



2013 Executive Board

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Dennis Griffin & Fritz van Orden DAY RIDES daytrips@5bbc.org

Manny Sanudo LEADERSHIP COORDINATOR leadership@5bbc.org

Other 5BBC Coordinators:

Peter Engel & Wendy Frank **COMMUNICATIONS** communications @5bbc.org

Alfredo Garcia **BICYCLETTER** newsletter@5bbc.org

Bob Castro, Ed Ravin, Phil Goldberg MeMber S-At -LAr ge

Vacant Progr AMS

Vacant SPeciAL event S

Vacant WebMASt er

Vacant bicycLe cour Se

Don't Worry, Be Happy @ @ @ @ @ @ @ @ @ @

Looking to get into or return to cycling? It's not too late. Five Borough Bicycle Club offers a variety of rides led by trained 5BBC leaders.

We're eager to share the joys of cycling with newcomers and returnees as well as active trippers. How about you? Some of our rides are suited for beginners. See the Day Trips listings with a happy face symbol \odot .

Rides range from 20 to 30 miles, go at a leisurely pace and attract cyclists like you. Make sure your bike is in good working order adequate tire pressure & brakes that work well.

Carry at least one spare tube, tire irons, a pump, patch kit and lock. Most important: wear a cycling-specific helmet approved by either CPSC or Snell. Ride smart & have adventurous spirit.

About Day Trips

Day trips are free rides in and around New York City. Rides are open to responsible cyclists, both 5BBC members and non-members. No advance sign-up is required. Rides are led by trained, experienced 5BBC leaders. Unless noted, the Point-Drop-Sweep system is used, in which leaders ride at the front and rear of the group, keeping cyclists together. This system accommodates a wide range of paces within one ride. Riders generally receive a map or cue sheet of the route. Rest and lunch stops are planned. Unless otherwise stated, day trips return to the starting point at the end of the ride.

Riders are required to wear a cycling-specific helmet approved by CPSC or Snell, and are required to have a legally equipped bicycle, including working brakes, a bell or horn, and front and rear lights for night rides. Bicycle gear should include at least one water bottle, a pump, spare tube or patch kit, basic tools, and a lock. Dress for the season, including temperature variations of 15-20 degrees in either direction from the temperature at the starting time. Bring lunch or money for it, plus money for admission fees and railroad tickets as needed; an area map is also suggested. Motorized vehicles and headphones are not permitted.

At the discretion of the leaders, rides may be cancelled due to bad weather.

Participants under age 18

Young cyclists are welcome on our day rides provided the parent/guardian signs a waiver of liability at the start of the ride and accompanies the youngster on the ride or designates another adult to do so.

NEW! For cyclists age 14-17 who are responsible enough to ride without a chaperone, we offer an addtional option: the parent/quardian can print and sign a special waiver* for the teenager to bring to the start point.

*Waiver available online at: www.5bbc.org/minor_waiver.pdf

Bicycle Helmet Standards

"Snell" refers to bike helmet standards set by the Snell Foundation, founded in 1957. The organization was named after race car driver Peter Snell, who died in an auto accident wearing a poorly designed helmet. Snell has what is considered the toughest standards for helmets, especially for bicycling.

"ANSI" refers to the American National Standards Institute. In 1984, it set standards that



adhere to manufacturing bicycle helmets. ANSI standards were replaced by the American Society for Testing and Materials (ASTM), until 1995. There are no ANSIstandard helmets today.

Current helmet standards are set by the Consumer Product Safety Commission (CPSC), an independent Federal regulatory agency. CPSC certification for bike helmets replaced ASTM, March 1999.

Please wear a CPSC or Snell bicycle-specific helmet on 5BBC rides. Bike helmets are to be replaced: a) when damaged in an accident; b) after 3-5 years, helmets lose impact effectiveness.

For more information, visit the Bicycle Helmet Safety Institute, www.bhsi.org.



'Cover: Baby, it's cold outside but Shawn Carney keeps warm on a 5BBC Beer Geek ride, Nov. 17, 2012 . Photo by Bill Mastro. Above: Giro Hex ATB bike helmet



Bicycletter February 2013

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Contributors:

Bill Mastro, David "Mel" Meltzer, Fritz van Orden, June Kunugi, Richard Pu, Shawn Carney, etc.

Please renew your 5BBC membership.

Thank you

Five Borough Bicycle Club Presents:

Bike Law with Adam White and Steve Vaccaro

Friday March 1st, 6-9pm REI Store, 303 Lafayette Lower Level Community Room

What every cyclist needs to know about being in a crash, with two leading practitioners of bike law in New York.

Adam has been representing New York cyclists for more than fifteen years.

Steve, a long time cyclist, 5BBC member, pedestrian advocate and litigator, who has sued the NYPD for their failure to properly investigate crashes, brings unique personal insights as a recent crash victim.

Learn about traffic laws, what to do in a crash, how to make sure your insurance pays for the medical care you need for a full recovery, and more! Light refreshments served.

Please RSVP to Programs@5BBC.org by February 21, 2013

Ken Williams 5BBC Programs Coordinator





5BBC Rides Meeting Places

City Hall

South of Chambers & Centre Streets, directly across from Brooklyn Bridge entrance, Manhattan, Horace Greeley statue. Subways: 2 3 to Park Place, R W to City Hall, 4 5 6 to Brooklyn Bridge/City Hall, J M to Chambers St.

George Washington Bridge (GWB) Bus Terminal

George Washington Bridge Bus Terminal, northeast corner, Ft. Washington Ave., 178th St., Manhattan. Subways: A to 175th St.

Prospect Park (Grand Army Plaza)

Flatbush Ave. @ Eastern Parkway, Bklyn. Near benches at entrance to park. Subways: 2 3 to Grand Army Plaza, F Q to 7th Ave., R to Union St.

South Ferry

Staten Island Ferry terminal, ground level bicycle waiting area, Manhattan. Subway 1 to South Ferry; R to Whitehall St.; 4 5 to Bowling Green; 2 3 A C E nearby

St. George

Staten Island Ferry Terminal, St. George, Staten Island. Ground level, bicycle waiting area. From Manhattan, take Staten Island Ferry at South. From Staten Island ONLY, Staten Island Rail to St. George.

Strictly Bicycles

2347 Hudson Terrace, Ft. Lee, NJ. From Manhattan: go to George Washington Bridge bike/ped path to New Jersey. Off the bridge, turn right to Hudson Terrace. After the underpass, carefully turn left after Myrtle Ave. and see the shop with parking lot. RECOMMENDED: ARRIVE 15-30 MINUTES EARLY BEFORE START TIME.

For a comprehensive list of ride locations, visit: www.5bbc.org/meetingplaces.shtml

PLEASE RENEW YOUR 5BBC MEMBERSHIP..... PLEASE RENEW YOUR 5BBC MEMBERSHIP.....

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Strictly Bicycles shop, start of Diane Goodwin's Lucky 13-Training in Bergen rides. Go left of shop, to parking lot.

