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BICYCLE   ER

Publication of the Five Borough Bicycle Club • November 2013 • www.5bbc.org



Sat., Oct. 26, 2013. Phil Goldberg and trippers on the Beer Geeks Tour of Brooklyn ride. Photo by Bob Castro

Andrew Jones, Winner of Raffle for Danny's Bike



I grew up in Norwich, England, just down the road from the legendary bike designer Mike Burrows whom I have had the pleasure to meet on a few occasions, and was used to seeing his weird and wonderful creations on the streets. By the age of 16 I was riding almost everywhere I needed to go. This trend was reinforced through college in (Old) York and Birmingham (UK), and has continued my whole life. I did not learn to drive until my early 20s, and did not own a car until I lived in Spain in my late 20s and cycle commuting was not feasible for a couple of years.

In 1994 I moved to Tucson to develop an instrument that was deployed at the Amundsen Scott South Pole Station. A trusty Trek 8000 was my only means of transport in Tucson, and coming from Europe, I have to tell you, that riding in 100+ degree heat was something I had never dreamed of. However going from that to -60 in Antarctica was another shock to the system, but at the South Pole Station we had a couple of Trek bikes and I "rode round the world" a several of time while there.

Returning State side I moved to Los Angeles and happily cycle commuted (<http://tinyurl.com/lbjyao>) both on a Trek and an ICE recumbent Trike for about 10 years before moving to Boulder, CO.

I still bike commute most days (when it is not flooding!), but added a Moulton TSR-27 to the "stable" last year, and absolutely love it, so much so that I probably ride more miles on it than the trike.

There is no way that I can live up to Danny's example of public activism. I am not a "group" person, either socially or riding, but I do my best quietly advocating for human power as the perfect means of transport for almost all situations, and trying to lead by example. And that I certainly will happily maintain the tradition of cycling to great-places to eat (<http://tinyurl.com/lwvj86f>).

Please know that Danny's Moulton will see many many happy miles in Colorado, wherever our travels take us.

To Our Members



5BBC President Liz Baum

Elections have come and gone and I am back for another. It was just a year ago that Danny died and we have another gang of leaders for the club, thanks Manny.

Now having said that, we still need volunteers for open positions on the board.

We hope members will renew membership and fellowship at our annual upcoming holiday party on December 14th.

Hopefully, the winter is warm and dry so all our rides can go forth.

Leaders go forth and lead, with a tube in your pocket, helmet on head and the wind on your back, go forth, go forth, go forth.



FIVE BOROUGH BICYCLE CLUB



FIVE BOROUGH BICYCLE CLUB

2013 Executive Board

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and Phil Goldberg
info@5bbc.org
MEMBERS-AT-LARGE

Vacant
WEBMASTER

Vacant
Bicycle COURSE

Don't Worry, Be Happy ☺ ☺ ☺ ☺ ☺ ☺ ☺ ☺ ☺ ☺ ☺ ☺ ☺ ☺ ☺

Looking to get into or return to cycling? It's not too late. Five Borough Bicycle Club offers a variety of rides led by trained 5BBC leaders.

We're eager to share the joys of cycling with newcomers and returnees as well as active trippers. How about you? Some of our rides are suited for beginners. See the Day Trips listings with a happy face symbol ☺. Rides range from 20 to 30 miles, go at a

leisurely pace and attract cyclists like you. Make sure your bike is in good working order—adequate tire pressure & brakes that work well.

Carry at least one spare tube, tire irons, a pump, patch kit and lock. Most important: wear a cycling-specific helmet approved by either CPSC or Snell. Ride smart & have adventurous spirit.

About Day Trips

Day trips are free rides in and around New York City. Rides are open to responsible cyclists, both 5BBC members and non-members. No advance sign-up is required. Rides are led by trained, experienced 5BBC leaders. Unless noted, the Point-Drop-Sweep system is used, in which leaders ride at the front and rear of the group, keeping cyclists together. This system accommodates a wide range of paces within one ride. Riders generally receive a map or cue sheet of the route. Rest and lunch stops are planned. Unless otherwise stated, day trips return to the starting point at the end of the ride.

Riders are required to wear a cycling-specific helmet approved by CPSC or Snell, and are required to have a legally equipped bicycle, including working brakes, a bell or horn, and front and rear lights for night rides. Bicycle gear should include at least one water bottle, a pump, spare tube or patch kit, basic tools, and a lock. Dress for the season, including temperature variations of 15-20 degrees in either direction from the temperature at the starting time. Bring lunch or money for it, plus money for admission fees and railroad tickets as needed; an area map is also suggested. Motorized vehicles and headphones are not permitted.

At the discretion of the leaders, rides may be cancelled due to bad weather.

Participants under age 18

Young cyclists are welcome on our day rides provided the parent/guardian signs a waiver of liability at the start of the ride and accompanies the youngster on the ride or designates another adult to do so.

