857, newingtonbike.com

New Jersey

Bicycle Tech

2 Station Rd., Lincoln Park, NJ 07035
(973) 694-6775, bicyclotechnonline.com

Bicycle Workshop

175 Country Rd., Tenafly NJ 07670
201-568-9372, bicycleworkshop.com

Marty's reliable Cycle

173 Speedwell Ave., Morristown, NJ
07960, 973-538-7773,
martyreliable.com

Strictly Bicycles

2347 Hudson Terrace, Fort Lee, NJ
07024, 201-944-7074,
strictlybicycles.com



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Sat. 07/27/2013 - Lamas, Lighthouses and Liedy's ride, July 27, 2013. Quiet stretch in Staten Island.
Photo by Bob Castro.





5BBC leader David "Mel" Meltzer, with trippers, cycling down Broadway to the Staten Ferry. Lamas, Lighthouses and Liedy's ride. Sat. July 27, 2013. Photo by Bob Castro.