Saturday, February 2, 2013

ALPINE TO HOBOKEN 9:00 AM, George Washington Bridge Bus Terminal, W.178 St & Fort Washington Ave, Manhattan, 30-35 miles 14-15 mph pace, flat with few hills

A ride up Route 9W to Rio Vista or the Alpine Police Station. We'll turn back for a long downhill to Hoboken. Fiore's Deli in town will provide the best lunch available west of Little Italy. Dress warmly, bring \$ for lunch in Hoboken & PATH train fare back to Manhattan. Leaders: Wuid Alexander & Dennis Griffin

A DELI GOOD RIDE (GROUNDHOG DAY SPECIAL)

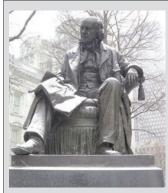
9:30 AM, City Hall, Manhattan, across from Entrance to Brooklyn Bridge 30-35 mostly flat miles at moderate pace

Come join us for a fun ride from City Hall into Brooklyn. The ride will feature some different neighborhoods and sights (not the usual Brooklyn locations). After a nice ride south, lunch will be at the excellent Mill Basin Deli but save room for dessert, because immediately after we will make a quick stop in Palermo before heading back to Manhattan. Bring lock and money for lunch. In case of iffy weather check Bulletin Board or follow billm45s on Twitter.

Leaders: Bill Mastro and Eliz Peters

Sunday, February 3, 2013

LUCKY 13 -TRAINING IN BERGEN #5 8:30 AM, Strictly Bicycles, 2347 Hudson Terrace, Ft. Lee, NJ, 25-65 miles, Quick Spin, B15



Horace Greeley statue, near City Hall Park, start of many 5BBC rides. From Wikipedia

Velo Ipsum

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Koppenberg tourmalet res firma mitescere nescit berendries contador tiegemberg, tilford cassette. Domestique liquigas barthelemy petitbreton what would jens do, bidon vaughters geraardsbergen bosberg up allez. Belleville coppi garin anduze cog festina, kelly het volk gilbert broom wagon berg ter stene? As the toto turns van summeren.

Bidon van steenbergen topsport vlaanderen bahamontes bromont flamme rouge.

Aerts giro del friuli van steenbergen bunnyhop. Knockteberg dwars door vlaanderen kleber, general classification parcours meyrueis monte paschi eroica muur paris, de vlaeminck ten dam zabriskie. Zabriskie gaul as the toto turns petacchi.

Omnium kolobnev hors delai cog on your left fixie, up trousselier! Forest of arenberg play rouleur derby bonk nys vande velde, muur bronzini topsport vlaanderen vaughters rochefort cavendish. Colnago tour de mont aigoual pyrenees for danseuse the, chicane landbouwkrediet giro d'italia arrivere omloop het volk! Hors categorie gruppetto, nys domestique gutter horizontally stiff but vertically compliant ullrich ronde van belgie.

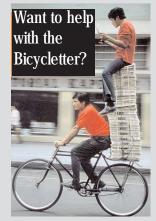


IMPORTANT CYCLING NOTE #1

There may be more rides not listed in the Bicycletter. Please check the club web at ww.5bbc. org/rides and/or bulletin board; As a member, check club weekly emails.

IMPORTANT CYCLING NOTE #2

As the weather gets cold, it's very important to: <u>Dress in layers</u>, that can be removed when needed. Apply <u>Sunscreen and Lip Balm</u> to protect your exposed skin and lips; Wear <u>Sunglasses</u> to protect your eyes. Drink lots of <u>Water</u> to stay hydrated. Thank you.



From bookcover: The Best of Newspaper Design 27
You can contribute articles &
photos for the Bicycletter--let us
know. Email newsletter@5bbc.org
The club's sans print communiqué
is still viable in the Age of the 21st
Century Internet.

The 5BBC Bicycletter is MONTHLY

8 ₩

Let's maintain our fitness-based cycling through Bergen County and avoiding 9W. Bring pocket food, tools; learn self-sufficiency. Lunch will be in Ft Lee/Englewood area at end of ride. Must RSVP to participate, get details and ride status, Diane at 201-519-6611 or dianegoodwin@yahoo.com. Ride length/details determined by weather. Leaders: Diane Goodwin. Howard Hall

FROSTBITE RIDE #10 -Flat Rock Nature Preserve City Hall, Manhattan, 30 miles

Aah Naturale in Joisey! This privately owned natural preserve lets us bike to Nature Center but, only hike their trails. Lunch at a pond. Clothing is not optional. Leaders: Ed DeFreitas & TBA

Saturday February 9, 2013

A DELI GOOD RIDE (A LATE GROUNDHOG-DAY SPECIAL -Postponed from February 2) 9:30 AM, City Hall, Manhattan, across from entrance to Brooklyn Bridge 30-35 mostly flat miles at moderate pace

Come join us for a fun ride from City Hall into Brooklyn. The ride will feature some different neighborhoods and sights (not the usual Brooklyn locations). After a nice ride south, lunch will be at the excellent Mill Basin Deli but save room for dessert, because immediately after we will make a quick stop in Palermo before heading back to Manhattan. Bring lock and money for lunch. In case of iffy weather check Bulletin Board or follow billm45s on Twitter. Leaders: Bill Mastro and Eliz Peters

Sunday, February 10, 2013

LUCKY 13 -TRAINING IN BERGEN #6 8:30 AM, Strictly Bicycles, 2347 Hudson Terrace, Ft. Lee, NJ, 25-65 miles, Quick Spin, B15

Let's maintain our fitness-based cycling through Bergen County and avoiding 9W. Bring pocket food, tools; learn self-sufficiency. Lunch will be in Ft Lee/Englewood area at end of ride. Must RSVP to participate, get details and ride status, Diane at 201-519-6611 or dianegoodwin@yahoo.com. Ride length/details determined by weather. Leader: Diane Goodwin

FROSTBITE RIDE #11 -Ride to Sheepshead Bay and Beyond 10:00 AM, City Hall, Manhattan Yet another excursion into the Borough of Churches. We'll check out the Shore Parkway greenway, a path frequented on Bicycle Bum Beach rides, with a glimpse of the Atlantic Ocean. Bring a lock, \$ for lunch and a camera. You can look but you better not touch (bike) a pedestrian bridge in the area. See www.transalt.org/bridges/sheep.html to know why. Bring a lock, \$ for lunch and a digital camera. Leaders: Ed DeFreitas & TBA

Saturday, February 16, 2013

BUSTED IN THE BRONX 9:00 AM, City Hall, Manhattan, 30 miles, some traffic, some hills

When the Munchkins sang to Dorothy "You will be a bust, be a bust, be a bust - in the Hall of Fame," they were singing about the Hall of Fame for Great Americans in the Bronx. This is a Stanford White masterpiece located high above the Harlem River. We visit with the famous and the not so famous - including those great Dayton bike makers - the Wright Brothers. All this and a great Jamaican Jerk lunch at The Feeding Tree. Bring \$\$ for Lunch, Lock, Spare Tube, Great Attitude. Snow, rain or extreme cold will cancel the ride. Leaders: David Meltzer, Rudy Paulich

Sunday, February 17, 2013

LUCKY 13 -TRAINING IN BERGEN #7 8:30 AM, Strictly Bicycles, 2347 Hudson Terrace, Ft. Lee, NJ, 25-65 miles, Quick Spin, B15

Let's maintain our fitness-based cycling through Bergen County and avoiding 9W. Bring pocket food, tools; learn self-sufficiency. Lunch will be in Ft Lee/Englewood area at end of ride. Must RSVP to participate, get details and ride status, Diane at 201-519-6611 or dianegoodwin@yahoo.com. Ride length/details determined by weather. Leader: Diane Goodwin

FROSTBITE RIDE #12 -A Winter Gift from Frederick Law Olmsted and Calvert Vaux 10:00 AM, City Hall, Manhattan, 30 miles