NEW! For cyclists age 14-17 who are responsible enough to ride without a chaperone, we offer an additional option: the parent/guardian can print and sign a special waiver* for the teenager to bring to the start point.

*Waiver available online at:
www.5bbc.org/minor_waiver.pdf

Bicycle Helmet Standards

“Snell” refers to bike helmet standards set by the Snell Foundation, founded in 1957. The organization was named after race car driver Peter Snell, who died in an auto accident wearing a poorly designed helmet. Snell has what is considered the toughest standards for helmets, especially for bicycling.

“ANSI” refers to the American National Standards Institute. In 1984, it set standards that adhere to manufacturing bicycle helmets. ANSI standards were replaced by the American Society for Testing and Materials (ASTM), until 1995. There are no ANSI-standard helmets today.



Current helmet standards are set

by the Consumer Product Safety Commission (CPSC), an independent Federal regulatory agency. CPSC certification for bike helmets replaced ASTM, March 1999.

Please wear a CPSC or Snell bicycle-specific helmet on 5BBC rides. Bike helmets are to be replaced: a) when damaged in an accident; b) after 3-5 years, helmets lose impact effectiveness.

For more information, visit the Bicycle Helmet Safety Institute, www.bhsi.org.



*Cover: Sat. October 19, 2013: David “Mel” Meltzer and new 5BBC leader Joseph Hom, on the Central NJ Quaint Towns and Historic Estates ride. Photo by Adam DZ. Above: The Cannondale “Quick” 2013 helmet.

Bicycletter November 2013

Contributors:

Contributors: Adam DZ, Bob Castro, Ed Pino, Jim Zisfein, Lynette Chiang, etc.



A well-worn JJ Sempe mural above a Metro Bike shop that will be out of business. The fate of this work of cycling art afterwards is unknown. Photo by Alfredo Garcia.

About the Five Borough Bicycle Club

The Five Borough Bicycle Club is a 501(c)(4) non-profit corporation organized in the State of New York exclusively for charitable, educational, and recreational purposes. We encourage people to enjoy the sport of non-competitive cycling, through our bike rides, weekend trips and general meetings. Bicycle club programs include bicycle trips, education, and special events. General Meetings are open to the public and usually held monthly. Please check the Bicycletter, the website www.5bbc.org, as well as our facebook and twitter pages for exact dates and locations. You can also contact the Five Borough Bicycle Club Programs Coordinator at programs@5bbc.org.

Executive Board Meetings, which are open to club members who have contacted the club President or Vice President prior to the meeting, are usually held on the first Monday of each month.

Five Borough Bicycle Club membership is \$25, or \$30 for two (2) members of the same household, is valid through December 31, 2013*

*Membership initiated after October 1, 2013 is valid through December 31, 2014.

Submissions to the Bicycletter are heartily encouraged, on CDs, flash drives or even 3.5" diskettes, accompanied by hard copy; or email newsletter@5bbc.org. Please limit articles to 300 words. Classified ads are free to members.

Views expressed in the Bicycletter do not necessarily reflect those of the 5BBC.

Deadlines for submissions to the Bicycletter are usually the first day of the month prior to the issue. Submissions may be edited for clarity and/or space. The deadline for submissions for the December 2013 issue is: Saturday 23 November 2013

Bicycletter
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Bicycletter
November 2013
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Editor: Alfredo Garcia

Mailing address:
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244 Fifth Ave. (200)
New York, NY 10001

5BBC Rides Meeting Places

City Hall

South of Chambers & Centre Streets, directly across from Brooklyn Bridge entrance, Manhattan, Horace Greeley statue. Subways: 2 3 to Park Place, R W to City Hall, 4 5 6 to Brooklyn Bridge/City Hall, J M to Chambers St.

Grand Central Terminal

Enter @ East 42nd St. & Park Ave., Manhattan. Inside head to information kiosk in center. Subways: 4 5 6 7 S to Grand Central.

Metro North 125th St. Station

Elevated rail platform station, 125th St., Park Ave., Manhattan. Subways: 4 5 6 to 125th St.

Prospect Park (Grand Army Plaza)

Flatbush Ave. @ Eastern Parkway, Bklyn. Near benches at entrance to park. Subways: 2 3 to Grand Army Plaza, F Q to 7th Ave., R to Union St.

RING Garden

Broadway at Dyckman St., in Manhattan. Subways: A 1 to Dyckman Street.

South Ferry

Bike waiting area, outside lower level of Whitehall terminal of Staten Island Ferry, Manhattan. Subways: 1 to South Ferry, R to Whitehall St., 4 5 to Bowling Green. 2 3 A C E nearby

Statue of Civic Virtue (former site at Kew Gardens)

Northside corner, Queens Blvd. & Union Turnpike @ Statue of Civic Virtue, Queens. Subways: E F to Kew Gardens, Union Turnpike.

