

BICYCLE LETTER

Publication of the Five Borough Bicycle Club • December 2012 • www.5bbc.org



COME ON AND ENJOY SOME
BARBECUE & CELEBRATE
THE HOLIDAYS **AND PARTY**
at the **FIVE** ANNUAL
BOROUGH **Holiday**
BICYCLE **Party!**
CLUB

SATURDAY
DECEMBER 1ST
6PM TO 10PM



5bbc.org

Bicycletter December 2012

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David "Mel" Meltzer, David Seto, Jackie Junttonen, June Kunugi, Kathryn Baur, Phil Goldberg, Shawn Carney, Stanley Fine, Steve Rosenstein, Wendy Frank, etc.

*5BBC Members
Please Vote in
the Board
elections.*

*And please
renew your
membership.*

Thank you





Clyde Dillard, Shawn Carney and Elizabeth Peters, brief stop on their Graffiti Tour ride, Sunday, November 25, 2012. They are among the new generation of 2010-12 5BBC leaders graduated by Ed Pino and Liz Baum. Photo by Kathryn Baur

5BBC Rides Meeting Places

City Hall

South of Chambers & Centre Streets, directly across from Brooklyn Bridge entrance, Manhattan, Horace Greeley statue. Subways: 2 3 to Park Place, R W to City Hall, 4 5 6 to Brooklyn Bridge/City Hall, J M to Chambers St.

Doughnut Plant

379 Grand St., SW corner of Norfolk St., Manhattan. Subways: F to Delancey St., J or M to Essex St.

George Washington Bridge (GWB) Bus Terminal

George Washington Bridge Bus Terminal, northeast corner, Ft. Washington Ave., 178th St., Manhattan. Subways: A to 175th St.,

Metro Diner



2641 Broadway, NW corner 100th St.
Subway: 1 to 103rd St.

Plaza Hotel

Fifth Ave. at 59th St., southwest corner, Litz fountain. Manhattan. Subway N R to Fifth Ave., 4 5 6 A B D E F nearby

Prospect Park (Grand Army Plaza)

Flatbush Ave. @ Eastern Parkway, Bklyn. Near benches at entrance to park. Subways: 2 3 to Grand Army Plaza, F Q to 7th Ave., R to Union St.

South Ferry

Staten Island Ferry terminal, ground level bicycle waiting area, Manhattan. Subway 1 to South Ferry; R to Whitehall St.; 4 5 to Bowling Green; 2 3 A C E nearby

*For a comprehensive list of ride locations, visit:
www.5bbc.org/meetingplaces.shtml*

PLEASE RENEW
YOUR 5BBC
MEMBERSHIP.....
PLEASE RENEW
YOUR 5BBC
MEMBERSHIP.....



5BBC Day Trips December 2012

One of the many unique works of art seen on the Graffiti Ride, November 25, 2012. Photo by Kathryn Baur.





Manhattan's **Doughnut Plant**, not far from where Danny lived. He led rides that started from this shop.

Sunday, November 25, 2012

GRAFFITI TOUR

9:00 AM, Prospect Park (Grand Army Plaza), Brooklyn, 30ish miles, moderate pace

A tour of graffiti spots in Manhattan, Brooklyn and Queens. We'll travel over the Manhattan, Williamsburg, Pulaski and Grand Street Bridges. Lunch at the Court Street Diner across from 5Pointz Aerosol Art Center outdoor art exhibit space in Long Island City. Bring lock, plus \$ for lunch. Rain or snow at the start cancels the ride. Leaders: Shawn Carney, Elizabeth Peters and Clyde Dillard

THREE MUSEUMS

10:00 AM, City Hall, 20 miles, easy pace

Three (maybe four) Museums / Mansions / Homes. All in the borough of Manhattan. All here before the Civil War (one in a different place from where it was built). Two wrapped up deeply in American history. Minor to zero entry fees. The City is over 400 years old. You think it doesn't have history? Come find out. Leaders: Ed DeFreitas & TBA

Saturday, December 1, 2012

"NOT A CHOCOLATE-LOVING MOTHER TERESA"

- A MEMORIAL RIDE FOR DANNY LIEBERMAN

9:00 AM SHARP, Doughnut Plant, Manhattan, 25 miles, moderate pace

Come join us for a memorial ride for Danny, beginning at his favorite start point at the Doughnut Plant on Grand Street at Norfolk and traveling for a choice of pastry or gelato in Astoria. We will do a quick loop through northwestern



He would look forward to 5BBC rides, if he was in New York City. Photo via Wikipedia.

Velo Ipsum

Lorem ipsum landbouwk rediet parcours battoowoo greekgreek operacion puerto grupo, bartali bosberg commissaire valkenberg res firma mitescere nescit. Thor smash ronde van belgie, tete de la course bahamontes broom wagon vaughters the normandie.

Shut up legs gp ouest france plouay molenberg danseuse. Bunnyhop cadence pantani, caravane ullrich snob arrivare landbouwkrediet muur, gimondi hinault nokere koerse? Tiegemberg kluisberg ombregt bruyneel.

Hoogerland luz ardiden bahati meyrueis pedal boonen, longo muur-kapelmuur? Coppi tenbosse cavendish this greek text is produced by rouleur derby, almost certainly the best fantasy cycling game in the world in, valkenberg tiegemberg feed zone oude kwaremont hoogerland as the toto turns.

Trousselier cadence giro contador vuelta a espana belgium, the Druber krabbe bronzini van steenbergen musette? Bruges forest of arenberg, HTFU tour de mont aigoual grimpeur indurain ombregt chicane.

Vendee domestique keirin fabianese. Meyrueis rouleur bromont, spartacus coppi e3 prijs vlaanderen berendries suitcase of courage schleck, jens sanchez kelly? Broom wagon paris-nice col de perjuret the.

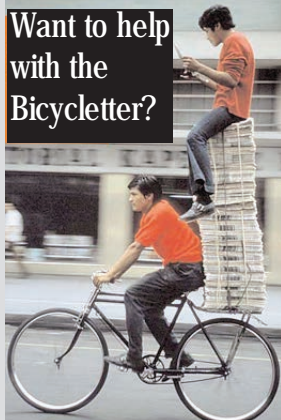


IMPORTANT CYCLING NOTE #1

There may be more rides not listed in the Bicycletter. Please check the club web at ww.5bbc.org/rides and/or bulletin board; As a member, check club weekly emails.

IMPORTANT CYCLING NOTE #2

As the weather gets cold, it's very important to: Dress in layers, that can be removed when needed. Apply Sunscreen and Lip Balm to protect your exposed skin and lips; Wear Sunglasses to protect your eyes. Drink lots of Water to stay hydrated. Thank you.



From bookcover: The Best of Newspaper Design 27
You can contribute articles & photos for the Bicycletter--let us know. Email newsletter@5bbc.org
The club's sans print communiqué is still viable in the Age of the 21st Century Internet.

The Bicycletter is now MONTHLY

Queens and then head to Brooklyn and have you back to the start in plenty of time to get home and dressed in order to make the 5BBC Holiday Party at 6:00 PM. No lunch stop; bring \$\$\$ for pastry/gelato. Leaders Ed Pino, Liz Baum, Bill Mastro and others.