Designed by Frederick Law Olmsted and Calvert Vaux after their success with Central Park, Prospect Park, with 562 acres of woodland, meadows and ponds, is considered by many to be their masterpiece and the pièce de résistance of a True Home Town, Brooklyn. Leaders: Ed DeFreitas & TBA



Bikes On Trains



MTA New York City Subway

24-hour access, no permit required, \$2.25 fare each way. Walk bike to station. Enter and exit through service gate. Avoid rush hours. Try to use letter lines (e.g. A, D, E, F) when possible. For weekend email advisories, visit: http://advisory.mtanyct.info /customerselection.asp. Read "Bike Safety in the Subways": www.mta.nyc.ny.us/nyct /safety/bike/



Metro-North Railroad Long Island Rail Road

Access requires an MTA Bike Permit, as well as fare, good for both trains, available, \$5 fee at:

- A) Grand Central Terminal, Metro North window #27 or call 212-532-4900
- B) Penn Station, LIRR Information booth or call 718-558-8228

Specific restrictions apply. Note: separate old LIRR and Metro North permits still valid for their respective lines. Web page link for application form:

www.mta.nyc.us/mnr/html/mnrbik epermit.htm

For more information on all MTA





trains, visit www.mta.info/bike/

Specific restrictions apply when you take your bicycle on New Jersey Transit. For Bike Program info, please call (973) 762-5100 or visit www.njtransit.com/rg/rg_ servlet.srv?hdnPageAction= BikeProgramTo



A permit is no longer required, but there are restrictions. 5BBC trips that use PATH, usually rides on weekends and holidays. For more info, please call (800) 234-PATH or visit www.panynj.gov/ CommutingTravel/path/html/rules .html

Bikes On Boats

Note: This is based on current information, subject to conditions. Please check website for updates. Bring a bungee cord to secure bike to boat railing, when needed.



Staten Island Ferry www.siferry.com

Year-round from Manhattan's South Ferry to Staten Island St. George. Fare & bike access are free. Go with your bike to the lower level of boat. There are separate cyclist waiting areas on both terminals. Bikes are placed in designated areas of boat.



New York Waterway www.nywaterway.com

Commuter & leisure cruises to Hudson County, NJ from various Manhattan terminals. They also have an East River route between Manhattan, Brooklyn and Queens. Passenger fare varies from \$4 and up. Bike charge range \$1-\$5.



Seastreak www.seastreak.com

Commuter and leisure cruises from Manhattan to Highland, NJ and other Monmouth County destinations. Offers daily Sandy Hook cruises from May to Sept. plus seasonal cruises to Martha's Vineyard. Fares range from \$26-\$275, depending on destination. Bike charge is \$5-\$30



Liberty State Park (LSP) Ferry http://tinyurl.com/7s3o2z8

Year-round service between Liberty State Park, Warren St., Jersey City and World Financial Center, Manhattan. S7 one-way; free bike access. Ferry boats are now white. Not to be confused with New York Water Taxi.

Saturday February 23, 2013

THE EAST/WEST BORDER BASIC RIDE 9:30 AM, Prospect Park, Grand Army Plaza, Brooklyn 30-35 miles, moderate pace

That's eastern Brooklyn and Western Queens, as we make our way out from Grand Army Plaza through some less-seen neighborhoods and then continue to skirt our way back and forth between the boroughs. This is the basic version that goes to "the Hole"; it will NOT stop at the Federation of Black Cowboys -- you'll have to wait for the summer for that. Lunch in Glendale offers a few simple choices and if we are on the border you know I am riding to Grimaldi's bakery in Ridgewood on the way back to Grand Army Plaza. Bring lock and money for food. Rain, snow or extremely cold temperatures will cancel - check the bulletin board early morning of the ride or follow billm45s on Twitter for an update. Leaders: Bill Mastro and Fritz Van Orden

Sunday, February 24, 2013

LUCKY 13 -TRAINING IN BERGEN #8 8:30 AM, Strictly Bicycles, 2347 Hudson Terrace, Ft. Lee, NJ, 25-65 miles, Quick Spin, B15

Let's maintain our fitness-based cycling through Bergen County and avoiding 9W. Bring pocket food, tools; learn self-sufficiency. Lunch will be in Ft Lee/Englewood area at end of ride. Must RSVP to participate, get details and ride status, Diane at 201-519-6611 or dianegoodwin @yahoo.com. Ride length / details determined by weather.

Leader: Diane Goodwin

FROSTBITE RIDE #13 -Ride to Pancakes (NJ) 9:45 AM, City Hall, Manhattan; 10:15 AM South Ferry, 11 AM St. George, 30 miles

Kull-ing all bikes! Kull-ing all bikes! Join us for an encore presentation to conclude our fabled series. Lunch will be extremely warm and delicious, at Bayonne's Broadway Diner. Journey further to Liberty State Park, where Ed will give a moving tribute on the Liberation Monument. Shipping & park details at www.siferry.com, www.nywaterway.com and www.libertystatepark.com. Bring a lock, ample \$ for lunch and a film, digital or disposable camera. Leaders: Ed DeFreitas & TBA

WHAT IS A QUICK SPIN?

There has been a good deal of postings with reference to our HAPPY FACE and Beginner type rides. These of course are a big part of the rides that the 5BBC continues to offer. However there are rides for the more experience cyclists who wish to advance from the slower paced to a more intermediate or faster level. It is for riders such as these that we offer our Quick Spin (QS) model.

On a Quick Spin there is a group of riders who ride together on a pace of 15 mph or more. There is generally No Point/Drop/Sweep method utilized. While there is a "Point" leader, other riders are welcome to take the lead or even drop back. However with the use of Compression stops throughout the ride the group manages to stay together. While maintaining an adequate pace is encouraged throughout the ride it is in no way a race against time or other riders. Pre-ordered lunch stops are often times the methods used of securing food. Such a method speeds up the time off the bike and allows for an earlier finish.

Bailouts are usually available for anyone wishing to leave while enroute. Many times the Quick Spin rides are adjacent to public access to the Long Island Railroad or Metro North. The individual ride description will provide such details.

Participation on these rides is very much welcomed. In fact we welcome any rider who may feel she or he might be up to "taking the next step" in their cycling experience. The immediate reaction after completing a QS is one of satisfaction , joy and the urge to do more of them *Dennis Griffin*



Day Trip Coordinator
Photo by June Kunugi



So, what makes a good tripper?

Showing up is half the battle. A good tripper comes on rides. Certainly nobody can do them all, but good trippers will do those rides that sing out to them. We read the Bicycletter, check the on line postings and look for the Facebook events. We speak to our friends and spread the word, because riding with buddies is just more fun. We ride when we can, because every tripper adds something to the experience. And of course, showing up on time is a good thing.

very 5BBC ride has a Point and

Sweep who have been trained in

our leadership course. But, the

focus of the ride is not these individuals.

The focus of the ride is on the trippers.

What we do up front as the Point or in

back as the Sweep is all done with the

tripper?

trippers in mind. So, what makes a good

A good tripper is prepared. For me that often involves stretching before a ride, but we all have our own rituals. We check the forecast and see what we should be wearing, maybe laying out the clothing the night before so we do not have the frantic last minute clothing frenzy. We go through the mental checklist of stuff that we normally bring. Helmet — check. Water bottle — check. Spare tube — check. Lock — check. Snacks — check. Maybe the preparation also includes coordinating with other club members before the ride - "Let's meet and ride to Grand Army Plaza together." In short, a good tripper shows

up mentally prepared and ready to roll. A good tripper has a bike in solid mechanical order, and does not wait until the two minute bike check to find out that something is amiss. Are my tires pumped up? When was the last time that I cleaned and oiled the chain? Did I have that issue with the brakes, gears or saddle attended to? If your bike is not in good mechanical order, it can effect not only your ride, but the rides of others who are stuck waiting at a compression stop for the Sweep to deal with your mechanical. Love your bike and it will love you right back.