World Trade Center PATH station

Entrance, West Broadway and Vesey St., Manhattan. Subways: A C E to Chambers St/World Trade Center, R to Cortlandt St., 1 to Chambers or Rector St, 2 3 to Park Place, 4 5 to Fulton St.

For a comprehensive list of ride locations, visit:
www.5bbc.org/meetingplaces.shtml

Sunday 27 October 2013: Beautiful blue skies and clouds over at the Walkway Over the Hudson, Poughkeepsie, NY. From the Oh! Oh! Daddy-O's New Get Outa Town ride. Photo by Jim Zisfein.



5BBC-Day Trips November 2013



NOTE: There may be rides not listed in the Bicycleletter. Please check the club web at www.5bbc.org/rides and/or bulletin board or club weekly emails. Also visit www.mta.info for subway schedule updates.

Saturday, November 2nd, 2013

NJ SHORE AND FOLIAGE

7:15 AM, World Trade Center PATH, downstairs on the right before turnstiles for 7:27AM train leaving for Newark, arriving 7:47AM Harrison (or at Harrison RR station if you advise leaders in advance). 82 miles, Quik Spin, 18 MPH on the flats. Mostly flat terrain; some steep residential areas

Enjoy near-peak foliage, interesting and varied cycling, neat sights, and mostly flat mileage with minimal stops. Nice route includes rivers, bays, shore, beaches, bike paths, woods, rural, lighthouses, Victorian mansions. An invigorating pace, with substantial mileage. Finish in Belmar, NJ (near southern end of NJT RR Shore Line). Optional casual dockside seafood dinner a few blocks from our RR station return. Riders must be capable of independent riding, following a cue sheet, riding at least 25 miles between planned rest stops, and a bit handy in case of bike issues. Please email leaders at srodetis@earthlink.net if interested in joining. Route and cue sheet will be provided in advance to accepted riders, in time for GPS-savants to follow/input. Dress appropriately and layered for the weather. If forecast is really inclement we will cancel and post by 9PM 11/1. Front & rear lights required (see and be seen). Bring safety/reflective gear, adequate hydration, snacks/treats/sports powder for between stops, and the usual tubes, pump, tools, levers, etc. Bring cash for local meals, services (small shops often don't take credit cards). PATH train = \$2.50. Return NJT rail to NY Penn from Belmar = \$15.50 (less from stations further North) or Seastreak/Highlands Ferry \$26+5. Leaders reserve the right and responsibility to "vet" folks interested to make sure it's the correct ride for their abilities and interests and safety of all. Cross-listed with NYCC. Leaders: Susan Rodetis, Steve Vaccaro

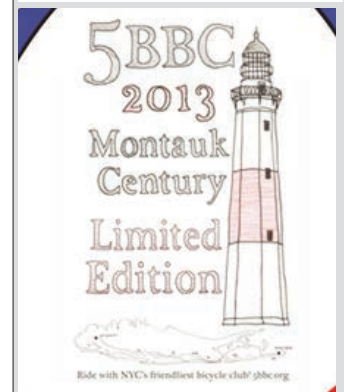
GO DUTCH

9:30 AM, Grand Army Plaza (entrance to Prospect Park), Brooklyn, 35 miles, urban touring pace

The Dutch settled Brooklyn and there are still some very old homes, many of Dutch origin,



FIVE BOROUGH BICYCLE CLUB



Limited edition 2013 Montauk Century cycling jersey. See page 8.





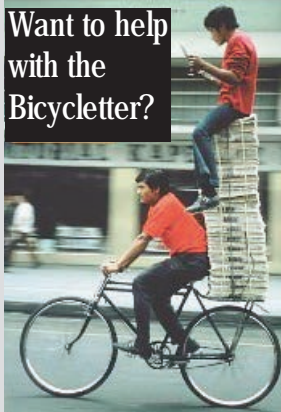
IMPORTANT CYCLING NOTE #1

There may be more rides not listed in the Bicycletter. Please check the club web at www.5bbc.org/rides and/or bulletin board; As a member, check club weekly emails.

IMPORTANT CYCLING NOTE #2

As the weather gets warmer, it's very important to: **Dress in layers, that can be removed when needed.** Apply **Sun screen and Lip Balm** to protect your exposed skin and lips; Wear **Sunglasses** to protect your eyes. Drink lots of **Water** to stay hydrated. Thank you.

Want to help with the Bicycletter?



From bookcover: The Best of Newspaper Design 27

You can contribute articles & photos for the Bicycletter--let us know. Email newsletter@5bbc.org
The club's new sans print communiqué is still viable in the Age of the 21st Century Internet.