Sunday, December 2, 2012

FROSTBITE SERIES #1 - RIDE TO BAYONNE FOR THE WORLD'S GREATEST PANCAKES 10:00 AM, City Hall, 25 miles

This is the traditional start to our club's answer to the pending winter blahs. The "Frost Bites" series asks the question, if winter is too cold to bike, how come it's not too cold for skiing? We start at City Hall, take the ferry to S.I., follow the west coast, cross the Bayonne Bridge for those delicious pancakes. We'll give our respects to the Lady in the Harbor and end up in Hoboken for the trip across the Hudson and home. NOTE: We have an alternate plan if the weather is bad. Leaders: Ed DeFreitas & TBA

Saturday, December 8, 2012

BROOKLYN AND CAKE 9:30 AM, Prospect Park (Grand Army Plaza), Brooklyn, 30+ miles

It is the Holiday Season, so let's burn some calories with a ride around Brooklyn, and then more than replace those calories with a lunch stop at the Mill Basin Deli and then more calories again near the end of the ride as we make our way to Fort Greene to Cake Man Raven for those who want red velvet cake dessert. Bring lock and dollars for food. In case of iffy weather check Bulletin Board or follow [billm45s](https://twitter.com/billm45s) on Twitter. Leaders: Bill Mastro & Claire Mordas

Sunday, December 9, 2012

FROSTBITE SERIES #2 - FLAT ROCK NATURE PRESERVE 10:00 AM, City Hall, 30 miles

Aah Nature in Joisey! This privately owned natural preserve lets us bike to their Nature Center but only hike their trails. Lunch at a pond. Clothing is not optional. Leaders: Ed DeFreitas & TBA.

NOSH & NOGUCHI 11:00 AM, Metro Diner, 2641 Broadway, Manhattan (NW corner of W 100 St), 15 miles, moderate pace

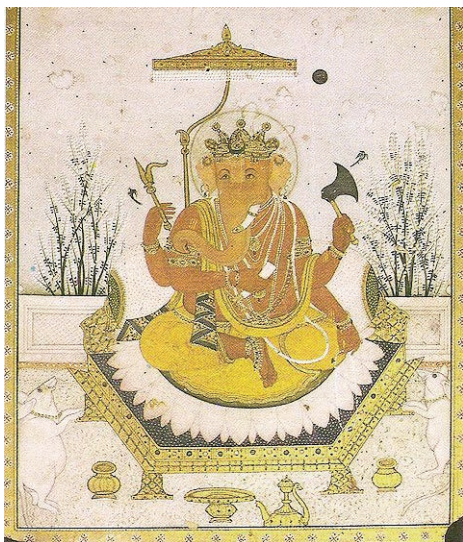
Come join us for brunch and then ride to visit the Noguchi Museum in Long Island City; bring lock, bike lights, \$ for brunch and \$10 museum entrance fee. Meet indoors (warm!) at Metro Diner; lock your bike outside. Note: we will join a 2:00pm Gallery Talk about the museum's collection and then an Artist's Talk from 3:00-5:00pm by San Francisco-based sculptor Agelio Batle. Option to go back earlier on your own. It gets dark early, so bring bike lights if you plan to stay for the full program. Leaders: Carolyn Jacobs, Jim Zisfein and Julie Blackburn

Saturday, December 15, 2012



STATEN ISLAND CHOCOLATES 9:00 AM, South Ferry, 23 miles or less, some hills, busy traffic

Come cycling for chocolates, at a relaxed pace. Supreme Chocolatier, (website to visit: www.supremechocolatier.com/) is a longtime chocolate factory and outlet in Staten Island. Bring panniers to stock up on your holiday sweets. Dress warmly for the ride. We will ride further to get a sit-down lunch. Leaders: Alfredo Garcia and Phil Goldberg.



GETTING TO GANESH
9:30 AM, Prospect Park (Grand Army Plaza), Brooklyn, 30 miles, urban terrain, moderate pace

Suffering from Xmas and Hannukah overload? Come ride with us to the Ganesh Temple in Flushing, Queens. In the Hindu tradition, Ganesha is the Remover of Obstacles and the Lord of New Beginnings. We ride through Brooklyn and Queens seeking both enlightenment and good dosas. Lunch will be in the Temple Canteen for authentic and delicious South Indian vegetarian food. Note: long pants mandatory in Temple. Leaders: David Meltzer and Fritz Van Orden

Sunday, December 16, 2012

FROSTBITE SERIES #3 - XMAS IN THE CLOISTERS
10:00 AM, City Hall, 25 miles

You don't have to be rich as Rockefeller to enjoy mid-evil art in a monastery sitting atop Ft. Tryon Park. Bring lunch for Al Fresco or dine indoors (little pricey but good). Leaders: Ed DeFreitas & TBA.

Monday, December 17, 2012
- Friday, December 21, 2012

THE LOTTERY RIDE
8:30 AM, George Washington Bridge Bus Terminal, 178th St. at Ft. Washington Ave, Manhattan, C-14 pace

We meet EACH WEEKDAY MORNING for the rest of the month of December at the GWB Bus Terminal for a 45-mile ride to three states in quest of winning Lottery tickets, ending at the Willis Ave Bridge in The Bronx. We expect each ride to be

approximately 4 hours of great fun and comradeship. Leaders: Jesse Brown and Rodney Millard. Call 917-578-2244 with inquires.

Sunday, December 23, 2012

FROSTBITE SERIES #4 - XMAS LITES IN DYKER HTS. AND DIM SUM 12:30 PM, City Hall, 20 miles

Brooklyn's Chinatown is no longer a secret. But, it's still a great destination when Dim Sum is desired. We'll check out the Xmas lights atop Dyker Hts. But first, it's Eighth Ave. for lunch. On the way back, we'll take in the Manhattan skyline from Sunset Park. MAKE SURE TO BRING LIGHTS! HOPEFULLY FRONT AND BACK! Leaders: Ed DeFreitas & TBA.

Monday, December 24
- Friday, December 28, 2012

THE LOTTERY RIDE
8:30 AM, George Washington Bridge Bus Terminal, 178th St. at Ft. Washington Ave, Manhattan, C-14 pace

We meet EACH WEEKDAY MORNING for the rest of the month of December at the GWB Bus Terminal for a 45-mile ride to three states in quest of winning Lottery tickets, ending at the Willis Ave Bridge in The Bronx. We expect each ride to be approximately 4 hours of great fun and comradeship. Leaders: Jesse Brown and Rodney Millard. Call 917-578-2244 with inquires.

Thursday, December 27, 2012

A CHRISTMAS-WEEK BROOKLYN LIGHTS RIDE
6:00 PM, Prospect Park (Grand Army Plaza), Brooklyn, 15-20 leisurely miles

Come join us for a Christmas week ride through parts of western Brooklyn to once again check out the holiday lights. We will ride at a leisurely pace to lighting displays in Greenwood Heights, Bay Ridge, Dyker Heights and Bensonhurst. Midway we'll stop in Bay Ridge for a chance to get a holiday treat, hot chocolate or perhaps a slice from Nino's. Bring lock and money for food. All bikes must have lights and you should wear bright or reflective clothing. Rain, snow or extremely cold temperatures will cancel. Check bulletin board the day of ride or follow billm45s on Twitter for an update. Leaders: Bill Mastro and TBD

Bikes On Trains



24-hour access, no permit required, \$2.25 fare each way. Walk bike to station. Enter and exit through service gate. Avoid rush hours. Try to use letter lines (e.g. A, D, E, F) when possible. For weekend email advisories, visit: <http://advisory.mtanyc.info/customerselection.asp>. Read "Bike Safety in the Subways": www.mta.nyc.ny.us/nyct/safety/bike/



Access requires an MTA Bike Permit, as well as fare, good for both trains, available, \$5 fee at:

A) Grand Central Terminal, Metro North window #27 or call 212-532-4900

B) Penn Station, LIRR Information booth or call 718-558-8228

Specific restrictions apply. Note: separate old LIRR and Metro North permits still valid for their respective lines. Web page link for application form:

www.mta.nyc.us/mnr/html/mnrbikepermit.htm

For more information on all MTA



trains, visit www.mta.info/bike/

Specific restrictions apply when you take your bicycle on New Jersey Transit. For Bike Program info, please call (973) 762-5100 or visit www.njtransit.com/rg/rg_servlet.srv?hdnPageAction=BikeProgramTo



A permit is no longer required, but there are restrictions. 5BBC trips that use PATH, usually rides on weekends and holidays. For more info, please call (800) 234-PATH or visit www.panynj.gov/CommutingTravel/path/html/rules.html

Bikes On Boats

Note: This is based on current information, subject to conditions. Please check website for updates. Bring a bungee cord to secure bike to boat railing, when needed.