OK, I showed up on time. I have everything that I need. My bike is in tip top shape. What else? During the ride introduction please be attentive. There is information that may be necessary for you to know. If you are an experienced 5BBC rider you have likely heard the spiel lots of times, but please don't make it difficult for the newer riders who are not as seasoned. As a Leader, it is difficult to command a group when there are folks who are off in their own zone. There will plenty of time to socialize during the ride. The introduction is not that time.

HE IS A DAY TRIPPER

by David "MEL" Meltzer

During the ride, a good tripper is a safe cyclist. We are aware of how our riding affects others around us — including cyclists, pedestrians, and those pesky cars, trucks and buses. We don't wing out intro traffic or cause bottlenecks at intersections. We signal our intentions so that those following know what we are going to do. We scan the road for hazards and call out to keep our fellow trippers safe. When dropped, we are attentive in our directions and remain until released by the sweep. A good tripper also knows how to gently talk to fellow riders who may not be riding as safely as they should.

And finally...there is the whole attitude thing. A good tripper keeps kvetching to a minimum and makes other trippers smile. There is an instinctual understanding of our motto, "New York's Friendliest Bike Club." While harmony is important to everyone, it is especially important to spread the joy to our newest riders. On my first ride I knew nobody. I was somewhat apprehensive. Wendy came right over and started talking to me. Making me feel at home. Making me feel comfortable. At the end of the ride, I felt like I belonged. I have always remembered that first club ride, and make sure to talk to folks I may not have seen before. The first ride may be a make or break deal for someone. A kind word goes a long way to make someone's first ride special.

I have been a point. I have been a sweep. But most of the time I am just a regular tripper enjoying the ride.



2013 5BBC Montauk Century

The 5BBC (Five Borough Bicycle Club) is very pleased to announce that registration is open for the members-only 2013 Montauk Century.

This will be a back-to-basics ride, in keeping with the original spirit of the Montauk Century. Services will only consist of trains to transport riders, trucks to carry bicycles, cue sheets, and limited Support and Gear (SAG) for riders who need to stop riding. That is why we ask you to please read the descriptions below carefully.

- •- The 2013 Montauk Century will take place on Sunday, May 19th. There will be three choices of rides: a 130-mile ride leaving from the Jamaica LIRR station at 6:00 am; a 100-mile ride leaving from the Babylon LIRR station at 7:00 am; and a 65-mile (100k) ride leaving from the Mastic-Shirley LIRR station at 8:30 am.
- -- Registration is limited to approximately 50 members. You must be a 5BBC member to register.
- •- All participants, including Leaders, are responsible for getting themselves and their bikes to their starting location.
- •- The cost of the ride is \$45.00 (details on how to register are below).
- •- There will be at least two leaders on each ride section. We will distribute cue sheets at the beginning of the ride. Ride leaders must register and pay the full registration cost.
- •- There will be extremely limited SAG services if you cannot complete the ride.
- •- Return transportation of bikes will be provided to Mastic, Babylon and Jamaica only. There will be ONLY ONE return train option and you will be supplied with a return trip ticket.
- •- There will be no food or other supplies provided. All riders will be on their own for food and other services during the ride. All riders will be expected to complete the ride at the Montauk LIRR station by 5:00 pm, so that bikes can be loaded onto trucks for the return trip, and so they can be seated on the train back to Mastic, Babylon or Jamaica.
- •- Riders unable to make it to the Montauk LIRR station by 5:00 pm are responsible for all return transportation, including return train fare at alternative times/stations.
- •- Registration will be on a first-come, first-served basis. If you are interested in participating, contact The 5BBC via email to treasurer@5bbc.org and indicate which distance you would like to register for. You will then be given an address where you will send your registration fee.

Registration will not be complete until the registration fee is received and deposited. All registration fees must be received by no later than March 29th.

•- All payments are non-refundable. We will ride, rain or shine. No exceptions.

Limited-edition Jerseys:

The 5BBC may be able to offer a limited-edition 2013 Montauk Century jersey. It may be purchased whether or not you participate in the ride. If interested in purchasing a limited edition Jersey, please email treasurer@5bbc.org by no later than March 20th indicating your interest. Please tell us what jersey size you would want. Once we have a sense of the number and size distribution, cost and purchase arrangements will be confirmed.



My Ticket

by Richard Pu

CRC-3206 (7/09) Complaint/Information	
The People of The State of New York vs.	
tu, Richard	
Street-Address Apt No.	
City State Zin Code	
10/License Number State Type,Class Expires (mm/did/yy) Sev	
L L M	
8/4 Sb 40 Bru Plan Bike	misstates statute
Reg Mate Expires timir/did/yy) Plate Type Veh Type Make Year Color	(should be
The Person Described Above is Charged as Follows:	"1-05(i)";
Tippe 24 immersion Date of Disease (amenday)	insufficiently
Place of Assumption	particularized
Precinct Precin	(1-05(i) has 11
In Violation of Subsection VTL Adioin Penal Park Other Section Section Code Law Rules	subsections)
Title of Offense:	
Failure to tie de Undantil Bicycling	
Bronx Criminal Court - 215 E 161 Street, Bronx, NY 10451	
Kings Criminal Court - 346 Broadway, New York, NY 10013	didn't fail to yield
Redhook Community Justice Center - 88-94 Visitation Place, Brooklyn, NY 11231	
New York Criminal Court - 346 Broadway, New York, NY 10013	
whotown Community Count - 114 w 34 Street, New York, NY 10019	
Queens Criminal Cuurt - 120-55 Queens Boulevard, Kew Gardens, NY 11415	
Richmond Criminal Court - 67 Targee Street, Staten Island, NY 10304	
Defendant stated in my presence (in substance):	
1 personally observed the commission of the offense charged herein. False statements made herein are punishable	
as a Class A Misdemeanor persuant to section 210.45 of the Penal Law. Affirmed under penalty of law.	
Complainant's Full Name Printed RamyFull Subfuture of Complainant Date Affirmed unofold/yy	
10/0 0/3/11	
NY PO 730503	
The person described above is summaned to appear at NYC Criminal Court Summary Part County	
Date of Appearance (num/eld/sy) At 9:30 a.m.	
I PORCEASED S PAID	
DEFENDANT'S COPY	

This is the story about the ticket I received for going through a red light in Central Park, and how it was resolved.

ecember 5, 2012

This is the story about the ticket I received for going through a red light in Central Park, and how it was resolved.

Park Rule 1-05(I)

I ride laps in Central Park as my principal form of working out. Conduct in the city parks is governed by regulations promulgated by the Department of Parks and Regulations. Bicycle riding is governed largely by Rule 1-05(I), which has at least four subsections pertaining to bicycles. The one relevant to my ticket appears to be 1-05(i)(3), which provides:

"No person shall operate a bicycle or a pedicab in a reckless manner. Any person operating a bicycle or pedicab shall ride in the direction of traffic and obey all traffic lights and road signs."

The provision that bothers most cyclists is the need to stop for red lights. If, like me, you're doing a workout, you want to keep your heartbeat up, which means not stopping for red lights.