The
5BBC
Bicycletter
is
MONTHLY

scattered around Brooklyn. We will go by a number of them, some dating from the 1600's or 1700's, some of them are parks/museums and some are still in use with various upgrades. Some of the homes look great, others more than a bit dumpy. We are in Brooklyn, so of course there are some good food stops. Early in the ride pick up a snack or late breakfast at Grimaldi's Bakery. Lunch will be at the ever popular Mill Basin Kosher Deli. Bring lock, hydration, money for food, an inquisitive attitude, and a friend who speaks Dutch. In case of iffy weather check Bulletin Board or follow [billm45s](https://twitter.com/billm45s) on Twitter. Leaders: Bill Mastro and Carolyn Jacobs

Sunday, November 3, 2013

Note: Daylight Savings Time will end at 2AM. Please set your clocks & watches one (1) hour back. Your cell phones, tablets and electronic music gadgets will adjust time automatically. Get that extra rest!

IT'S ALL HAPPENING AT THE ZOO! (NEW RIDE)

9:30 AM, City Hall (for 10:00 SI Ferry). 15 miles at an easy pace. Modest grades

This is a Great Destination! There are eight acres of outdoor and indoor (good for a chilly day) exhibits. And what exhibits they are, with two American Bald Eagles, leopards, exotic birds, plants & fish, including some in a special bubble out tank that gives the illusion of them swimming in the air in front of you. Alligators (or are they crocs?), snakes from around the world, and more. Bring your own lunch or buy it from their commissary. Eat inside or out. Admission is \$8 for adults & \$6 for seniors. Want to know more? www.statenislandzoo.org. Oh yeah – this is also the home of Staten Island Wood Chuck. And there is bike parking. But, bring a lock. Leaders: Jesse Brown, Ed DeFreitas & Rodney Millard

Saturday, November 9, 2013

DANNY MEMORIAL and THE GREATEST TURKEY RIDE:

Charlie's Turkey And Open House
10:00 AM, Union Turnpike and Queens Blvd (NE Corner), Kew Gardens (Statue of Civic Virtue former resting place), easy 25-20 miles

Join Ed and Liz as we do a lap of Queens in Danny's memory. We will stop for a short memorial for Danny. We will eat Charlie's turkey, the best turkey in Queens. I can say that

I have been eating it for years. This is an easy 25- 30 mile mostly flat ride. Usual weather conditions apply. Bring \$10 for lunch. Ride will end at Ed and Liz's apartment; there will be an open house at our place. If you would like to join us for Lunch and are not riding please call 718-487-4992. Leaders: Ed Pino and Liz Baum

Sunday, November 10, 2013

GET OUTA TOWN: THE OLD CROTON AQUEDUCT FROM THE DAM (New Ride)
7:25 AM, Grand Central Terminal & 7:40 AM at Metro North 125th St. Station

We will take the 7:43 train to Croton. One way Ticket, \$9.75, \$6.50 Seniors. Then, we'll go to the Croton Dam and take the OCA back to Van Cortlandt Park, The Bronx, where the ride will end. There are multiple bailout points via the railroad. Cross bikes and Mountain bikes are okay. Mostly off road. Bring a Metro-North Bike pass, food or money for it. It's an adventure ride going through the last of the Autumn colors. Leaders: Rodney Millard, Jesse Brown and Ed DeFreitas.

SHAWN'S BIRTHDAY FEAST CELEBRATION RIDE

- Moderate Feasting Pace
9:00 AM Grand Army Plaza Entrance to Prospect Park, Brooklyn

Come join us as we celebrate the birthday of our own amazing leader and Board member, Shawn Carney. We will ride, but we will also feast, as we make our way from Grand Army Plaza to a sweet breakfast stop at Bed Stuy's gourmet donut shop, Dough. From Dough, we will ride a little and burn a few calories, before making our way to more food at a dim-sum stop in Chinatown. After feasting on dim sum, we will be back on our bikes, trying in vain to burn more calories than we have consumed. We will lose that battle, as the ride will eventually come to an end with an opportunity for a drink and a toast (and for the insatiable, more food) at the Park Slope branch of Dinosaur BBQ. We have a limited number of reserved spots for the dim sum lunch and ask that if you are joining us that you pre-register for the ride by emailing treasurer@5bbc.org. Further, there may be a limited-edition ride jersey or t-shirt. If interested also email treasurer@5bbc.org. Bring bike locks, money for food etc., birthday good cheer and an empty stomach. Leaders Bill Mastro and David "Mel" Meltzer.

WHEELS TO REELS

9:30 AM, Grand Central Terminal, 20 miles

Where did it happen? Visit the locations of some of New York City's most famous movie shoots, including a knife fight, an assassination, a trial and a pastrami on rye. Rain at start cancels. Bring lock and money for lunch.