Staten Island Ferry
www.siferry.com

Year-round from Manhattan's South Ferry to Staten Island St. George. Fare & bike access are free. Go with your bike to the lower level of boat. There are separate cyclist waiting areas on both terminals. Bikes are placed in designated areas of boat.



New York Waterway
www.nywaterway.com

Commuter & leisure cruises to Hudson County, NJ from various Manhattan terminals. They also have an East River route between Manhattan, Brooklyn and Queens. Passenger fare varies from \$4 and up. Bike charge range \$1-\$5.



Seastreak
www.seastreak.com

Commuter and leisure cruises from Manhattan to Highland, NJ and other Monmouth County destinations. Offers daily Sandy Hook cruises from May to Sept. plus seasonal cruises to Martha's Vineyard. Fares range from \$26-\$275, depending on destination. Bike charge is \$5-\$30



Liberty State Park (LSP) Ferry
<http://tinyurl.com/7s3o2z8>

Year-round service between Liberty State Park, Warren St., Jersey City and World Financial Center, Manhattan. \$7 one-way; free bike access. Ferry boats are now white. Not to be confused with New York Water Taxi.

Saturday, December 29, 2012

The View from Bayonne 10 AM, South Ferry

The bridge, that is. One of the most spectacular vistas to be found anywhere. Join us for a coffee run as we head out from the SI terminal along the Kill to the Bayonne Bridge, and then down and around the NJ waterfront and under a gigantic wind turbine. Sights include: Constable Hook, 9/11 Memorial, Port Liberte, Hoboken Terminal, Sybil's Cave, Stevens Institute, and the Hoboken Museum. Return via NY Waterway, \$10.25 fare. Leisurely pace. Leaders: Alfredo Garcia, Josh Gosciak

Sunday, December 30, 2012

FROSTBITE SERIES #5 - NEW YORK BOTANICAL GARDEN 10:00 AM, Plaza Hotel (59th St & 5th Ave, Manhattan), 30 miles

Elly Spangenberg's perennial ride. Smell fresh roses at one of the foremost American public gardens. Take a look at the Holiday Train Show. Go to the Enid A. Haupt Conservatory for "A World of Plants" in a warm environment. See www.nybg.org for internet info. Bring a digital camera, lock, \$ for lunch and \$3 admission. Leaders: Ed DeFreitas & TBA

WHAT IS A QUICK SPIN?

There has been a good deal of postings with reference to our HAPPY FACE and Beginner type rides. These of course are a big part of the rides that the 5BBC continues to offer. However there are rides for the more experience cyclists who wish to advance from the slower paced to a more intermediate or faster level. It is for riders such as these that we offer our Quick Spin (QS) model.

On a Quick Spin there is a group of riders who ride together on a pace of 15 mph or more. There is generally No Point/Drop/Sweep method utilized. While there is a "Point" leader, other riders are welcome to take the lead or even drop back. However with the use of Compression stops throughout the ride the group manages to stay together. While maintaining an adequate pace is encouraged throughout the ride it is in no way a race against time or other riders. Pre-ordered lunch stops are often times the methods used of securing food. Such a method speeds up the time off the bike and allows for an earlier finish.

Bailouts are usually available for anyone wishing to leave while enroute. Many times the Quick Spin

rides are adjacent to public access to the Long Island Railroad or Metro North. The individual ride description will provide such details.

Participation on these rides is very much welcomed. In fact we welcome any rider who may feel she or he might be up to "taking the next step" in their cycling experience. The immediate reaction after completing a QS is one of satisfaction, joy and the urge to do more of them



Dennis Griffin
Day Trip Coordinator

Photo by June Kunugi

2013 Board Elections

At the November 26, 2012 membership meeting, nominations were taken for the 2013 Board. It was also announced at the meeting that the revised By-laws had been passed overwhelmingly by the membership.

Under the revised By-laws, the Board consists of seven positions and the Board is elected by the membership. The Board will then appoint a number of coordinators like communications coordinator, newsletter coordinator etc.

At last night's meeting, the following people were nominated for Board positions for 2013:

President - Liz Baum

Vice-President - David Meltzer

Secretary - Andrea Mercado

Treasurer - Bill Mastro

Membership Coordinator - Shawn Carney

Rides Coordinator - The team of Dennis Griffin and Fritz Van Orden

Leadership Coordinator - Manny Sanudo

Details about the election/voting process will be forthcoming.

My Trip to “The Land of Enchantment”



by David Seto

This was a long and hot summer and I wanted to spend a week of cycling far away from the city. I have always liked the desert and after doing some research on good biking destinations in North America, I settled on the Enchanted State, New Mexico. So I got on the Net and did a search on "bike tours New Mexico." I eventually found a tour company called Coyote Bike Tours that was doing a weeklong ride in northern New Mexico the first week of October. I called the 800 number and got a recorded message. Hmm, there is always a danger that a web site is a scam to get my deposit, but I decided to send in a deposit and buy airplane tickets.

So several weeks later, I found myself standing in Albuquerque airport waiting for a van pickup. After an anxious hour past the scheduled pick-up time, a van drives up and out pops Lawrence Walker, the original Coyote Guy himself. He introduced himself and Rob, our SAG driver for the week. So far, so good. The Coyote Guy is real after all. We pick up another person and off we go to our first destination, Santa Fe.

That evening we assembled at a local restaurant and introduced ourselves. There were ten paying riders and two leaders, Lawrence and Rob. We were a varied lot. Four from California, a sister, brother and dad team from Texas, a retired teacher from Baltimore and myself and a vegan from NYC. Surprisingly, I recognized the other rider from New York City. He and I did a 5BBC weekend ride to Cape Cod last summer. Well, it goes to show you that if you do enough bike tours, you tend to see the familiar faces.

The next day opens with dramatic cloud cover in Santa Fe, like something out of a Georgia O'Keefe painting. The sky seems more blue and the clouds more vivid out there in the wide-open desert. We assemble at the Plaza in Santa Fe, get our cue sheets and off we go.

I start climbing out of Santa Fe and crest a hill. Down I go until I hit the first stop of the tour, a sculpture garden and glass-blowing studio. New Mexico is littered with artisans and their art shops. Even on

the loneliest stretches of road I would come across a shop selling local art. I take a walk in the sculpture garden and watch the glass blowers at work. On my bike again, I'm off to the next destination. Eventually, several riders hit busy Interstate 84, enjoying a thrilling fifteen-mile downhill and the cool New Mexico wind. I am in my biking jersey and feeling a bit cold but I hang on and stop at a lunch spot, a truck stop diner called "The Roadrunner." Pretty good food for a truck stop.