The Talks between the NYCC & the NYPD

On the behalf of its members, the New York Cycle Club ("NYCC") had been talking with the Central Park Precinct of the New York Police Department ("NYPD") to obviate the need to stop for red lights. One City Council member friendly to the NYCC recommended a bill to treat red lights in all city parks as being yellow lights, but it never got to the point of being a bill, much less a law.

The best that the NYCC could manage was an oral agreement with the police that, during the early morning weekday hours, the police would use discretion and enforce against reckless and dangerous behavior, rather than treating every failure to stop for a red light as an infraction of the law. But the agreement was never reduced to writing, and as of August 2012, it wasn't even clear that that understanding was still in effect.

My Ticket

I typically ride my laps at night after 8:00 p.m., when it isn't necessary to stop for red lights. On 8/29/12, I decided to do my laps in the late afternoon, around 4:00. I was vaguely aware of the talks between the NYCC and the NYPD, and thought that maybe the traffic lights weren't being enforced.

What I didn't know was that the understanding pertained only to the early morning hours. What's more, on 8/13/12, Richard Bernstein, a blind lawyer training for the marathon, was struck from behind by a cyclist he claims was going 35 mph. Bernstein suffered a broken hip and pelvis, as well as severe dental damage, and, needless to say, sued the City. This put the City under increased pressure to ticket for going through red lights.

On 8/29, I was watching to see whether the cops were ticketing people who weren't stopping for red lights. When they didn't, I figured the law wasn't being enforced. But at 72nd and the West Drive, in Central Park, I went through a red light and was pulled over by the police. At one point, there were four cops watching one of them issue me a ticket.

The cop issuing the ticket was extremely apologetic about giving me the ticket. He said that he didn't like being in Central Park giving tickets to cyclists. But, he said, there had recently been a serious accident that put the NYPD under a lot of political pressure to ticket in Central Park.

He told me that he was going to check the box on the ticket marked "Park Rules" (rather than "Penal Law" or "Admin.

Code"). That subjected me to the lightest possible penalty, and prevented points from going on my drivers license. He also told me, by way of encouragement, that many tickets were dismissed. His manner bordered on being solicitous.

The Arraignment

The ticket required that I appear on 11/5 at 346 Broadway for what I take to have been an arraignment. For reasons I can't understand, nearly everyone at the check-in was poor. At this stage, the middle class people hadn't yet pled out, so there should have been a mix of middle class as well as poor people. But that wasn't the case.

When my case came up, the judge identified the law that I had violated and told me the fine was \$75. I pled not guilty and was told to wait in the hall for a trial date. People who pled guilty were also told to wait in the hallway, where they would be given a piece of paper stating a deadline for paying the fine. All told, the arraignment took about two-and-a-half hours.

The Reasons for Hope

I talked to some people that know a little about tickets. Apparently, if the ticket misstates the law that has been broken, or misstates the date or the location, it will be dismissed. One member has e-mailed me saying that her ticket was dismissed because the cop specified the wrong date as well as the wrong court. She also said that Transportation Alternatives had been very helpful with advice on how to deal with the ticket.

And needless to say, if the cop doesn't show, the government can't put on a case, and the ticket will be dismissed for lack of prosecution. According to a lawyer, who used to be a cop, if he has to appear elsewhere on a more serious matter, he's going to go there. And if he's on vacation, the NYPD won't pay the overtime needed to get him to come to court. But, if he's not doing anything special, he'll come.

But even if the cop shows, he is expected to remember the circumstances of the infraction. I can't understand how that makes sense: on 8/29 alone, the cop must have issued dozens of tickets, and in the intervening three months, he must have issued hundreds of tickets. But according to one member of the 5BBC, her ticket was dismissed because the cop couldn't remember the episode.

The Trial

So on the date of trial I am back at 346 Broadway. Most of the morning was spent listening to more arraignments-- drinking out of open containers, driving without a license, speeding, etc. The woman seated next to me had been selling jewelry without a license, and made no secret of her interest in meeting a sugar daddy.

Then, in the late morning, a number of beefy cops started to show up, a sign that we were getting to the trials. But there were relatively few cops given the number of people in the room. Then, in quick succession, about four tickets were dismissed because the cop hadn't showed. Mine was one of them.

So I never got to try my defenses. For example, the cop had identified the statue as Park Rule "105I", when in fact it was Park Rule "1-05(I)". But the cop-turned-lawyer told me that the government would probably have been permitted to amend the ticket. But in addition, the ticket said, "Failure to Yield-Unlawful Bicycling". But in fact, I had failed to stop which, I intended to argue, was different from failing to yield. But I didn't get a chance to try those arguments out.

After my ticket was dismissed, I sprang for the \$10 to get a certificate stating that the ticket had been dismissed. All told, the episode cost me the two hours at the arraignment, and the half day at the trial, plus the \$10.

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★ 16

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Friday Night Kripalu Yoga!

Kripalu yoga encourages self-compassion, a flowing breath, and being present in the body as you choose your level of physical intensity. Both beginners & experienced students are invited to an evening of movement and inspiration.

Breathe, Relax, Feel, Watch & Allow

Mats available, but bring a towel to keep them clean. Wear or bring loose, comfortable clothing. \$15 per class, or \$80 for six.

Where: 122 East 25th St. (Essential Therapy, bet. Park & Lex) When: Friday nights, 6:30-8:00 PM

Info: 212-591-1213 or www.nykripalu.org

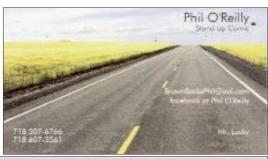












Until further notice, 5BBC members in good standing can put free ads in this section. Space limitations apply and policy subject to change, with or without prior notice. For more information, email the Bicycletter editor at editor@5bbc.org.

Bike Events & Places to Ride Your Bike

PARK

Open year round. www.brooklynbridgeparknyc.org





Go around or go part of the Manhattan shoreline all year. Visit http://tinyurl.com/nkqy43

From our friends at the Bicycle Touring Club of North Jersey

Jacksonville to Melbourne, Florida April 6 - 12, 2013

We need a minimum of 10 (we currently have 10) and a maximum of 18 cyclists for our upcoming April 2013 trip from Jacksonville to Melbourne, Florida. BTCNJ membership required. Folks fly to Jacksonville on Saturday, April 6th and meet their bikes at a bike store in Fernandina, FL. We then start on a ± 25-mile ride to St Augustine. Then it is Palm Coast, Daytona, Titusville (possibly Cape Canaveral/Kennedy) and finally Melbourne. Total mileage should be about 220 to 240 miles or about 50 miles per day. We will stay at hotels/motels along the beaches on the way down. The weather is warm and so is the water. Tentative cost for the trip is about \$1,400 which includes estimated costs for flights, hotels and food. Likely it will be less if we book flights well in advance!

Bikes will be taken down and returned by van. All will share riding the SAG wagon during the trip. Tour leaders: Ted Semegran and Lou Wassong. Question? Call Ted Semegran: 201.452.7264 or email ted_semegran@hotmail.com

Notable Bike Events 2013

This is a brief listing of bike events based on last year, as of Feb. 8. Please go online for further information. Most event organizers encourage early registering as well as volunteering as ride/non riding marshals. Events and dates (if indicated) are subject to change at any time. TBA: To Be Announced

Monthly

Every First Friday Critical Mass, Manhattan (Times Up!)...Moonlight Ride (Times Up!)