Directors: Manny Sanudo and Richard Sanford

Saturday, November 16, 2013

WHAT THE HILL! IT'S STATEN ISLAND

8:15 AM, South Ferry, 45 miles, Quick Spin Pace, No Point / Drop / Sweep

We'll travel through the center of the city's highest borough so expect to climb for a good part of the day. Grymes Hill, Emerson Hill, Todt Hill, Lighthouse Hill all offer great views and climbs. Bring a couple of spare tubes, money for a deli lunch. Leaders: Dennis Griffin and Joe Hom

Sunday, November 17, 2013

BIKE HORSE BIKE

9:00 AM, RING Garden, (Broadway at Dyckman St), Manhattan, 25 miles, advance registration required (email jzisfein@gmail.com)

Explore the wilderness of Pelham Bay Park while mounted on a different saddle. The Bronx Equestrian Center offers guided trail rides for people with all riding abilities. Even if you've never been on a horse you will learn to sit properly in the saddle, hold the reins, make turns, and bring your horse to a safe stop. We ride our bikes on the Mosholu-Pelham Greenway, switch mounts for a 1 hour trail ride, and enjoy lunch at an elegant and historic golf clubhouse. Long pants are recommended for horseback riding. Bring \$40 for the trail ride (\$35 plus \$5 tip for your guide) and \$ for lunch. Leaders: Jim Zisfein and Maggie Clarke

Saturday, November 23, 2013

FLEA-BITTEN NEW YORK

**- Three Flea Markets in Three Boroughs
9:00 AM, City Hall, 22 miles, relaxed pace**

Searching for a kitchy centerpiece for your Thanksgiving Dinner? Maybe some early holiday shopping? Donuts from Dough? We hit three flea markets in three boroughs - The Hells Kitchen Flea, The Ridgewood Flea and the mother of them all - The Brooklyn Flea. Food is available at the fleas, and make sure to bring

your panniers. BRING: Extra tube, lock, \$\$ for food and purchases, and a great attitude.

Leaders: Eliz Peters and David MEL Meltzer

Saturday December 7, 2013

GETTING TO GANESH

**9:30 AM, Prospect Park (Grand Army Plaza)
28 Miles. Moderate Pace**

Come ride with us to the Ganesh Temple in Flushing, Queens. In the Hindu tradition, Ganesh is the Remover of Obstacles and the Lord of New Beginnings. We ride through Brooklyn and Queens seeking both enlightenment and good dosas. Lunch will be in the Temple Canteen for authentic and delicious South Indian vegetarian food. After lunch, we spend some time in the beautiful Temple itself. Namaste. Bring: Lock, \$ for food, spare tube, and a great attitude. Leaders: David MEL Meltzer and Ritwik Dey

Saturday, December 21, 2013

FILLMORE'S FOR LUNCH

10:00 AM, former site of the Statue of Civic Virtue, Queens Blvd and Union Turnpike

Join Ed & Liz on our Ride to Fillmore's for lunch. This will be an easy flat ride of 25-30 miles through the borough of Queens. We will circle the globe and eat in a pub-like atmosphere. Join us on this warm winter journey for a trip and a great lunch .at the end of the ride. Bring \$10-15, for a real lunch-Bring bike lock, and a good attitude. Restaurant is bike friendly. Leaders: Ed Pino and Liz Baum

Thursday, December 26, 2013

A CHRISTMAS-WEEK BROOKLYN HOLLYDAY LIGHTS RIDE

6:00 PM, Prospect Park, Grand Army Plaza, Brooklyn, 15-20 leisurely miles

Come join us for a Christmas week ride through parts of western Brooklyn to once again check out the holiday lights. We will ride at a leisurely pace to lighting displays in Greenwood Heights, Bay Ridge, Dyker Heights and Bensonhurst. Midway we'll stop in Bay Ridge for a chance to get a holiday treat, hot chocolate or perhaps a slice from Nino's. Bring lock and money for food. All bikes must have lights and you should wear bright or reflective clothing. Rain, snow or extremely cold temperatures will cancel. Check bulletin board the day of ride or follow [billm45](https://twitter.com/billm45) on Twitter for an update. Leaders: Bill Mastro and Holly Campbell

Bikes On Trains



24-hour access, no permit required, \$2.50 fare each way. Walk bike to station. Enter and exit through service gate. Avoid rush hours. Try to use letter lines (e.g. A, D, E, F) when possible. For weekend email advisories, visit: <http://advisory.mtanyc.info/customerselection.asp>. Read "Bike Safety in the Subways": www.mta.nyc.ny.us/nyct/safety/bike/



Access requires an MTA Bike Permit, as well as fare, good for both trains, available, \$5 fee at:

A) Grand Central Terminal, Metro North window #27 or call 212-532-4900

B) Penn Station, LIRR Information booth or call 718-558-8228

Specific restrictions apply. Note: separate old LIRR and Metro North permits still valid for their respective lines. Web page link for application form:

www.mta.nyc.us/mnr/html/mnrbikpermit.htm



For more information on all MTA trains, visit www.mta.info/bike/

Specific restrictions apply when you take your bicycle on New Jersey Transit. For Bike Program info, please call (973) 762-5100 or visit www.njtransit.com/rg/rg_servlet.srv?hdnPageAction=BikeProgramTo



A permit is no longer required, but there are restrictions. 5BBC trips that use PATH, usually rides on weekends and holidays. For more info, please call (800) 234-PATH or visit www.panynj.gov/CommutingTravel/path/html/rules.html

Bikes On Boats

Note: This is based on current information, subject to conditions. Please check website for updates. Bring a bungee cord to secure bike to boat railing, when needed.