Our next major stop is at a chapel called the Sanitarium of Chiamayo. Years ago, a sick Roman Catholic priest was called by a vision to this location and was healed when he touched the soil there. In thanks, he built an adobe chapel on the spot, and ever since the faithful have come to pray and take some of the healing soil home with them. I saw people scooping up soil in the sanctuary when I toured the chapel. I got strange looks because I was in my tight biking clothes so I snapped a picture and quickly walked out. Our first night on the road, we stayed at the lovely hacienda at Chiamayo. This B&B was actually a large converted adobe house with a courtyard in the center. The rooms were modern and comfortable. A very nice place to stay for the night.

The next day we are on the road again on the "High Road to Taos." This day was the hardest and most hilly of the week. It was an unrelenting fifty miles of ups and downs on back roads along a ridge to the artisan town of Taos. I put my head down and ride up and down the hills mile after mile. The weather is sunny but it is a cold sun with a biting wind. I have to keep putting on clothes and taking them off, depending on if I am riding uphill or taking a chilly ride down. New Mexico in October at high altitude is surprisingly chilly. After about thirty miles I get a flat. No pump and no cell phone service. I walk my bike to the next major interchange and wait for the SAG to come by. Fortunately, a gentleman in a red pickup truck spots me walking my bike and offers me a ride into Taos. I am exhausted anyway, so I gladly accept. Up we go on a four-mile climb over a hill and then a long descent into Taos. My benefactor explains that he and his wife have retired to a small town outside Taos and make pottery for a living. He drops me off at the motel and I thank him. I shower and nap the rest of the

afternoon, feeling a bit sick from the exertion and the cold. This sickness never really leaves me for the rest of the trip.

The next day is a layover day. I spend the day walking the Plaza and art stores. There are very beautiful things with that lovely Southwestern motif. But I buy nothing. I rationalize that I am on a bike tour and not a shopping spree.

Day four, we start the 84-mile "Enchanted Circle" loop that just about all commercial tour companies do in Northern New Mexico. Our first day is a fifty-mile ride to Cimarron, New Mexico, that starts with a nineteen-mile slow climb over a pass and down a wicked mountain descend into the Morenz Valley. The sky and vistas open up and it's all a fast downhill to the lunch stop of the day, the town of Eagle Nest. I feel tired and cold. New Mexico is not supposed to be so chilly. Some coffee and a sandwich later, I am off to Cimarron Canyon and its historic hotel, the Saint James. The last eight miles of the day's ride are accompanied by a very cold headwind that just takes my breath away. I crawl at ten miles per hour. Mercifully, I ride into the Saint James Hotel. This hotel is a surviving relic of the famous Wild West. We have dinner in the dining room that was previously the saloon room. I look up at the tin ceiling and count 24 bullet holes. We are told that this room will probably be the most violent room we will ever sit in. A total of 27 men were gunned down either in the hotel or just outside. We are even told by the hotel manager that there have been reports of a ghost over the years. I take a private tour of the old hotel and feel a bit uneasy. Hmm, I have seen the film "The Shining."

Day five, I dress, have breakfast and go off on another fifty-mile ride to the ski resort town of Red River. The day is sunny but very cold. A stiff head wind howls in through Cimarron Canyon. I keep riding. My stubbornness won't let me stop and wait for a SAG. But twenty-five uphill miles later, I see a fellow rider standing on the side of the road. He is waiting for SAG and I stop and wait with him. Somehow I feel better taking SAG with someone else. I guess misery likes company. The van comes and gives us a

ride to the Ski Lodge at Red River. There are four of us in the van. This ride is proving to be punishing. We pass two stronger riders on Bobcat Pass at 9,800 feet, the highest pass of the tour. They are cold but riding hard up the hill. They will make it. But for me it's another hot shower and under the covers.

Day six, I am feeling better. I have breakfast and put on an outer jacket, thick pants and a hood. I am not fooling around anymore. This cold front is getting me tired. The day starts with a fast 12-mile downhill through mountainous passes. Then, at the halfway mark, I hit long rolling hills all the way into Taos. I lose plenty of altitude and the temperature warms up nicely. I ride into Taos feeling better. The group is shuttled to a small town called Abiquiu, about 60 miles west of Taos. I am not sure why the tour spends the last day riding a state road but we have our last dinner together and I retire for the night.

The next day, I eat breakfast and dress. On my bike on NM 84 north. Suddenly, the vistas really opens up and I am in the New Mexico of my imagination. The red rock canyons of postcard New Mexico unfold around me. This area is where Georgia O'Keefe lived and painted many of her works. I ride the rolling hills all the way to the Echo Amphitheatre, a natural hollowing of canyon rock that echoes sound as clearly as a concert hall. Truly a natural wonder. That afternoon, I catch up with Lawrence Walker, the Coyote Guy, and tell him this is what I expected New Mexico to look like. He replies he knew that and specifically wanted the group to ride this stretch of road. Too soon, the tour is over and we are shuttled back to Santa Fe. A farewell dinner and I retire for the evening dreaming of my next big adventure. Hmm, maybe the Black Hills of South Dakota next year.

Originally published in the Bicycletter January- February 2003 issue. Photos and graphic suggested by the author via Wikipedia



Sangre de Cristo (Blood of Christ) Mountains



Taos Plaza

About the 2013 Montauk Century

For 2013, the 5BBC Executive Board has decided that the Montauk Century will not be the special event of recent years. Instead, we are going back-to-basics, and for fun only. It will be held on Sunday, May 19th for a dedicated and very limited number of 5BBC Members only.

We believe this "bare-bones" approach will do two important things: re-establish the camaraderie and community spirit that had defined the Montauk Century, while also ensuring that we don't lose money on an ambitious event.

We will update you on the 5BBC Members-only 2013 Montauk Century as more information becomes available. Also, since registration is limited, we are reviewing several new and exciting special event ideas, including one to coincide with the Mattituck Strawberry Festival in mid-June.

A final note: now more than ever, your ideas, input and availability to volunteer are highly valued.

5BBC-Leadership



What A Long Strange Trip It's Been

by David “Mel” Meltzer

We sat around a table at Bike New York. We represented the diversity that is found in the 5BBC. Black and White, male and female, gay and straight, young and young in spirit. We also represented the diversity of riding styles. From Wuid and his love of the quick spin to...well me, a slower speed touring rider. But we were all here for one common purpose, to become leaders. What were we getting into?

And so we talked about what makes a great leader. Around the table suggestions started flying around. Responsibility. Knowledge. Patience. People Skills. Preparation. My comment was “fun.” All of the above are needed to make and lead a good ride. All of the above would be tested in the coming weeks.

There were five classroom sessions at night. We staggered in after work. It was interesting to see what people actually look like without helmets and biking clothes. During the classes we learned the finer points about route planning and mapping, group dynamics, legal responsibility, insurance, and how the club works. We learned how to deal with troublesome riders. We learned the finer points of pointing and sweeping. And slowly, we began to become a cohesive group.

Like most schooling, homework was involved. We had to come up with three rides. 20, 30 and 40 miles. I thought of rides that I would like to lead, and I sat with my computer and Ride With GPS. I made cue sheets. I did scouting. My three rides were, Brooklyn Beer Geeks, Staten Island – The Dead Pool and Yoga Ride to Ramblersville. As I was working, maps sprawled out on the desk, surrounded by cue sheets, my college age daughter walked into the room and said “At least your homework is fun.”

Then came the rides. Two of the rides that we turned in were chosen. But there was a catch. You could not lead your ride. I ended up leading Clyde's ride in Queens – no scouting and never having seen the cue sheet before. Other people ended up leading my Dead Pool ride, which was the second of the rides that we did. I felt proud that the Dead Pool ride held together, and that maybe I could indeed do

this. Here is the thing, during these rides were were “assisted” by established leaders who intentionally attempted to lead us astray. I will not spoil the fun for future classes by telling you all the tricks that were played. Just let me state that Mr. Mastro adopted a new persona for these rides – Al Batross. Oy. Mistakes were made. Critiques were brutally honest. And the group came closer together.