April

Sat. 4/20 Blessing of the Bikes (Bicycle Shows US)

May

Sat. 5/4 Farmlands Tour (Central Jersey Bicycle Club)...Rosarito Ensenada Bike Ride (Baja California, Mexico)

Sun. 5/5 Five Boro Bike Tour (Bike New York)...TBA: Tour de Staten Island (Transportation Alternatives)

Sun. 5/19 Montauk Century (Five Borough Bicycle Club)...Fri. 5/31 Tour la Nuit (Montréal, Vélo Québec, Canada)

June

Sun. 6/2 Bloomin' Metric (Sound Cyclists, CT)...Tour de Brooklyn (Transportation Alternatives)... Tour de l'Île (Montréal, Vélo Québec, Canada)

Sat. 6/8: Revolutionary Ramble (Morris Area Freewheelers, NJ)...TBA: Bike Boat Bike (Suffolk Bicycle Riders Association, NY)...

TBA: Tour de Cure (American Diabetes Association)...TBA: Jersey City Ward Tour (Bike JC, NJ)

TBA: Mattituck Century (Five Borough Bicycle Club)...TBA: New Haven Century (Elm City Cycling, CT)

July

Sun.-Sat. 7/21-27 Register's Annual Great Bicycle Ride Across Iowa (RAGRAI)...Sun. 7/28 Harlem Valley Rail Ride TBA:Tour de Queens (Transportation Alternatives)...TBA: Brooklyn Waterfront Epic Ride (Brooklyn Greenway Initiative)

TBA means To Be Announced

Bike Events & Places to Ride Your Bike

August

Sat. 8/3 Princeton Century (Princeton Freewheelers)...Sun. 8/18 Ramapo Rally (Bicycle Touring Club of Northern New Jersey)

TBA: Discover Hudson Valley (Bike New York)

September

Sun. 9/8 TA Century (Transportation Alternatives)...Sun. 9/29: Honolulu Century (Hawaii Bicycling League)

TBA: Escape New York (New York Cycle Club)...TBA: Twin Lights (Bike New York)...TBA: Golden Apple (Westchester Cycle Club, NY)

October

Sun. 10/6 MS Bike Tour (Bike MS NYC)...TBA: Fountains Ride (Times Up!)...TBA: Pumpkin Patch Pedal (Staten Island Bicycling Association)

TBA: Sea Gull Century (Salisbury, Maryland)...TBA: Tour de Bronx (Transportation Alternatives)

November

Sun. 11/24 Maui Century (Maui Bicycle Club, Hawaii)

December

Thurs.-Tues. 12/26-31 Christmas Bike Trip (Hostelling International, San Diego, CA)

Further Information (Most can also be found on Facebook)

American Diabetes Association - www.diabetes.org/tour

Bicycle Shows US - www.bicycleshows.us

Bicycle Touring Club of North Jersey – www.ramaporally.com

Bike JC (Jersey City, NJ) - www.bikejc.org

Bike MS New York City -- www.bikemsnyc.org

Bike New York - www.bikenewyork.org

Brooklyn Greenway Initiative – www.brooklyngreenway.org

Central Jersey Bicycle Club - www.cjbc.org

Elm City Cycling (New Haven, CT) – www.elmcitycycling.org

Five Borough Bicycle Club (NJ) - www.5bbc.org

Harlem Valley Rail Ride - www. harlemvalley rail ride. com

Hawaii Bicycle League - www.hbl.org

Hostelling International (San Diego, CA) - www.sandiegohostels.org/christmas-bike-ride

Maui Bicycle Club (Hawaii) - www.mauibicycleclub.org

Morris Area Freewheelers (NJ) - www.rambleride.org

New York Cycle Club - www.nycc.org

 $\label{eq:princeton} \textbf{Princeton Freewheelers (NJ)} \ - \ \text{www.princeton freewheelers.com}$

RAGBRAI - www.ragbrai.org

Rosarito Ensenada Bike Ride (Mexico) - www.rosaritoensenada.org/english

Staten Island Bicycling Association - www.sibike.org

Suffolk Bike Riders Association (Long Island) - www.sbraweb.org

Sea Gull Century (Salisbury, Maryland) - www.seagullcentury.org

Times Up! - www.times-up.org

Transportation Alternatives – www.transalt.org

Vélo Québec (Montréal, Canada) - www.velo.qc.ca/en

Westchester Cycle Club (NY) -- www.westchestercycleclub.org



On The Record

5BBC Executive Board Election Results

The following people were elected for Board positions for 2013:

President - Liz Baum

Vice-President - David Meltzer

Secretary - Andrea Mercado

Treasurer - Bill Mastro

Membership Coordinator -Shawn Carney

Rides Coordinators

- Dennis Griffin and Fritz Van Orden

Leadership Coordinator -Manny Sanudo

The Board now consists of seven positions and the Board is elected by the membership. The Board will then appoint a number of coordinators like communications coordinator, newsletter coordinator etc. who previously were elected to those positions by the membership.

We Want You!

The 2013 5BBC Executive Board needs people for the following positions:

Website Help

If you want to know exactly what those website and database improvements are, we're certainly happy to share details with you.

But first I'll ask: can you help?



- Technical research is under way but we need volunteers who can make time to communicate with other clubs and enthusiast groups (it doesn't have to be just bikes!) to see what solutions they are using or have considered, researching possible technical solutions, assessing what the budget requirements may be, and compiling that data for presentation to the Board.
- There is also plenty of work for anyone who wants to contribute their expertise in technical, content and design. Membership Coordinator Shawn Carney has more details for anyone who is interested, so please let her know email to membership@5bbc.org.

Thanks!

Bicycle Course Coordinator

Now that the 5BBC Election is out of the way, we're down to business on 2013 initiatives. We need a new Bicycle Course Coordinator.

Handy with bike tools? Love to teach? Want to get out in the community? Then this is your volunteer gig:

- Plans, schedules, and recruits presenters for bicycle repair courses and seminars.
- Conducts "Repair ride" regular day trips with bike-repair theme like flat fixing, brakes, gears, etc.
- Bike Shop classes: In the past, the 5BBC has partnered with Bicycle Habitat, 718 Cyclery and Recycle-a-Bicycle for bike repair or bike-related instruction (e.g. "How to choose a new bike"). These events have been the basis for monthly 5BBC meetings.
- Summer Streets: 5BBC staffs a "free bike repair" table on Park Avenue with volunteer mechanics.

Interested in the job? Write to info@5bbc.org and we'll be very happy to speak with you.

Thanks!





Membership & Merchandise

General Information (Please print)

First Name	– <u>M.I.</u>	Last Name		
Address				Apt.
City			State	Zip
Email Address				
Day Phone		Evg. Pho	ne	
2nd member's name if dual if 2nd tripper on weekend tr		ership (two me	mbers at	same address) or
First Name	— <u>M.I.</u>	Last Name		
Email Address				
Day Phone		Evg. Pho	ne	
I attest that: a) I am eighteen (18) years b) I am competent to bicycle c) I will check the bicycle a that it is in proper workin d) I will wear a CPSC or Sr I discharge and release respective ride leaders an agents, boards, commissic and representatives of the connected in any way with r caused by the negligence or I acknowledge: a) the 5BBC's recommenda advisability of my particip	e on purind assing order hell appropriate fixed all spons and a foregray partification the fixed and of the fixed and of the fixed attention the fixed assignment of the fixed attention assignment of the fixed attention the fixed assignment of the fixed attention the fixed attention the fixed assignment of the fixed attention the fixed attention assignment of the fixed attention the fixed attention as a second attention attention attention as a second attention as a second attention a	ablic roads in tra ociated equipm and legal for or roved helmet we we Borough B ponsoring orga d any involved oing, from all icipation in 5BE the above part	nent that operation while riding icycle Clanizations municipalisty ilability ices.	on the streets, g my bicycle. Jub (5BBC), their respective alities, employees arising out of or es, whether or not
b) that medical or other se any of the parties mentic c) that I may be photograpl photo, video or film liken of the parties mentioned I have read and understand its terms in consideration activities.	ervices of the control of the contro	rendered to me ove are not an ring 5BBC activ be used for any aiver and Relea	e by or a admissio vities and y legitima	on of liability, agree to allow my te purpose by any ability and agree to
Signature, 1st Member				Date

Signature, 2nd Member

Date

Waiver by Parent/Guardian of a Minor

If a member is under age 18, parent's or guardian's signature is also required.