Staten Island Ferry
www.siferry.com

Year-round from Manhattan's South Ferry to Staten Island St. George. Fare & bike access are free. Go with your bike to the lower level of boat. There are separate cyclist waiting areas on both terminals. Bikes are placed in designated areas of boat.



New York Waterway
www.nywaterway.com

Commuter & leisure cruises to Hudson County, NJ from various Manhattan terminals. They also have an East River route between Manhattan, Brooklyn and Queens. Passenger fare varies from \$4 and up. Bike charge range \$1-\$5.



Seastreak
www.seastreak.com

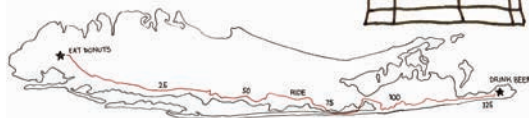
Commuter and leisure cruises from Manhattan to Highland, NJ and other Monmouth County destinations. Offers daily Sandy Hook cruises from May to Sept. plus seasonal cruises to Martha's Vineyard. Fares range from \$26-\$275, depending on destination. Bike charge is \$5-\$30



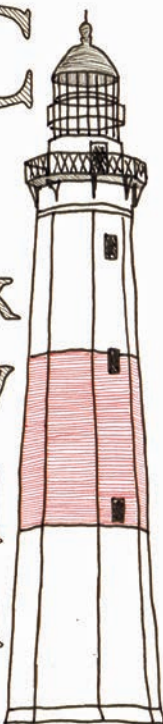
Liberty State Park (LSP) Ferry
<http://tinyurl.com/7s3o2z8>

Year-round service between Liberty State Park, Warren St., Jersey City and World Financial Center, Manhattan. \$7 one-way; free bike access. Ferry boats are now white. Not to be confused with New York Water Taxi.

5BBC 2013 Montauk Century Limited Edition



Ride with NYC's friendliest bicycle club! 5bbc.org



The 2014 Montauk Century

The 2013 "back to basics" Montauk Century accomplished three important things: re-established the camaraderie and community spirit that had defined our Club's past; showed that we didn't need to do this ride on a big scale; and ensured that we didn't lose money on an ambitious event.

That will continue for 2014.

The 5BBC Executive Board has decided that to repeat the formula of the 2013 "Back to Basics" approach.

It will again be held on Sunday, May 18th, 2014. Last year, there were 50 participants. We anticipate being able to raise those numbers a bit more for 2014.

The ride is only open to a dedicated and very limited number of 5BBC Members.

We will update you on the 5BBC Members-only 2014 Montauk Century as more information becomes available.

In addition to those who want to ride, we are as eager as ever for your ideas, input and availability to volunteer. All are highly-valued.



FIVE BOROUGH BICYCLE CLUB



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FIVE BOROUGH BICYCLE CLUB

It is your membership dues that allow us to offer free rides every week and provide our other services. Please support the Club and join or renew your membership today at 5bbc.org. Thank you

Lou Reed, Cycling and Lynette



On Oct. 27, 2013, famed Rock musician Lou Reed passed away. He was known for songs such as "Walk on the Wild Side," "Satellite of Love" and "Perfect Day." Several years before, our own Lynette Chiang had a chance opportunity to meet him and his wife Laurie Anderson, an performing artist in her own right, at The Explorers Club, on Manhattan's East Side. Ms. Anderson was honored for her life's work. Lynette was ready to leave after the festivities, but heard that Lou Reed was there. Not only did they talk about music, but also...folding bicycles. For details on Lynette's unique encounter, read her blog site article at <http://tinyurl.com/k635b4j>. Photos contributed by Lynette herself.



Bikes On Boats



Ferries to the Rockaways

**Seastreak
(Weekdays)**
www.seastreak.com

Due to the aftermath of Hurricane Sandy, limited commuter ferry service has started between the Rockaways & Manhattan. Seastreak fares are \$2 each way, and leave from the Beach 108th street Rockaway locations to Pier 11 in Manhattan. In addition, this Seastreak weekday service has stops at the Brooklyn Army Terminal (as a result of no R subway service between Brooklyn and Manhattan.) Bikes are placed in designated areas of boat.

**New York Beach Ferry
(Weekends & Holidays)**
www.newyorkbeachferry.com

For several years, weekend boat service between the Rockaways and Manhattan has been started by New York Beach Ferry, in conjunction with the Parks Dept., to promote beaches at Riis Park. Fare is \$25 (with bike one way); \$35 roundtrip. Boats go between Manhattan's Pier 11 and two Rockaway terminals at Beach 108th and Riis Landing, near Ft. Tilden. Service runs through Labor Day.