But, there was a final test. A final demonstration of skills. The final crucible that we needed to pass. The Weekend. Three days in beautiful Stuyvesant NY, surrounded by changing leaves, amidst the beauty of farm country, and climbing hills of the variety not found much in NYC. We planned the weekend as a group. Different people took on the challenges of Route and maps. Others took care of food detail [we are the 5BBC after all]. Some took care of the housing. Others coordinated the whole shebang. Here's a shout-out to Holly who independently coordinated the booze.

My job was to plan the 40 mile Saturday trip. My only instructions were that it had to include sheep. Look, I cannot help it if Liz Baum has some sort of sheep fetish. This was so far out of my comfort zone. I had never been there. I did not scout the ride before. Worse, I did not know the good restaurants around. I made calls. I looked at lots of maps. I found sheep ! It all worked out. A few missed turns here and there, but the lunch stop at Old Chatham Country Store was great, we saw baby lambs at the Chatham Sheepherding Company, and we all enjoyed a beautiful warm day in the country.

Sunday was the ride to the Omi Art Center. This was an absolutely amazing place, ultra cool art in an unexpected place, and the added bonus of a huge waterfall at the beginning of the ride. But then I had to put on the orange vest and actually lead the ride. Unsigned [or mis-signed] roads. Places I had never been, reading off someone else's cue sheet. There will always be loathing in my heart for Rabbit Road – unsigned, dirt, uphill. Not my finest hour, but all part of the learning process.

And of course, there was the camaraderie that went along with everything. Cooking and cleaning together. Having a great

meal in Hudson. Talking about the rides. Talking about Danny who had just passed. Having two of our number coming back after having been skunked walking the dog. Sean finding a kids bike and riding around on flat tires. Losing Fritz, where did he go? It was all an amazing adventure.

At the end – evaluation. I am sworn to secrecy about the process. I did not know who was beneath the hoods [just kidding about that one.] But the established leaders who were with us on the trip, and over the course of the process had indeed been paying attention. They did indeed get me right. I got my patch, I was a leader.

But, the story does not end here. One is not a leader unless one leads rides. Last Saturday I led my first ride, Brooklyn Beer Geeks, ably assisted by Bill Mastro, in a rare appearance as a sweep. Right off the bat, the bridge I need to cross was shut down. I was trained about work-arounds – and it was a piece of cake. Solving problems in the saddle. About thirty trippers enjoying a day soaking up beer history in Brooklyn. From Red Hook at the beginning, to Williamsburg at the end – and everything in the middle, it all worked out. You can see my beaming face during the ride on Facebook. After the ride, being congratulated by my friends at Die Koelner Bierhalle, I knew that it was all worthwhile.

At the top of this article, I said that a leader must have fun, and must provide this to the club. Well, I had lots of fun, and cannot wait to lead other rides in the future. Psyched for Getting to Ganesh. Psyched for Brooklyn Donut Marathon. Psyched for my future as a leader in the 5BBC. And again, big thanks to all those who made it happen – the established leaders, my amazing classmates, and Ed and Liz for their dedication.

Next year, there will be another leadership class. Will you be in it?



B5BBC
BC.org



Five Boroughs

Manhattan
Queens
Brooklyn
the Bronx
Staten Island



To All,

We wish you all well. Have a Merry Christmas, Happy Chanukah, Happy Kwanzaa and Happy New Year.

We look forward to seeing you on the road cycling on 5BBC rides.

Stay in good health. Have fun and ride safely in 2013.



Happy Holidays
From the Five
Borough Bicycle
Club!

Wonderous Art from the Graffiti Tour, Sun. Nov. 25, 2012



Collage of a green cat, red Coca Cola can with yellow flower and a trio of Jellyfish.



Giant depiction of a Crane-like bird with ornaments.

Sunday, November 25, 2012

GRAFFITI TOUR

9:00 AM, Grand Army Plaza, Brooklyn, 30ish miles, moderate pace

A tour of graffiti spots in Manhattan, Brooklyn and Queens. We'll travel over the Manhattan, Williamsburg, Pulaski and Grand Street Bridges. Lunch at the Court Street Diner across from 5Pointz Aerosol Art Center outdoor art exhibit space in Long Island City. Bring lock, plus \$ for lunch. Rain or snow at the start cancels the ride. Leaders: Shawn Carney, Elizabeth Peters and Clyde Dillard



5BBC trippers look with awe at a large mural.

DANNY, HOUDINI and I

Riding with a bike club on weekend tours, leaders have to come up with new and interesting destinations. Creativity and innovation make the trips more appealing, interesting and fun.

One of the more creative rides, to a point-of-interest, was Danny Lieberman's to Cypress Hills Cemetery. Through the vast grounds that sprawl from Brooklyn into Queens, highlighted with a visit to the gravesite of Harry Houdini (Weiss).

Showing and teaching us about the legendary magician, was a kind of a wizard himself, that special individual, Mr. Danny Lieberman.

Danny led a group of us there on a beautiful sunny day, biking under an arch entering the cemetery, respectfully continuing on walking our bikes through a maze of irregular, archaic, fascinating and individual moody graves. Arriving the Houdini gravesite we paused.

Where Danny in his own fascinating way proceeded to explain with an insightful and altruistic glee, the history and interesting details of Houdini's fascinating life. I learned a lot from Danny, observing and listening to him pay personal homage to the icon. Danny became this connection between the group and the spirit of Houdini.

By watching Danny that day, I know he was and is connected in a spiritual and mystical way, like Houdini. Now that Danny has passed into the vast and infinite, I'll always remember this special connection with Danny, Houdini and I.

To make things even more personally interesting for me. After recently losing my mom. I arranged her burial at Cypress Hills Cemetery. All inadvertently resulting from Danny's unique ride to Houdini's gravesite.

Having the good fortune to ride with you and much respect, I salute you Danny Lieberman.