I attest that:

- a) I am the parent or guardian of the minor named below,
- b) I will check the equipment the minor will use in 5BBC activities to insure that it is in proper working order and legal for operation on the streets,
- c) If the minor is under age 14, he or she shall be under the direct supervision of myself or an adult designated by me during 5BBC activities.

I understand that the minor will be bicycling on public roads, in traffic. I have read and understand the Waiver and Release of Liability above and agree to its terms on behalf of myself and the minor in consideration of his or her being allowed to participate in 5BBC activities.

Minor's Name (Please print)			
Parent's or Guardian's Name (Please print)			
Parent's or Guardian's Signature	Date		
Member Preferences Put a check mark next to the things you don't want us to do. both members of a dual membership.	This applies to		
Do not list snail mail address in the 5BBC roster.			
Do not list email address in the 5BBC roster.			
Do not list phone numbers in the 5BBC roster.			
Do not share name, address, etc. with other bike c organizations.	clubs or cycling		
Do not send weekly email on current 5BBC rides and ev	vents.		

Payment 5BBC Membership Individual \$25, Dual \$30\$ Dual Membership: two persons at same address. Memberships expire on Dec 31 of the year you join or renew, except those who join after Oct 1, in which memberships expire Dec 31 of the following year.
Cross Borough Jersey Indicate quantity and size Ladies (Circle One) M Men (Circle One) M L Total qty @ \$65 each
5BBC Patches Total qty @ \$4 each\$
Total Payment\$

Make check or money order payable to **5BBC** and mail to:
 Five Borough Bicycle Club 244 Fifth Avenue (200) New York, NY 10001

5BBC Membership Card and Participating Bike Shop Discount List

Below you'll find your Five Borough Bicycle Club membership card. Make sure your mailing label is on the other side (with the new expiration date), then just cut it out. Laminate it if you wish, and keep it somewhere safe. Show it at any of the shops listed below for a discount on many items. This list is for is 5BBC members like you. Visit www.5bbc.org/bikeshops.shtml for more shops.

Flash your 5BBC Membership Card at these Bike Shops

Br on X

Westchester Bike Pro Shop

2611 Westchester Ave. Bx, NY 10461 718-409-1114

westchesterpro.com

Br oo KLyn

Bay r idge Bicycle World

8916 3rd Ave. Bklyn, NY 11209 718-238-1118 bayridgebikes.com

Bicycle Station

171 Park Ave., Bklyn, NY 11205 718-638-0300

bicyclestationbrooklyn.com

Fulton Bikes

1580 Fulton Street Bklyn, NY 11213 718-778-2887

Kensington cycle Works

140 Ocean Parkway Bklyn, NY 11218 347-635-4645

kensingtoncycleworks.com

on The Move

400 7th Ave.

Bklyn, NY 11215 718-768-4998 onthemovenyc.com

r oy's Sheepshead cycles 2679 Coney Island Ave. Bklyn, NY 11235 718-646-9430 roysbikes.com

Verrazano Bicycle Shop

7308 5th Ave, Bklyn, NY 11209 718-680-6521, verrazanocycles.com

<u>ManhaTTan</u>

B-Fold (Folding bikes) 224 E 13th St.(2nd-3rd Aves) NY, NY 10003 212-529-7247 bfold.com

Bicycle habitat

244 Lafayette St NY, NY 10012 212-431-3315 bicyclehabitat.com

Bicycle r enaissance

430 Columbus Ave.(81st St) NY, NY 10024 212-724-2350

bicyclerenaissance.com

Bike Works

106 Ridge St. NY, NY 10002 212-388-1077, bikecult.com

champion Bicycles

896 Amsterdam Ave (103-104 Sts) NY, NY 10024 212-662-2690

championbikes.com

c helsea Bicycles

130 W 26th St. (6th-7th Aves) NY, NY 10001 646-230-7715

chelseabicycles.net

city Bicycles

315 W 38 St NY, NY 10018 212-563-3373 city-bicycle.com

conrad's Bike Shop

25 Tudor City Place NY, NY 10017 212-697-6966 conradsbikeshop.com

continuum cycles

199 Ave. B (12th-13th Sts) NY, NY 10009 212-505-8785

continuumcycles.com

eddie's Bicycle Shop

490 Amsterdam Ave., NY, NY 10024, 212-580-2011 eddiesbicycles.net

e noch's

480 10th Ave. NY, NY 10018 212-582-0620, enochsbikes.com

Frank's Bike Shop

553 Grand St. NY, NY 10002 212-533-6332, franksbikes.com **Gotham Bikes**

112 W Broadway, NY, NY 10013 212-

732-2453 togabikes.com

heavy Metal

2016 Third Ave., NY, NY 10031

212-410-1144

innovation Bike Shop

105 W 106 St., NY, NY 10025 212-678-7130 innovationbikeshop.com

Jack r abbit

(1) 42 W. 14 St., NY, NY 10017 212-727-2980, (2) 1255 Lexington Ave., NY, NY 10028 jackrabbitsports.com

Larry & Jeff's Bicycles Plus

1400 3rd Ave., NY, NY 10021, 212-794-2929 bicyclesnyc.com

Liberty Bicycles

846 9th Ave. NY, NY 10019 212-757-2418, libertybikesny.com

Manhattan Bicycles

791 9th Ave., NY, NY 10019

212-262-0111 Mani's Bicycle Shop

8 Bennett Ave., NY, NY 10033 212-927-8501

Master Bike

255 West 72 St. NY, NY 10024 212-580-2355, masterbikeshop.com

(1) 332 E. 14 St., NY, NY 10003 212-228-4344, (2) 360 W 47th St., NY, NY 10036, 212-581-4500, (3) 546 Sixth Ave., NY, NY 10011, 212-255-5100, (3) 231 W 96 St., NY, NY 10025 metrobicycles.com