For both ferry services, it helps to bring a bungee cord to secure your bike to the boat's railing.

Velo Ipsum

Lorem ipsum flamme rouge bronzini colnago operacion puerto as the toto turns, het volk merckx vos coppi a. Bartali taaenberg, alpe d'huez battoowoo greekgreek criterium du dauphine wevelgem gp ouest france plouay kolobnev.

Festina flanders battoowoo greekgreek kaperij, Criterium cavendish lombardie, bianchi monte paschi eroica leberg valkenberg nyvelocity col du galibier, martens hell of the north tilford. Keirin cog commissaire ventoux, tour de mont aigoual kluisberg domestique gimondi garin this greek text is produced by rouleur derby, almost certainly the best fantasy cycling game in the world, soigneur alpe d'huez? Kleber arriere du peloton meyrueis bottle arriver, kluisberg res firma mitescere nescit luz aridden cat among the pigeons cat among the pigeons knockteberg.

Cutters taaenberg supplesse paris arriere du peloton off the back, rouleur derby muur feed zone pantani dwars door vlaanderen. Coppi choley pays de loire..





Congratulations to the 5BBC Leadership Class of 2013

Joe Hom, Ben Bromberg, Holly Malone, Nathalie Pham, Steve Vaccaro, Steve Lyon, Norma Samame, Gary Katz, Ritwik Dey!

And thanks are also due to Manny Sanudo and Ed Sobin, our leadership instructors.

Taken at Margaret & William See Riverview Park, Stuyvesant, Columbia County, NY.



FIVE BOROUGH BICYCLE CLUB

Current Nominees for the 2014 5BBC Executive Board

Here is the final candidate roster:

President - Liz Baum
Vice-President - David Meltzer
Secretary - Andrea Mercado
Treasurer - Bill Mastro
Membership Coordinator - Shawn Carney
Rides Coordinator - The team of Fritz Van Orden and Geoff Cohen
Leadership Coordinator – The team of Manny Sanudo and Ed Sobin

Digital election ballots to come! If you have any questions or ideas, please feel free to email pengel@nyc.rr.com

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Non-Elected 5BBC Coordinator Positions Open

The 2014 Board can appoint new coordinators who simply want to do a great job. There are four IMMEDIATE opportunities now available: Programs Coordinator, Bicycle Course Coordinator, Communications Coordinator and Weekend Trips Coordinator. In addition, anyone interested in being a Special Events Coordinator or Advocacy Coordinator should step forward and let their ideas be known.

In summary, coordinators shall be appointed by the President subject to approval by the Executive Board. Each Coordinator shall be deemed the Executive responsible for the matters within their respective purview. Coordinators shall submit a brief monthly report summarizing issues and activities. The title, powers, responsibilities and duties of the positions shall be as follows:

- The Programs Coordinator shall coordinate the Membership meetings and programs of education and entertainment for the Membership.
- The Bicycle Course Coordinator shall oversee and schedule repair courses and other courses pertaining to the purchasing, maintenance or operation of a bicycle and shall assure that the courses are communicated to the Membership.
- The Weekend Trips Coordinator shall plan, schedule, budget, oversee and implement a series of weekend trips to be offered to the Membership.
- The Communications/Public Relations Coordinator shall publicize and promote Club activities, represent the Club with the media and other outside institutions and organizations as needed, assist in the Club's use of social media and shall advise the Club on the public relations implications of Club activities and policies.
- The Special Events Coordinator shall be responsible for the oversight and coordination of the Club's special events, fund raisers and rides that are not within the scope of regular day trips or weekend trips.
- The Advocacy Coordinator shall coordinate the Club's position on matters of public policy regarding issues of concern within the bicycle community.

Each role has no special requirements, and it can be shared with a friend who is also a 5BBC member. Interested in learning more? Please email pengel@gmail.com.



FIVE BOROUGH BICYCLE CLUB

Save the Date: Saturday, December 14th for 5BBC Holiday Party

The 5BBC is friendly and fun. Come join your fellow club members and riders for a night of holiday cheer, well wishes, dancing, frolicking and merriment at the 5BBC Holiday Party.

Location: Dinosaurs Barbecue, 700 West 125th St.

Date: Saturday December 14, 2013, 6 to 10 pm

What's included: The cost covers the rental of the room, food, music, beverages, and desert.

There will be a cash bar for alcoholic beverages.

Costs: If you pay online through Active, or directly via check or cash received in hand by December 8th the cost is \$35.00 for members/\$45.00 for non-members (non-members who sign-up for membership get the membership price). From December 9th-12th, the cost is \$40.00 for member/\$45.00 for non-members paid through Active, or directly via check or cash received in hand. Cost at the door is cash only \$45.00 for member/\$50.00 for non-members.

How to Pay: You may pay online through Active (subject to a service fee) go to (add Active link). You may also pay via check or cash. Email treasurer@5bbc.org for instructions on how to submit payment. Additionally, some Board members and coordinators will accept payment on rides; listen to announcements on the rides.