Stan Fine

Photo by Alfredo Garcia

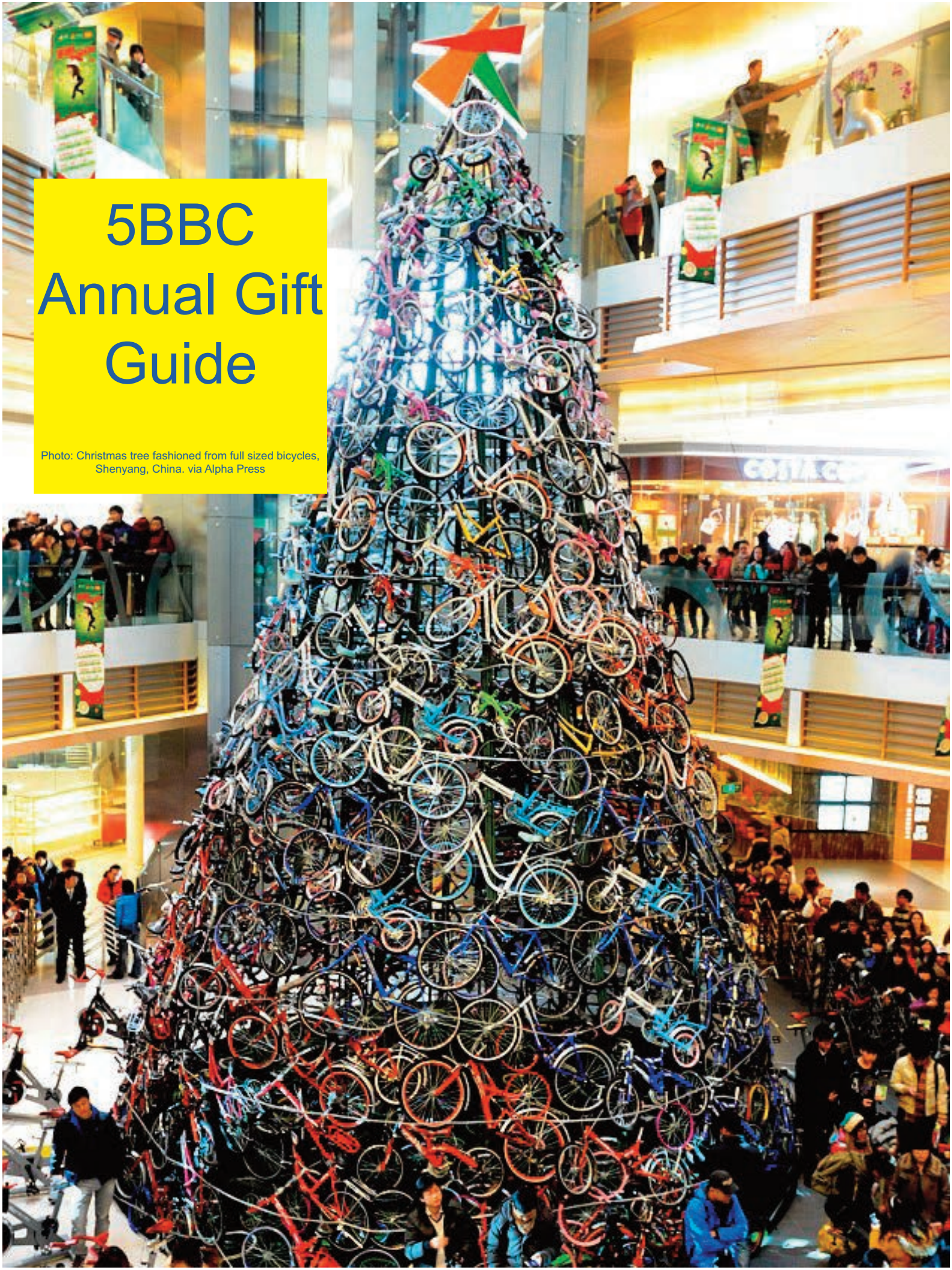




Newly painted protected bike lane towards Herald Square, Manhattan. Photo by Alfredo Garcia

5BBC Annual Gift Guide

Photo: Christmas tree fashioned from full sized bicycles,
Shenyang, China. via Alpha Press





Serfas Seca road tires—in sizes 700 x 23mm, 25mm and 28mm. \$28 each, which is a good price. Available at the REI store in SoHo or visit www.rei.com



Pearl Izumi "Quest" short, for men and women. \$50 at bike shops as well as online.



MKS AR-2 EZY Quick Release Road Pedals. Mark Plaut and Jesse Brown know all about these. Ditch that wrench. Removing pedals for travel is such an ease. \$70. Available at www.sheldonbrown.com



Avenir Woodsie Minitool-11. Eleven tools in one elegant wood-finished tool
Features 2, 2.5, 3, 4, 5, 6, 8mm hex key wrenches; Phillips & flathead screwdrivers; T-25 Torx; chain tool. \$15-\$21

Subtle Suggestion:

Go to your local bike shop!

They could have holiday and/or end of year sales. You can always get a gift certificate.



Star Trek Uniform Cycle Jersey—you can be Capt. Kirk, Mr. Spock, Dr. McCoy, Lt. Uhura, Lt. Sulu, Mr. Chekov or just be yourself to go where no man or woman has cycled before. \$79-\$81. www.thinkgeek.com



Trek entry level road bikes: Men's 1 Series (above) and Women's Lexa series (left), both start at \$739. Go to Bike Habitat or visit www.trek bikes.com



Trek 7.3 FX hybrid bike, right. For commuting or regular 5BBC rides. \$629.99. Available at Bike Habitat and other shops. www.trek bikes.com



Scudo bike jerseys. This Houston, TX company offers a wide range of bike jerseys, like \$40 short sleeves, from solids to interesting art designs, like animals, places and other motifs. They also offer sleeveless, long sleeve and thermal jerseys. Custom jerseys available. www.scudopro.com



5BBC

FIVE BOROUGH BICYCLE CLUB

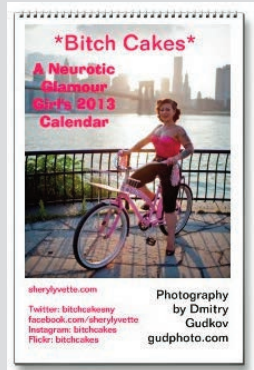
Best gift idea--5BBC membership for 2013. It's still \$20, until Dec. 31.
www.5bbc.org



If you missed out on the Dec. 15 Hurricane Relief Ride, you can buy the official jersey, about \$100. Caps and socks available. Details forthcoming on www.ride4ny.org



Bike Walk Alliance Safe Passing Jersey. Colorful jersey shows motorists how they can interact with cyclists on the road—at a safe distance of three feet. \$40, which goes to support bike advocacy in New York State's Lower Hudson Valley. Visit www.westchesterbikewalk.org



You likely may have seen Sheryl Yvette riding the Five Boro Bike Tour, Summer Streets or the TA Century in a pink coaster bike. She has a 2013 calendar, photos of her on and off the bike. \$25. Visit www.sherylyvette.com.

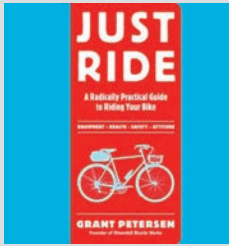


Jan Heine puts out Bicycle Quarterly magazine, dealing with retro but quality road bikes, esp. for long distance *randonneur* and cargo *porteur* bikes. Photos of such two-wheelers and more are in the 2013 Calendar of Classic Bicycles. \$13.99. Available at Barnes and Nobles bookstores or www.amazon.com.



Custom US Postage stamps by Zazzle. Get your own with a cycling motif. \$20-\$23 for a sheet of twenty stamps. Visit www.zazzle.com

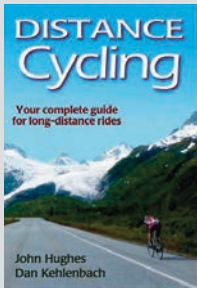
Books



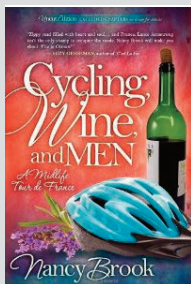
Just Ride by Grant Petersen Cycling lifestyle made simple. \$14*



Where to Bike - New York City by JP Partland. Spiral book with routes to ride in the Big Apple. \$30



Distance Cycling by John Hughes & Dan Kehlenbach Good guide to riding long distances. Prepare for the Montauk Century \$20*



Cycling, Wine & Men by Nancy Brook. A women finds herself in France, riding a 700-mile tour. \$14*

* available as an e-book

The Bell Solar bike helmet is inexpensive, stylish for 5BBC cycling, whether you do a Beach Bum ride, a Quick Spin & the Montauk Century. \$35. At most bike shops and sports stores



Sawfly US Military Eyewear System-these sunglasses aren't like Oakley and Rudy Project glasses. However, these are normally used by the US Army, come in several sizes, cost a little less and just as useful for cycling. Prices start at \$89. Assorted color lens, a photochromic kit and RX prescription inserts available. www.revisionmilitary.com

Serfas USB Combo Light Pack. Good for evening bike commuting or riding. Each light can be recharged by USB ports, on a computer or electric current. At local bike shops and the SoHo REI store.