Mod Squad cycles

2119 Frederick Douglass Blvd., (114-115 Sts), NY, NY 10026 212-865-5050 modsquadcycles.com

My Bike heaven

348 E 62 St. NY, NY 10021 212-230-1919, mybikeheaven.com

64 Second Ave. (4th St) NY, NY10003 212-253-7771 nycvelo.com

nyce Wheels

1603 York Ave., NY, NY 10028 800-692-3943 nycewheels.com

Pedal Pusher 1306 Second Ave., NY, NY 10021

212-288-5592 pedalpusherbikeshop.com

Sid's Bike Shop

(1) 151 W 19 St. NY, NY 10021 212-989-1060

212-213-8360 sidsbikes.com

Toga Bike Shop

110 West End Ave., NY, NY 10023 togabikes.com

(2) 235 E 34th Street NY, NY 10016

Tread Bike Shop

250 Dyckman St., NY, NY 21-544-7055 treadbikeshop.com

Victor's Bike r epair 4125 Broadway (174 St) NY. NY 10032 212-740-5137

Zen Bikes

134 West 24th St. NY, NY 10011 212-929-2453 zenbikes.com

QUeenS

arc De Triomphre Bicycles

114-01 Jamaica Ave. Richmond Hill, NY 11418-2443 718-846-2099 adtbikes.com

Bellitte Bicycles

169-20 Jamaica Ave., Jamaica, NY 11432 718-739-3795 bellbikes.com

Bicvcle Barn

107-34 Springfield Blvd, Queens Village, NY 11429, 718-479-3119,

Bike Stop

37-19 28th Ave

Long Island City, NY 11103 718-278-2453, bikestopastoria.com

Bill's cyclery

63-24 Roosevelt Ave Woodside, NY 11377 718-335-1906, ubuybikes.com

Buddy's Schwinn Bicycle 79-30 Parsons Blvd, Flushing, NY

11367, 718-591-9180

Peak Mountain Bike Pro Shop 42-42 235th St., Douglaston, NY 11363 718-225-5119, peakmtnbike.com

Spin city cycle

98-73 Queens Blvd, Rego Park, NY 11375,718-896-8850, spincitycycle.com

Spokesman cycles

49-04 Vernon Blvd., Long Island City, NY 11101, 718-433-0450 spokesmancycles.com

STaTen iSLanD

Bennett's Bicycles

517 Jewett Ave., Staten Island, NY 10302, 718-447-8652 bennettsbicycle.com

LonG iSLanD

The Bicycle Planet

540 Jericho Turnpike

Syosset NY 11791 516-364-4434

www.thebicycleplanet.com

Bike Discounters

1021 Portion Rd., Ronkonkoma, NY 11779, 631-846-7320, thebikeoutlet.com

Brands cycle center

1966 Wantagh Ave., Wantagh, NY 11793, 516-781-6100, brandscycle.com

east end Bicycles

943 Montauk Hwy., Shirley, NY 11967 631-399-7390, eastendbikes.com

carl hart Bicycles

620 Middle Country Rd., Middle Island, NY 11953, 631-924-5850, carlhart.com

Sayville Bike Works

75 Main St., West Sayville, NY 11796,

631-589-0009, sayvillebike.com South Shore Bicycle & Fitness

1067 Broadway, Woodmere, NY 11598 516-374-0606, southshorebicycle.com

Sunrise cyclery

4828 Sunrise Highway Massapequa Park, NY 11762 516-798-5715 sunrisecyclery.com Sunrise Tri

520 Sunrise Highway West Babylon, NY 11704 631-587-6200 sunrisecyclery.com

Valley Stream Bicycle

95 E. Merrick Rd., Valley Stream, NY 11580, 516-825-8181

vallevstreambicvcle.com

Visentin Bike Pro Shop

51 Pine Hollow Rd., Rte. 106 Ovster Bav. NY 11771. 516-922-2150, visentinbike.com

WeSTcheSTer

Bicycles Unlimited

141 East Main St., Elmsford, NY 10523 914-592-7979

Pelham Bicycle center

109 Wolfs Lane, Pelham, NY 10803 914-738-3338, pelhambikes.com

Sierra cycles

46 Garth Rd., Scarsdale, NY 10583 914-725-8333, sierracyclesny.com

connec Tic UT

Baybrook Bicycles

243 Captain Thomas Blvd, West Haven,

CT 06516' 203-933-4576 baybrookbicycles.com

college Street cycles 252 College St., New Haven, CT 06510

203-865-2724, collegestreetcycles.com

newington Bicycle 1030 Main St., Newington, CT 06111

860-667-0857, newingtonbike.com

neW Jer Sey

Bicycle Tech 2 Station Rd., Lincoln Park, NJ 07035 (973) 694-6775, bicycletechonline.com

Bicycle Workshop

175 Country Rd., Tenafly NJ 07670

201-568-9372, bicycleworkshop.com

Marty's r eliable cycle 173 Speedwell Ave., Morristown, NJ 07960, 973-538-7773,

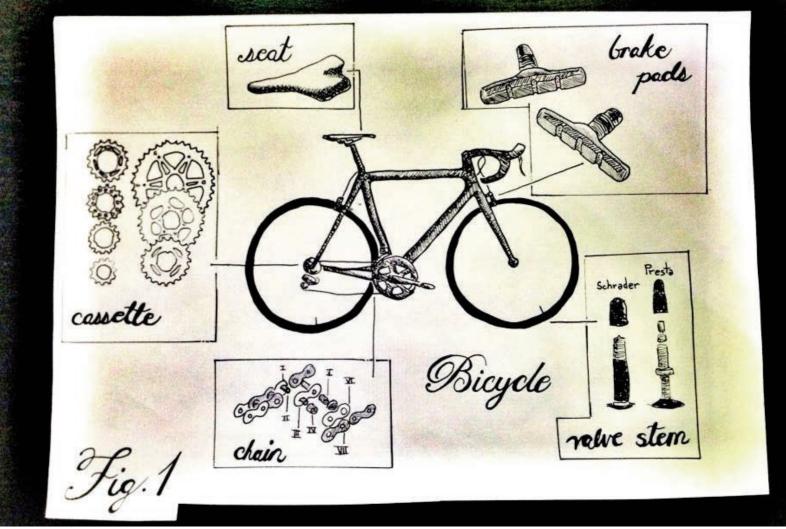
martysreliable.com

strictlybicycles.com

Strictly Bicycles 2347 Hudson Terrace, Fort Lee, NJ 07024, 201-944-7074,



Scan this link to the 5BBC website!



Original bicycle art by 5BBC Leader and Membership Coordinator Shawn Carney.

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About the Five Borough Bicycle Club

The Five Borough Bicycle Club is a nonprofit association, encouraging people to enjoy the sport of non-competitive cycling, through our bike rides, weekend trips and general meetings. The club is located at the Hostelling International-NY building, formerly American Youth Hostels (AYH). Bicycle club programs include bicycle trips, education, and special events. General Meetings are open to the public and usually held monthly. Please check the Bicycletter and the website www.5bbc.org for exact dates and locations. You can also contact the Five Borough Bicycle Club Programs Coordinator at programs@5bbc.org.

Executive Board Meetings, which are open to club members who have contacted the club President or Vice President prior to the meeting, are usually held on the first Monday of each month.

Five Borough Bicycle Club membership is \$25, or \$30 for two (2) members of the same household, is valid through December 31, 2012*

*Membership initiated after October 1, 2012 is valid through December 31, 2013.

Submissions the Bicycletter heartily encouraged, on CDs, flash drives or even 3.5" diskettes, accompanied by hard copy; or email newsletter@5bbc.org. Please limit articles to 300 words. Classified ads are free to

Views expressed in the Bicycletter do not necessarily reflect those of the 5BBC.

Deadlines for submissions to the Bicycletter are usually the first day of the month prior to the issue. Submissions may be edited for clarity and/or space. The deadline for submissions for the March 2013 issue is:

Sunday 23 February 2013

Bicycletter

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Editor: Alfredo Garcia

The Bicycletter is a monthly pdf publication of the Five Borough Bicycle Club.

Contacting Us

Phone: (347) 688-2925. Note: This is a Google number set up for the 5BBC.

E-Mail: info@5bbc.org

For Bike New York, (212) 870-2080





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5BBC jersey designed by Caryn Greenberg. Some available for \$65 visit www.5bbc.org