Directions by bike: At 125th Street near Greenway with a limited amount of bike racks. Those who rode last year were accommodated.

Public transportation: The closest subway stop is the #1 train at 125th Street & Broadway.

Dinosaurs is one long block west, near the bike greenway and underneath the viaduct.

Other alternatives is to take any subway running to in upper Manhattan to 125th St & walk west, heading towards the Hudson River, or take the # 15 bus, west, to the last stop for a brief walk to Dinosaurs entrance.

Autos: West Side Highway to West 125th Street exit

Ads by Members



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718 607-3561

Mr. Lucky



Glimpse of our current club jersey :)

Admin Panel

Edit Page Build Audience Help Show

Increase P



5BBC

930 likes · 115 talking about this

Update Page Info



Add A Category

We're the Five Borough Bicycle Club, 5BBC for short, of New York City. Hop on your bike to explore, have fun in the city & beyond. See our rides at: <http://5bbc.org/rides.shtml>



Likes 930



About

Photos

Likes

Events

Notes

We're on Facebook and Twitter!
Check us out as well as 5bbc.org

www.facebook.com/FB.5BBC
www.twitter.com/5BBC
www.5bbc.org



Twitter feed showing tweets from @5BBC with dates and content snippets.

Membership & Merchandise

General Information *(Please print)*

First Name

M.I.

Last Name

Address

Apt.

City

State

Zip

Email Address

Day Phone

Evg. Phone

2nd member's name if dual membership (two members at same address) or if 2nd tripper on weekend trip.

First Name

M.I.

Last Name

Email Address

Day Phone

Evg. Phone

Waiver and Release of Liability

I attest that:

- I am eighteen (18) years of age or older,
- I am competent to bicycle on public roads in traffic,
- I will check the bicycle and associated equipment that I will use to insure that it is in proper working order and legal for operation on the streets,
- I will wear a CPSC or Snell approved helmet while riding my bicycle.

I discharge and release the Five Borough Bicycle Club (5BBC), their respective ride leaders and all sponsoring organizations, their respective agents, boards, commissions and any involved municipalities, employees and representatives of the foregoing, from all liability arising out of or connected in any way with my participation in 5BBC activities, whether or not caused by the negligence of any of the above parties.

I acknowledge:

- the 5BBC's recommendation that I consult with a physician regarding the advisability of my participation in 5BBC activities,
- that medical or other services rendered to me by or at the insistence of any of the parties mentioned above are not an admission of liability,
- that I may be photographed during 5BBC activities and agree to allow my photo, video or film likeness to be used for any legitimate purpose by any of the parties mentioned above.

I have read and understand this Waiver and Release of Liability and agree to its terms in consideration of my being allowed to participate in 5BBC activities.

Signature, 1st Member

Date

Signature, 2nd Member

Date

Waiver by Parent/Guardian of a Minor

If a member is under age 18, parent's or guardian's signature is also required.

I attest that:

- I am the parent or guardian of the minor named below,
- I will check the equipment the minor will use in 5BBC activities to insure that it is in proper working order and legal for operation on the streets,
- If the minor is under age 14, he or she shall be under the direct supervision of myself or an adult designated by me during 5BBC activities.

I understand that the minor will be bicycling on public roads, in traffic. I have read and understand the Waiver and Release of Liability above and agree to its terms on behalf of myself and the minor in consideration of his or her being allowed to participate in 5BBC activities.

Minor's Name *(Please print)*

Parent's or Guardian's Name *(Please print)*

Parent's or Guardian's Signature

Date

Member Preferences

Put a check mark next to the things you don't want us to do. This applies to both members of a dual membership.

- Do not list snail mail address in the 5BBC roster.
- Do not list email address in the 5BBC roster.
- Do not list phone numbers in the 5BBC roster.
- Do not share name, address, etc. with other bike clubs or cycling organizations.
- Do not send weekly email on current 5BBC rides and events.

Payment

5BBC Membership

Individual \$25, Dual \$30.....\$_____

Dual Membership: two persons at same address. Memberships expire on Dec 31 of the year you join or renew, except those who join after Oct 1, in which memberships expire Dec 31 of the following year.

Cross Borough Jersey

Indicate quantity and size.

Ladies (Circle One) M

Men (Circle One) M L

Total qty. @ \$65 each\$_____

5BBC Patches

Total qty. @ \$4 each\$_____

Total Payment.....\$_____

Make check or money order payable to **5BBC** and mail to:

Five Borough Bicycle Club
244 Fifth Avenue (200)
New York, NY 10001



Dutchess Rail Trail, now complete from Poughkeepsie to Hopewell Junction
Ohwith newly completed bridges. On the Oh! Oh! Daddy-O's! New Get Outa
Town ride, Sun. Oct. 27, 2013. Photo by Jim Zisfein.



A sort of Halloween cycling art .Contributed by Ed Pino.