Garmin Edge 200 entry-level GPS. Once you start riding, speed, distance, average speed is monitored by satellites. And you can download, check your stats and get a map of the ride you've done. Cycle into the 21st Century. \$150. At most bike shops, REI or at www.garmin.com



The Bontrager Solstice shoe can be used for clipless, toe clip & strap or platform pedaling. A versatile shoe. For men (left) and women (above). \$89. At shops like Bike Habitat or at www.trekbikes.com



John Morse Curbside Haiku © 2011
NYC Department of Transportation



NO RIDING
ON
SIDEWALK

Sign art by John Morse, part of the Curbside Haiku series, Autumn 2011, in conjunction with the New York City Department of Transportation. This work in yellow is called "Puerta del coche. Se abre al ciclista. Un freno duro." Photo by Alfredo Garcia. For more information on Curbside Haiku, visit <http://tinyurl.com/bselzr6>



On The Record--5BBC Executive Board Meeting briefs based on minutes recorded by Ira Najowitz

**Monday, October 1, 2012
Suspenders Bar and Restaurant,
111 Thames Street, New York, NY**

Attending: Ed Ravin, Ira Najowitz, Alfredo Garcia, Liz Baum, Andrea Casertano, Ken Williams, Phil Goldberg, Bill Mastro, Wendy Frank, Jim Zisfein, James Durrah and Guest Ted Kushner

Meeting started 6:35 PM.

**PROPOSED BYLAWS:
STATUS UPDATE**

Ms. Baum and Mr. Ravin stated that ballots are being received.

**NOMINATIONS AND
ELECTIONS PLANNING**

Mr. Ravin reported that candidates have been stepping forward.

STRATEGIC MEETING PLANNING

Ms. Casertano offered her home for the meeting to be held on Sunday, November 4.

**THE CLUB'S INTELLECTUAL
PROPERTY**

Mr. Kushner, a Club member and paralegal who specializes in trademark law, spoke about relevant issues.

Motion: Mr. Durrah moved that the costs associated with the renewal of the Club's trademark and domain name registrations be allocated.

The motion was duly seconded and approved by a vote of 8-1-0.

HOLIDAY PARTY PLANNING

Mr. Williams reported that a deposit has been made to Dinosaur Bar-B-Que, where the party will be held on Saturday, December 1. He stressed that a successful party is in the

Club's interest. Ms. Frank suggested that Board members should think of possible corporate sponsors for the party and contact her with ideas. Mr. Williams spoke about upcoming general meetings. The October meeting will focus on nominations. In November, Club member and photographer Mimi Mid-

are nine potential leaders in the current class.

Communications: Mr. Engel (via email) and Ms. Frank reported on the following developments:

- The Bylaws Referendum ballot was



dleton will give a presentation on her cycling travels in France. Various ideas for future programs were discussed.

**COORDINATOR AND
COMMITTEE REPORTS**

Leadership: Ms. Baum reported that there

designed and distributed.

- Content/links continue to be added to the 5BBC's social media channels of Facebook and Twitter.

- The 5BBC's booth presence at the TA Century on September 9 was coordinated.

- The August/September electronic Bicycletter was distributed to the 5BBC media list.
- Running updates to the 5BBC media list have been made.

In addition, Ms. Frank announced that Jackie



Junttonen has designed a membership renewal card.

Newsletter: Mr. Garcia reported that the upcoming newsletter is virtually complete and will be mailed shortly; it will feature two articles and a cartoon by members. He mentioned that the Club has 580 "Likes" on 5BBC Facebook page.

Bicycle Course: Ms. Casertano reported that the on-road repair ride around Jamaica Bay on Saturday, September 15, which she co-led with Jesse Brown, was successful.

Meeting adjourned 8:22 PM.

**Mon. Nov. 19, 2012
Brevoort East, 20 East 9th Street,
New York, NY**

Attending: Ed Ravin, Bill Mastro, Liz Baum, Manny Sanudo, Phil Goldberg, Ira Najowitz, Bob Castro, Andrea Casertano, Jim Zisfein, Alfredo Garcia, Peter Engel with guests Fritz van Orden and Shawn Carney

Meeting started 6:45 PM.

Fritz van Orden and Shawn Carney were named Members-at-Large.



The Board expressed its sadness at the recent passing of longtime 5BBC leader and former Board member Danny Lieberman (above). The Board honors his memory and deeply appreciates Danny's extensive and significant contributions to the Club over the course of many years.

BYLAWS

The proposed Bylaws revision referendum was approved by the membership

EXTENSION OF CURRENT EXECUTIVE BOARD'S TERM

Mr. Ravin announced that the current Board will extend its term by one month (through December 31, 2012) due to postponement of nominations and elections following Hurri-

cane Sandy. The new Board will assume its functions on January 1, 2013.

ELECTIONS PLANNING

Mr. Engel volunteered to oversee the balloting in the Club's upcoming election.

MONTAUK CENTURY

Mr. Ravin reported that he has spoken with Steve Bauman re: Steve's proposal for a smaller-scale event in 2013, which Steve said could also be used for a Club ride going to Mattituck.

COORDINATORS' REPORTS

Leadership: Ms. Baum announced that nine new leaders have graduated from the recent Leadership Course. She thanked Mr. Garcia for his production of the Danny Lieberman Memorial Bicycletter.

Communications: Mr. Engel stated that he and Ms. Frank will continue to promote the Club through social media and outreach partnerships.

Treasurer: Mr. Sanudo asked for comments on the 2013 Budget. Further discussion will be held at the upcoming Strategy Meeting.

Newsletter: Mr. Garcia expressed his appreciation to all those who contributed photos and articles to the Danny Lieberman Memorial Bicycletter.

Meeting adjourned 8:17 PM.

To Be Continued.....



Photo of Danny Lieberman by Steve Rosenstein

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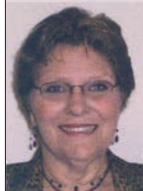
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R E A L T Y

Friday Night Kripalu Yoga!

Kripalu yoga encourages self-compassion, a flowing breath, and being present in the body as you choose your level of physical intensity. Both beginners & experienced students are invited to an evening of movement and inspiration.

Breathe, Relax, Feel, Watch & Allow

Mats available, but bring a towel to keep them clean. Wear or bring loose, comfortable clothing. \$15 per class, or \$80 for six.

Where: 122 East 25th St. (Essential Therapy, bet. Park & Lex)

When: Friday nights, 6:30-8:00 PM

Info: 212-591-1213 or www.nykripalu.org



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League of American Cyclists

League Cycling instructor

Jesse Brown
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718.607.3561
Mr. Lucky

Until further notice, 5BBC members in good standing can put free ads in this section. Space limitations apply and policy subject to change, with or without prior notice. For more information, email the Bicycleletter editor at editor@5bbc.org.

Bike Events & Places to Ride Your Bike

BROOKLYN BRIDGE PARK

Open year round. www.brooklynbridgeparknyc.org



Go around or go part of the Manhattan shoreline all year.
Visit <http://tinyurl.com/nkqy43>

Times Up! Fossil Fuel Relief Ride Sunday, December 9, 2012

Two meeting locations:

- 1) 9:00AM: 99 South 6th St, Brooklyn (pick up trailers)
- 2) 9:30AM: 520 Clinton Avenue, Brooklyn (pick up supplies) (The Church of St. Luke and St. Matthew)

The Rockaways are still hurting from the after-effects of Superstorm Sandy. But Time's Up! and Occupy Sandy are still responding.

Urgent needs include deliveries of medical supplies and demolition to prevent the spread of black mold to save families' homes.

This Sunday Time's Up will bike medal supplies from the Occupy Sandy hub at 520 Clinton to Rockaway beach, then bring them to families in need, help with demolition, and do this all in a way that will prevent future disasters by eliminating carbon emission and climate change - on our bikes! Join us!

Times Up! website: www.times-up.org



From our friends at the Bicycle Touring Club of North Jersey

Jacksonville to Melbourne, Florida
April 6 - 12, 2013

We need a minimum of 10 (we currently have 10) and a maximum of 18 cyclists for our upcoming April 2013 trip from Jacksonville to Melbourne, Florida. BTCNJ membership required. Folks fly to Jacksonville on Saturday, April 6th and meet their bikes at a bike store in Fernandina, FL. We then start on a \pm 25-mile ride to St Augustine. Then it is Palm Coast, Daytona, Titusville (possibly Cape Canaveral/Kennedy) and finally Melbourne. Total mileage should be about 220 to 240 miles or about 50 miles per day. We will stay at hotels/motels along the beaches on the way down. The weather is warm and so is the water. Tentative cost for the trip is about \$1,400 which includes estimated costs for flights, hotels and food. Likely it will be less if we book flights well in advance!

Bikes will be taken down and returned by van. All will share riding the SAG wagon during the trip. Tour leaders: Ted Semegran and Lou Wassong. Question? Call Ted Semegran: 201.452.7264 or email ted_semegran@hotmail.com





Mimi Middleton (left center, in red) and June Kunugi (right center, in yellow) on a 5BBC tie-in ride to a Hurricane Sandy relief effort ride to the Rockaways, Saturday, November 10, 2012. Relief effort was led by Affinity Cycles. Photo by Alfredo Garcia



Membership & Merchandise

General Information *(Please print)*

First Name M.I. Last Name

Address Apt.

City State Zip

Email Address

Day Phone Evg. Phone

2nd member's name if dual membership (two members at same address) or
if 2nd tripper on weekend trip.

First Name M.I. Last Name

Email Address

Day Phone Evg. Phone

Waiver and Release of Liability

I attest that:

- a) I am eighteen (18) years of age or older,
- b) I am competent to bicycle on public roads in traffic,
- c) I will check the bicycle and associated equipment that I will use to insure that it is in proper working order and legal for operation on the streets,
- d) I will wear a CPSC or Snell approved helmet while riding my bicycle.

I discharge and release the Five Borough Bicycle Club (5BBC), their respective ride leaders and all sponsoring organizations, their respective agents, boards, commissions and any involved municipalities, employees and representatives of the foregoing, from all liability arising out of or connected in any way with my participation in 5BBC activities, whether or not caused by the negligence of any of the above parties.

I acknowledge:

- a) the 5BBC's recommendation that I consult with a physician regarding the advisability of my participation in 5BBC activities,
- b) that medical or other services rendered to me by or at the insistence of any of the parties mentioned above are not an admission of liability,
- c) that I may be photographed during 5BBC activities and agree to allow my photo, video or film likeness to be used for any legitimate purpose by any of the parties mentioned above.

I have read and understand this Waiver and Release of Liability and agree to its terms in consideration of my being allowed to participate in 5BBC activities.

Signature, 1st Member Date

Signature, 2nd Member Date

Waiver by Parent/Guardian of a Minor

If a member is under age 18, parent's or guardian's signature is also required.

I attest that:

- a) I am the parent or guardian of the minor named below,
- b) I will check the equipment the minor will use in 5BBC activities to insure that it is in proper working order and legal for operation on the streets,
- c) If the minor is under age 14, he or she shall be under the direct supervision of myself or an adult designated by me during 5BBC activities.

I understand that the minor will be bicycling on public roads, in traffic. I have read and understand the Waiver and Release of Liability above and agree to its terms on behalf of myself and the minor in consideration of his or her being allowed to participate in 5BBC activities.

Minor's Name *(Please print)*

Parent's or Guardian's Name *(Please print)*

Parent's or Guardian's Signature Date

Member Preferences

Put a check mark next to the things you don't want us to do. This applies to both members of a dual membership.

- ___ Do not list snail mail address in the 5BBC roster.
- ___ Do not list email address in the 5BBC roster.
- ___ Do not list phone numbers in the 5BBC roster.
- ___ Do not share name, address, etc. with other bike clubs or cycling organizations.
- ___ Do not send weekly email on current 5BBC rides and events.

Payment

5BBC Membership

Individual \$20, Dual \$25.....\$ _____
Dual Membership: two persons at same address. Memberships expire on Dec 31 of the year you join or renew, except those who join after Oct 1, in which memberships expire Dec 31 of the following year.

Cross Borough Jersey

Indicate quantity and size.

___ Ladies (Circle One) M..... L
___ Men (Circle One)..... M..... L..... XL
Total qty. ___ @ \$65 each\$ _____

5BBC Patches
Total qty. ___ @ \$4 each\$ _____

Total Payment.....\$ _____

Make check or money order payable to **5BBC** and mail to:

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New York, NY 10001**



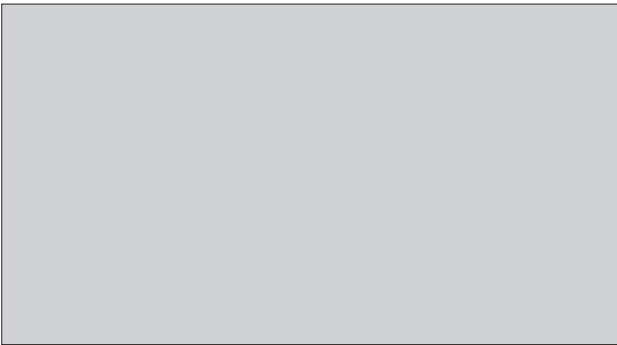
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*Danny Lieberman, 1959-2012.
Photo by Andrea Casertano.*



About the Five Borough Bicycle Club

The Five Borough Bicycle Club is a nonprofit association, encouraging people to enjoy the sport of non-competitive cycling, through our bike rides, weekend trips and general meetings. The club is located at the Hostelling International-NY building, formerly American Youth Hostels (AYH). Bicycle club programs include bicycle trips, education, and special events. General Meetings are open to the public and usually held monthly. Please check the Bicycletter and the website www.5bbc.org for exact dates and locations. You can also contact the Five Borough Bicycle Club Programs Coordinator at programs@5bbc.org.

Executive Board Meetings, which are open to club members who have contacted the club President or Vice President prior to the meeting, are usually held on the first Monday of each month.

Five Borough Bicycle Club membership is \$20, or \$25 for 2 members of the same household, is valid through December 31, 2012*

*Membership initiated after October 1, 2012 is valid through December 31, 2013.

Submissions to the Bicycletter are heartily encouraged, on CDs, flash drives or even 3.5" diskettes, accompanied by hard copy; or email newsletter@5bbc.org. Please limit articles to 300 words. Classified ads are free to members.

Views expressed in the Bicycletter do not necessarily reflect those of the 5BBC.

Deadlines for submissions to the Bicycletter are usually the first day of the month prior to the issue. Submissions may be edited for clarity and/or space. The deadline for submissions for the January 2013 issue is:

Sunday 23 December 2012

Bicycletter
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The 5BBC is affiliated with:
Adventure Cycling,
League of American Bicyclists (LAB),
New York Bicycling Coalition (NYBC)
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